

ARTS · PHOTOGRAPHY · CRAFTS · POTTERY  
 WRITING · MUSIC · DANCE · WELLBEING

Saturday 27th July – Sunday 4th August

# SUMMER SCHOOLS PROGRAMME 2019



COURSES AND WORKSHOPS

# FOLK HOUSE BRISTOL

## SUMMER SCHOOLS 2019

### ENROLMENT INFORMATION

For full descriptions, material lists and terms and conditions please visit [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)

You can enrol in person or over the phone. Simply call 0117 926 2987 or pop in and see us. We accept cash, card payments and cheque's.

#### PLEASE NOTE:

- You will need to have paid in full for your workshop to guarantee your place and please book early as spaces fill up quickly.
- You must be over 18 years old to attend a workshop and workshops are non-accredited.

### FEES

- We offer concession rates for anyone over 65 or claiming the benefits (we only accept Universal Credit, Income Support, Job Seeker's Allowance and Employment and Support Allowance). Please show a recent letter or statement stating your benefit when enrolling.
- Some workshops may involve additional costs for materials and these are listed on our website.

### REFUNDS

- If we have to cancel a workshop we will inform you 2 working days before the start date. You will receive a full refund.
- If you would like to cancel a workshop, you must inform us up to 7 days before the start date. In this case, you will receive a refund minus 10% of the course fees or £5, whichever is greater. If you give us less than 7 days' notice of the start a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the workshop, we will consider a refund or transfer you to a more suitable course. All refunds are at the discretion of the General Manager. We may ask to see a medical note.
- If your refund request doesn't fall within the areas listed above, it's possible that you're not eligible for a refund.

### ACCESS

Much as we would like to provide access for all, the Folk House has no disabled access or facilities.

Visit our contact us page on our website for 'How to get here' information.

If you have any further questions please email [admin@bristolfolkhouse.co.uk](mailto:admin@bristolfolkhouse.co.uk)

### GET IN TOUCH

0117 926 2987

[admin@bristolfolkhouse.co.uk](mailto:admin@bristolfolkhouse.co.uk)  
[www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)

BRISTOL FOLK HOUSE  
 CO-OPERATIVE LTD.

