

# FOLK HOUSE



# WELCOME

AUTUMN TERM 2017

*The Bristol Folk House is a self-funded not-for-profit over 18 adult education centre in the heart of Bristol. We provide a variety of part-time day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.*

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings.

For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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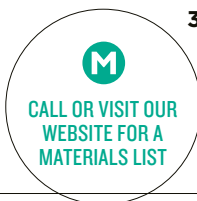
## KEY

<b>A1</b>	Course code to cross reference with timetable
<b>M</b>	Please visit the website for a materials list.
<b>£84.00/£75.60/£50.40</b> (example)	<b>Course fees:</b> Full price/60+yrs/Benefits

## TERM DATES

9 September – 9 December  
Half term: 23 – 27 October

**Please note:** There are no classes during half term and all 12 week courses have a break during this period.

**BILL GUILDING | I Wish I Could Draw****A1** | **M** | £76.00/£71.20/£60.40 | **Monday 5.30 – 7.30pm** | starts **11 Sep** | 6wks

This six week course will teach you the skill of drawing from observation. In a relaxed and supportive atmosphere, you'll learn how to draw natural and man-made objects and people (clothed). You'll have opportunities to use a variety of drawing-media including pencil, charcoal, graphite-stick and ink. Absolute beginners welcome.

**Drawing & Painting from Life****A2** | **M** | £107.50/£101.50/£88.00 | **Monday 2.00 – 4.30pm** | starts **11 Sep** | 6wks**A3** | **M** | £107.50/£101.50/£88.00 | **Monday 2.00 – 4.30pm** | starts **30 Oct** | 6wks

Drawing and/or painting directly from a model, both nude and clothed. All drawing and painting media welcome. The model will stay in one pose each session, but 'fast workers' may change position. Painters should expect to be working fairly swiftly and boldly and are recommended to have some experience of drawing from life.

**Life Drawing: Basic Skills****A4** | **M** | £86.00/£81.20/£60.40 | **Monday 5.30 – 7.30pm** | starts **30 Oct** | 6wks

In this six week guided course you will learn the basic skills of life drawing. This is aimed at beginners though others are welcome.

**Painting in Oils and Acrylics****A5** | **M** | £132.00/£122.40/£100.80 | **Tuesday 4.00 – 6.00pm** | starts **12 Sep** | 12wks**A6** | **M** | £132.00/£122.40/£100.80 | **Tuesday 6.15 – 8.15pm** | starts **12 Sep** | 12wks**A7** | **M** | £132.00/£122.40/£100.80 | **Wednesday 5.30 – 7.30pm** | starts **13 Sep** | 12wks

A course in the art of painting - from observation, sketches, photographs and the imagination - representational or otherwise. The course will be adjusted to the inclinations of the students. Mixed ability.

**Portraiture****A8** | **M** | £102.50/£96.50/£83.00 | **Wednesday 2.00 – 4.30pm** | starts **13 Sep** | 6wks**A9** | **M** | £102.50/£96.50/£83.00 | **Wednesday 2.00 – 4.30pm** | starts **1 Nov** | 6wks

Develop your skill at painting or drawing faces. You may use any medium.

Some previous experience of drawing from observation is recommended.

Two six week courses.

**Saturday – Life Drawing Day****S32** | **M** | £35.85/£33.85/£29.35 | **30 September 10.00 – 4.00pm**

This enjoyable workshop is ideal for those that are new to life drawing (nude model) or those that are a bit rusty. Learn to see shape and light more objectively, as well as exploring the different conventional drawing media. A little previous experience of drawing is recommended.

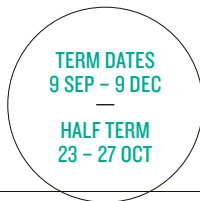
**Saturday – Portraiture Workshop****S89** | **M** | £34.10/£32.15/£27.60 | **25 November 10.00 – 4.00pm**

Spend a day drawing or painting the face from a live model, with plenty of guidance. You may use any medium you are familiar with.