40A Park Street  
 Bristol BS1 5JG

CODE	WORKSHOP	TIME
<b>SATURDAY 27 JULY</b>		
SS1	Novel Writing & Stealing Hollywood	10.00 - 4.00
SS2	Natural Dye Workshop	10.00 - 4.00
SS3	Hand Embroidery for Decoration & Visible Mending	10.00 - 4.00
SS4	Botanical Painting Workshop	10.00 - 4.00
SS5	Make a Lampshade in Day	10.00 - 4.00
SS27	Sew Dungarees (Part 1)	10.00 - 4.00
<b>SUNDAY 28 JULY</b>		
SS6	Macrame: Make a Plant Hanger	10.00 - 12.30
SS7	Hardback Bookbinding	10.00 - 3.00
SS27	Sew Dungarees (Part 2)	10.00 - 1.00
SS8	Willow Squirrel	10.00 - 4.00
SS9	Silver Ring in a Day	10.00 - 4.00
SS10	Exploring Mixed Media Sculpture	10.00 - 4.30
SS11	Wet Plate Collodion Photography	10.00 - 4.30
SS12	Macrame: Make a Wall Hanger	1.30 - 4.00
<b>MONDAY 29 JULY</b>		
SS13	Charcoal and Pastels Workshop	10.00 - 4.00
SS14	Harmonica - from Zero to Hero! (Part 1)	10.00 - 4.00
SS15	Lino Printing onto Fabric	10.00 - 4.00
SS16	Modern Italic Calligraphy	10.00 - 4.00
SS17	Calligraphy - A Short Intro	6.00 - 9.00
SS18	Dirty Dancing	6.00 - 8.00
SS19	Intro to Bach Flower Essences for Wellbeing	6.00 - 9.00
SS20	Finishing Techniques for the Silversmith	6.00 - 9.00
<b>TUESDAY 30 JULY</b>		
SS21	Landscapes in Watercolour Workshop	10.00 - 4.00
SS22	Creative Wire Sculpture	10.00 - 4.30
SS23	Summer Fun with Acrylic Painting	10.00 - 4.00
SS14	Harmonica - from Zero to Hero! (Part 2)	10.00 - 4.00
SS24	Make a Mushroom with Needle Felting	1.00 - 4.00
<b>WEDNESDAY 31 JULY</b>		
SS25	Silversmithing Techniques - Bezel Stone Setting	10.00 - 9.00
SS26	Carnival Dance	10.30 - 12.00
SS28	Paper Succulents Workshop	2.00 - 5.00
SS29	Pilates Restorative Workshop	6.00 - 8.00
SS30	Paper Flowers Workshop	6.00 - 9.00
SS31	In the Darkroom - Painting with Chemistry	6.00 - 9.00
SS32	Indigo Dye Workshop	6.00 - 9.00
SS33	Sewing Workshop - Upcycle a Vintage Scarf	6.00 - 9.00
<b>THURSDAY 1 AUGUST</b>		
SS34	Drawing from Life	10.00 - 4.00
SS35	Creative Botanical Printing	10.00 - 4.00
SS36	Pottery Taster: Throwing and Turning	10.00 - 4.00
SS37	Cultivating Mindfulness in your Yoga Practice	1.00 - 4.00
SS38	Yoga for Deep Rest	6.00 - 8.00
SS39	Decluttering and Organising	10.00 - 4.00
SS40	Skies and Seascapes in Watercolour	6.00 - 9.00
SS41	Pottery - Textured Slabs & Constructed Forms Pt. 1	6.00 - 9.00
SS42	Introduction to Cartooning	6.00 - 9.00
<b>FRIDAY 2 AUGUST</b>		
SS43	Life Drawing Day	10.00 - 4.00
SS44	Sound for Meditation and Relaxation	10.00 - 4.00
SS41	Pottery - Textured Slabs & Constructed Forms Pt. 2	10.00 - 4.30
SS45	Ukulele on the Beach	1.00 - 4.00
<b>SATURDAY 3 AUGUST</b>		
SS47	An Introduction to Social Media for Business	10.00 - 4.00
SS48	Multi Block Lino Printing (Part 1)	10.00 - 4.00
SS49	Pottery Experience Weekend Workshop (Part 1)	10.00 - 4.00
SS50	Exploration of Colour in Oils (Part 1)	10.00 - 4.30
SS51	Songwriting Toolbox (Part 1)	10.00 - 4.30
SS52	Write Memorable Characters	1.00 - 4.00
<b>SUNDAY 4 AUGUST</b>		
SS53	Make a Willow 'Trug' Basket	10.00 - 4.00
SS54	Powerful Communication Skills Workshop	10.00 - 4.00
SS48	Multi Block Lino Printing (Part 2)	10.00 - 4.00
SS49	Pottery Experience Weekend Workshop (Part 2)	10.00 - 4.00
SS50	Exploration of Colour in Oils (Part 2)	10.00 - 4.30
SS51	Songwriting Toolbox (Part 2)	10.00 - 4.30
SS55	The Art of Arranging Flower Bouquets	10.30 - 12.00
SS56	Ikebana Flower Arrangement	2.00 - 4.00



# ARTS & PHOTOGRAPHY

<b>GREG HARRIS</b>	<b>Exploration of Colour in Oils – Two Day Workshop</b> <b>SS50</b>   <b>M</b>   £85.20/£79.20/£71.00   <b>Saturday 3 &amp; Sunday 4 August 10.00 – 4.30pm</b> Receive an in depth exploration of colour harmony, for new painters and the experienced.
<b>MARILYN MILLARD</b>	<b>Botanical Painting Workshop</b> <b>SS4</b>   <b>M</b>   £32.25/£29.50/£25.75   <b>Saturday 27 July 10.00 – 4.00pm</b> Spend the day drawing and painting flowers in watercolour. All abilities welcome. <b>Landscapes in Watercolour Workshop</b> <b>SS21</b>   <b>M</b>   £32.25/£29.50/£25.75   <b>Tuesday 30 July 10.00 – 4.00pm</b> This workshop is an excellent way to develop your watercolour skills. <b>Skies and Seascapes in Watercolour</b> <b>SS40</b>   <b>M</b>   £20.75/£19.10/£16.85   <b>Thursday 1 August 6.00 – 9.00pm</b> Enjoy an evening painting an inspiring scene. A step by step class, for all abilities.
<b>JENNY MIZEL</b>	<b>Charcoal Pastels Workshop</b> <b>SS13</b>   £32.75/£30.00/£26.25   <b>Monday 29 July 10.00 – 4.00pm</b> Explore the drama of charcoal and the vibrant colour of pastels. <b>Summer Fun with Acrylic Painting</b> <b>SS23</b>   £32.75/£30.00/£26.25   <b>Tuesday 30 July 10.00 – 4.00pm</b> A fun day of painting with this versatile, vibrant medium. All levels welcome.
<b>JOHN REA</b>	<b>Introduction to Cartooning</b> <b>S42</b>   <b>M</b>   £17.25/£15.60/£13.35   <b>Thursday 1 August 6.00 – 9.00pm</b>
<b>LESLEY TRUSSLER</b>	<b>Drawing from Life</b> <b>SS34</b>   <b>M</b>   £28.75/£26.00/£22.25   <b>Thursday 1 August 10.00 – 4.00pm</b> Observational drawing and a day of experimental drawing. <b>Life Drawing Day</b> <b>SS43</b>   <b>M</b>   £39.15/£36.40/£32.65   <b>Friday 2 August 10.00 – 4.00pm</b> For those that are new to life drawing (nude model) or those that would like a refresher.
<b>KERRY DAY</b>	<b>Lino Printing onto Fabric</b> <b>SS15</b>   <b>M</b>   £38.75/£36.00/£32.25   <b>Monday 29 July 10.00 – 4.00pm</b> Create repeated patterns onto fabric using the block printing method and other techniques. <b>Multi Block Lino Printing – Two Day Workshop</b> <b>SS48</b>   £77.50/£72.00/£64.50   <b>Saturday 3 &amp; Sunday 4 August 10.00 – 4.00pm</b> Learn how to design, carve and print a multi block lino print in colour.
<b>JUSTYNA MEDON</b>	<b>Botanical Creative Printing</b> <b>SS35</b>   <b>M</b>   £38.75/£36.50/£32.25   <b>Thursday 1 August 10.00 – 4.00pm</b> Learn various print techniques on fabric using paint and incorporate natural plants.
<b>BARBARA ASH</b>	<b>Exploring Mixed Media Sculpture</b> <b>NEW SS10</b>   <b>M</b>   £37.65/£34.60/£30.50   <b>Sunday 28 July 10.00 – 4.30pm</b> This workshop will produce sculpture in a less traditional; more mixed-media approach, exploring a range of materials and creative methods in a “experimental” way of working. <b>NEW Creative Wire Sculpture</b> <b>SS22</b>   £37.65/£34.60/£30.50   <b>Tuesday 30 July 10.00 – 4.30pm</b> Wire describes shapes with a lovely fluid approach to 3d creation. Make either a hanging, or standing piece.
<b>TIM PEARSE</b>	<b>Wet Plate Collodion Photography</b> <b>SS11</b>   <b>M</b>   £48.75/£46.00/£42.25   <b>Sunday 28 July 10.00 – 4.30pm</b> Everything you need to know about how to make unique, beautiful images on glass and aluminium, using this gorgeous historic process.
<b>SOPHIE SHERWOOD</b>	<b>In the Darkroom – Painting with Chemistry Taster Evening</b> <b>SS31</b>   <b>M</b>   £27.25/£25.60/£23.35   <b>Wednesday 31 July 6.00 – 9.00pm</b> Learn how to make your own chemigrams in the Folk House darkroom.