**NO FORMAL  
TUITION PROVIDED**

**Drop in and Draw****DD** | **M** | £10.00 | **Every Friday 10.00 – 1.00pm** | **Term time only**

Life Drawing drop in sessions with a model provided. So just come along with your materials and get drawing. Limited spaces, first come first serve. No entry after 10am.

**LESLEY TRUSSLER Life Drawing: Mixed Ability**

**A10** | | £166.30/£156.70/£135.10 | **Monday 7.45 - 9.45pm** | starts **11 Sep** | 12wks  
This twelve week life drawing course is aimed at those with some experience, though beginners are also welcome. Various techniques and approaches will be offered and lots of assistance given if needed.

**SARAH KELLY Art History: Art and the First World War**

**NEW A11** | £132.00/£122.40/£100.80 | **Monday 10.00 - 12.00pm** | starts **11 Sep** | 12wks  
This course looks at the impact of WWI on European art. The focus is particularly on British, German and Italian artists including painters as diverse as Paul Nash, Otto Dix and Umberto Boccioni. No prior knowledge required.

**Art History: Romanticism and European Painting**

**A12** | £132.00/£122.40/£100.80 | **Thursday 2.30 - 4.30pm** | starts **14 Sep** | 12wks  
What is Romanticism? We will explore its meaning in the context of artists across Europe from Friedrich in Germany to Géricault in France and Turner in Britain.

**JENNY MIZEL Acrylic Painting**

**A13** | | £132.00/£122.40/£100.80 | **Monday 10.30 - 12.30pm** | starts **11 Sep** | 12wks  
This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

**Experimental Art**

**A14** | | £148.50/£137.70/£113.40 | **Wednesday 10.30 - 12.45pm** | starts **13 Sep** | 12wks  
**A15** | | £66.00/£61.20/£50.40 | **Thursday 5.30 - 7.30pm** | starts **14 Sep** | 6wks  
**A16** | | £66.00/£61.20/£50.40 | **Thursday 5.30 - 7.30pm** | starts **2 Nov** | 6wks  
This course is for those wanting to free up and experiment. Explore different techniques and media including simple printmaking, collage, acrylic paint, inks and more. Create some self-directed art under the guidance of the tutor. All welcome.

**Exploring Drawing**

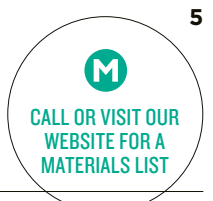
**A17** | | £66.00/£61.20/£50.40 | **Tuesday 1.30 - 3.30pm** | starts **31 Oct** | 6wks  
Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this six week course explore line, tone and composition and how to combine them. All welcome.

**Saturday - Acrylic Painting Workshop**

**S19** | £31.50/£29.50/£25.00 | **23 September 10.00 - 4.00pm**  
Experiment with acrylic paint, to discover new techniques and your own creativity. Enjoy the colour, texture and tone possible with this versatile medium and gain confidence with the guidance of a friendly tutor. All levels welcome and all materials provided.

**Saturday - Charcoal and Pastels Workshop**

**S93** | £31.50/£29.50/£25.00 | **2 December 10.00 - 4.00pm**  
This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and also those with some experience. All materials are provided.

**WARREN SEALEY Oil Painting for Beginners**

**A19** | | £70.80/£66.00/£55.20 | **Wednesday 7.45 - 9.45pm** | starts **13 Sep** | 6wks  
Oil painting course for beginners and those with a little oil painting practice. We will look at the basics of oil painting including tonal values, colour mixing, painting procedures and some technical elements such as when to use oil mediums and lots more besides. Subjects will include still-life, landscape and portrait painting.

**Saturday - Oil Painting Workshop**

**S81** | | £28.00/£26.00/£21.50 | **18 November 10.00 - 4.00pm**  
We will be looking at the factors that make up a still-life painting like composition, colour, drawing and tone etc. Still-life is a great subject for beginners to get into oil painting. Please bring your materials.