# CRAFTS & POTTERY

<b>LAWRENCE HASSAN</b>	<b>Hardback Bookbinding</b> <b>SS7</b>   £35.00/£32.80/£29.80   <b>Sunday 28 July 10.00 – 3.00pm</b> A beginners guide to book binding, make a hardback book by hand.
<b>NEIL INGHAM</b>	<b>Modern Italic Calligraphy</b> <b>NEW SS16</b>   £34.75/£32.00/£28.25   <b>Monday 29 July 10.00 – 4.00pm</b> Modern Italics have movement and energy. Create your own style and have fun. <b>Calligraphy – A Short Introduction</b> <b>SS17</b>   £23.25/£21.60/£19.35   <b>Monday 29 July 6.00 – 9.00pm</b> Learn all about calligraphy, the styles, its history and its uses in the 21st century.
<b>JEN WALSH</b>	<b>Macrame – Make a Plant Hanger</b> <b>SS6</b>   £19.40/£18.00/£16.25   <b>Sunday 28 July 10.00 – 12.30pm</b> Learn the basics of macrame and make your own plant pot hanger. <b>Macrame Wall Hanger</b> <b>SS12</b>   £17.35/£16.00/£14.15   <b>Sunday 28 July 1.30 – 4.00pm</b> Learn the basics of macrame make your own decorative wall hanger.
<b>JUSTYNA MEDON</b>	<b>Make a Lampshade in Day</b> <b>SS5</b>   <b>M</b>   £38.75/£36.50/£32.25   <b>Saturday 27 July 10.00 – 4.00pm</b> Prepare design for print and make your own 20cm round decorative lampshade in a day.
<b>SARAH DENNIS</b>	<b>Paper Succulents Workshop</b> <b>NEW SS28</b>   <b>M</b>   £20.25/£18.60/£16.35   <b>Wednesday 31 July 2.00 – 5.00pm</b> <b>NEW Paper Flowers Workshop</b> <b>SS30</b>   <b>M</b>   £20.25/£18.60/£16.35   <b>Wednesday 31 July 6.00 – 9.00pm</b>
<b>LILY BLOOM</b>	<b>The Art of Arranging Flower Bouquets</b> <b>NEW SS55</b>   £36.50/£35.40/£33.90   <b>Sunday 4 August 10.30 – 12.30pm</b> Revel in the therapeutic process of arranging flowers, herbs and foliage. <b>NEW Ikebana Flower Arrangement</b> <b>SS56</b>   £36.50/£35.40/£33.90   <b>Sunday 4 August 2.00 – 4.00pm</b> Ikebana is the Japanese way of 'making flowers alive'. This workshop will fully explore seasonal materials, honouring their natural form and distinction.
<b>SARAH EDWARDS</b>	<b>Willow Squirrel</b> <b>NEW SS8</b>   <b>M</b>   £43.75/£41.00/£37.25   <b>Sunday 28 July 10.00 – 4.00pm</b> Discover how to manipulate and weave locally sourced willow to create a squirrel. <b>NEW Make a Willow 'Trug' Basket</b> <b>SS53</b>   <b>M</b>   £43.75/£41.00/£37.25   <b>Sunday 4 August 10.00 – 4.00pm</b> Create a beautiful basket in local willow. Suitable for beginners and improvers.

# CRAFTS & POTTERY CONTINUED

<b>SARAH EDWARDS</b>	<b>Make a Mushroom with Needle Felting</b> <b>CONTINUED SS24</b>   £25.25/£23.60/£21.35   <b>Tuesday 30 July 1.00 – 4.00pm</b> <b>NEW</b> Create a fabulous mushroom key ring, bag charm, brooch or decoration.
<b>JEMIMA LUMLEY</b>	<b>Hand Embroidery for Decoration and Visible Mending</b> <b>NEW SS3</b>   <b>M</b>   £33.75/£31.00/£27.25   <b>Saturday 27 July 10.00 – 4.00pm</b> Learn simple hand embroidery stitches and techniques to embellish clothes.
<b>JACQUI REEVES</b>	<b>Sewing Workshop - Upcycle a Vintage Scarf</b> <b>NEW SS33</b>   £27.25/£25.60/£23.35   <b>Wednesday 31 July 6.00 – 9.00pm</b> Upcycle vintage scarf's into summer top's, clutch bags, shorts, or hair bands.
<b>EMILY LANGDON</b>	<b>Sew a Pair of Dungarees – Two Day Workshop</b> <b>NEW SS27</b>   <b>M</b>   £46.00/£41.60/£35.60 <b>Saturday 27 July 10.00 – 4.00pm and Sunday 28 July 10.00 – 1.00pm</b> Create your own dungarees and learn the skills to make many more pairs. 1.5 days.
<b>RHYANNAN HALL</b>	<b>Natural Dye Workshop</b> <b>SS2</b>   <b>M</b>   £43.75/£41.00/£37.25   <b>Saturday 27 July 10.00 – 4.00pm</b> Explore natural dyeing processes using a mixture of plant-based dyes. <b>Indigo Dye Workshop</b> <b>SS32</b>   <b>M</b>   £27.25/£25.60/£23.35   <b>Wednesday 31 July 6.00 – 9.00pm</b>
<b>KIM THOMSON</b>	<b>Silver Ring in a Day</b> <b>SS9</b>   <b>M</b>   £54.75/£52.00/£48.25   <b>Sunday 28 July 10.00 – 4.00pm</b> <b>NEW Finishing Techniques for the Silversmith</b> <b>SS20</b>   <b>M</b>   £37.25/£35.60/£33.35   <b>Monday 29 July 6.00 – 9.00pm</b> Learn how to get a beautiful finish on your jewellery. Suitable for all. <b>NEW Jewellery Silversmithing Techniques – Bezel Stone Setting</b> <b>SS25</b>   £97.50/£92.00/£84.50   <b>Wednesday 31 July 10.00 – 9.00pm</b> Learn to make bezel settings while creating your own stone set ring, pendant or charm.
<b>POTTERY TUTOR</b>	<b>Pottery Taster – Throwing and Turning</b> <b>SS36</b>   £44.50/£41.20/£38.00   <b>Thursday 1 August 10.00 – 4.00pm</b> A great chance to use the potters wheel. A whole day learning techniques and skills.
<b>STEVE CARTER</b>	<b>Pottery: 2D to 3D – Textured Slabs and Constructed Forms</b> <b>NEW SS41</b>   £75.85/£70.98/£64.60   <b>Thursday 1 August 6.00 – 9.00pm and Friday 2 August 10.00 – 4.30pm</b> Explore creative techniques and advance your pottery experience. 1.5 days.
<b>MARGARET CRUMP</b>	<b>A Pottery Experience Weekend Workshop</b> <b>SS49</b>   £89.00/£83.50/£76.00   <b>Saturday 3 &amp; Sunday 4 August 10.00 – 4.00pm</b> <b>NEW</b> Learn how to coil large pots and how to use the potters wheel over 2 days.

# MUSIC, DANCE & WRITING

<b>CLAIRE PHIPPS</b>	<b>Dirty Dancing</b> <b>SS18</b>   £12.50/£11.40/£9.90   <b>Monday 29 July 6.00 – 8.00pm</b> Learn the iconic moves from the best dance film EVER made. No partner needed. <b>NEW Carnival Dance</b> <b>SS26</b>   £12.50/£11.40/£9.90   <b>Wednesday 31 July 10.30 – 12.30pm</b> Learn a variety of sizzling hot latin dances. Leave with more confidence and a smile.
<b>AIDAN SHEEHAN</b>	<b>Harmonica: From Zero to Hero! – Two Day Workshop</b> <b>SS14</b>   <b>M</b>   £57.50/£52.00/£44.50   <b>Mon 29 &amp; Tue 30 July 10.00 – 4.00pm</b> Learn to play real tunes on your harmonica for absolute beginners up to intermediate.
<b>BEN SEARLE</b>	<b>Ukulele on the Beach</b> <b>NEW SS45</b>   <b>M</b>   £17.25/£15.60/£13.35   <b>Friday 2 August 1.00 – 4.00pm</b> Play with other strummers as we learn and play songs together for the summertime.
<b>BETH FOURACRE &amp; ESTHER ROSE PARKES</b>	<b>Songwriting Toolbox - Two Day Workshop</b> <b>SS51</b>   <b>M</b>   £67.25/£61.20/£52.90   <b>Sat 3 and Sun 4 August 10.00 – 4.30pm</b> Fill your songwriting toolkit with creative ways to approach and develop a song.
<b>ROSEMARY DUN</b>	<b>Novel Writing and Stealing Hollywood</b> <b>NEW SS1</b>   <b>M</b>   £28.75/£26.00/£22.25   <b>Saturday 27 July 10.00 – 4.00pm</b> Learn how borrowing from Hollywood structure can help you write a novel. <b>NEW Write Memorable Characters</b> <b>SS52</b>   <b>M</b>   £17.25/£15.60/£13.35   <b>Saturday 3 August 1.00 – 4.00pm</b>
<b>LISA MALYON</b>	<b>An Introduction to Social Media for Business</b> <b>SS47</b>   <b>M</b>   £28.75/£26.00/£22.25   <b>Saturday 3 August 10.00 – 4.00pm</b> Terrified by tweets? Hesitant with hashtags? We take the fear out of using social media.

# WELLBEING

<b>ZOE PITHER</b>	<b>Cultivating Mindfulness in your Yoga Practice</b> <b>NEW SS37</b>   £17.25/£15.60/£13.35   <b>Thursday 1 August 1.00 – 4.00pm</b> Deepen your yoga practice. Cultivate awareness through simple mindfulness techniques. <b>NEW Yoga for Deep Rest</b> <b>SS38</b>   £11.50/£10.40/£8.90   <b>Thursday 1 August 6.00 – 8.00pm</b> Truly unwind into deep restfulness. We will share a slow, nourishing yoga practice.
<b>DEBORAH NEWTH</b>	<b>Pilates Restorative Workshop</b> <b>NEW SS29</b>   £11.50/£10.40/£8.90   <b>Wednesday 31 July 6.00 – 8.00pm</b> Slow controlled movement that allows the mind and body to settle and release.
<b>CELIA BEESON</b>	<b>Sound for Meditation and Relaxation</b> <b>NEW SS44</b>   <b>M</b>   £28.77/£26.00/£22.25   <b>Friday 2 August 10.00 – 4.00pm</b> Working with Tibetan singing bowls and the shruti box (mini harmonium).
<b>ELLIE LITTLE</b>	<b>An Introducton to Bach Flower Essences for Wellbeing</b> <b>NEW SS19</b>   £20.25/£18.60/£16.35   <b>Monday 29 July 6.00 – 9.00pm</b> Discover flower essences and a chance to choose your own combination for wellbeing.
<b>DANIEL PERCHAZI</b>	<b>Powerful Communication Skills Workshop</b> <b>NEW SS54</b>   £28.75/£26.00/£22.25   <b>Sunday 4 August 10.00 – 4.00pm</b> Communicating effectively is something that anyone can learn and practice.
<b>JENIFER DUDFIELD</b>	<b>Decluttering and Organising Using the KonMari™ Philosophy</b> <b>NEW SS39</b>   £23.25/£21.60/£19.35   <b>Thursday 1 August 6.00 – 9.00pm</b> Learn how to implement this world-famous method in your own life.

FOR FULL DETAILS ON WORKSHOPS PLEASE VISIT [WWW.BRISTOLFOLKHOUSE.CO.UK](http://WWW.BRISTOLFOLKHOUSE.CO.UK) AND TO BOOK A WORKSHOP PLEASE RING 0117 926 2987

**KEY**

Course fees example:  
**£84.00/£75.60/£50.40**  
Full price/65+yrs/Benefits

**SS1** – Course code to cross reference with timetable

**M** Please visit the website for a materials list