**MARILYN MILLARD Learn to Draw**

**A20** | | £97.50/£91.50/£78.00 | **Monday 10.00 - 12.30pm** | starts **11 Sep** | 6wks  
**A21** | | £97.50/£91.50/£78.00 | **Monday 10.00 - 12.30pm** | starts **30 October** | 6wks  
An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

**Botanical Painting**

**A22** | | £107.00/£99.80/£83.60 | **Thursday 10.00 - 1.00pm** | starts **14 Sep** | 6wks  
**A23** | | £107.00/£99.80/£83.60 | **Thursday 10.00 - 1.00pm** | starts **2 Nov** | 6wks  
Enjoy painting beautiful flowers from observation. An inspiring course that gives step by step techniques for using watercolour. A six week course. All Levels welcome.

**Landscapes in Watercolour**

**A24** | | £106.50/£99.30/£83.10 | **Wednesday 10.00 - 1.00pm** | starts **13 Sep** | 6wks  
**A25** | | £106.50/£99.30/£83.10 | **Wednesday 10.00 - 1.00pm** | starts **1 Nov** | 6wks  
Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience. Two six week courses.

**Mediterranean Landscapes in Watercolour**

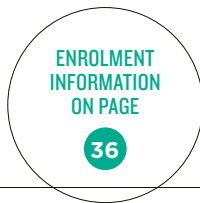
**A26** | | £106.50/£99.30/£83.10 | **Thursday 2.00 - 5.00pm** | starts **2 Nov** | 6wks  
Learn to capture the vibrant scenes of the Med, in watercolour, step-by-step. Suitable for all levels, in a relaxed atmosphere. A six week course.

**Painting in Watercolour**

**A27** | | £97.50/£91.50/£78.00 | **Monday 1.30 - 4.00pm** | starts **11 Sep** | 6wks  
**A28** | | £97.50/£91.50/£78.00 | **Monday 1.30 - 4.00pm** | starts **30 Oct** | 6wks  
Enjoy painting easy step by step projects and develop both skills and confidence using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.

**Sketching in Watercolour**

**A29** | | £106.50/£99.30/£83.10 | **Thursday 2.00 - 5.00pm** | starts **14 Sep** | 6wks  
Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step by step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance. A six week course.



**MARILYN MILLARD** **Saturday – Botanical Painting Workshop**  
 CONTINUED **S29** | **M** | £31.00/£29.00/£24.50 | **30 September** 10.00 – 4.00pm  
 Spend the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

**Saturday – Landscapes in Watercolour Workshop**  
**S50** | **M** | £31.00/£29.00/£24.50 | **21 October** 10.00 – 4.00pm  
 Have you ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

**Saturday – Skies and Seascapes in Watercolour**  
**S105** | **M** | £31.00/£29.00/£24.50 | **9 December** 10.00 – 4.00pm  
 Enjoy a day painting an inspiring scene. A great way to learn and expand your skills/confidence in the handling of watercolour. A step by step class, for all abilities.

**JEM BOWDEN** **Watercolour for Beginners**  
**A30** | **M** | £68.70/£63.90/£53.10 | **Wednesday** 7.45 – 9.45pm | starts **1 Nov** | 6wks  
 Begin painting in this beautiful but often challenging medium. The course will focus on developing a sound foundation in traditional techniques. Demonstrations are provided and paintings are developed step-by-step in an informal atmosphere.

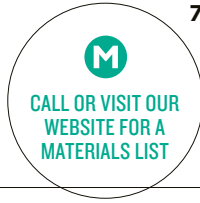
**Saturday – Watercolour Painting for Complete Beginners**  
**S53** | £37.50/£35.50/£31.00 | **21 October** 10.00 – 4.00pm  
 An introduction to painting in this beautiful but challenging medium. Explore how to paint landscapes and other subjects. For those with very little or no previous experience of watercolour. Designed to inspire you on to the next steps. All materials provided.

**MARTIN LOVELL** **The Versatility of Watercolour**  
**A31** | **M** | £148.50/£137.70/£113.40 | **Thursday** 10.30 – 12.45pm | starts **14 Sep** | 12wks  
 This class is for those with some experience and will respond to the needs and interests of the individual. Draw and paint from images and real life in order to produce effective work and develop skills. Other water soluble media may be introduced.

**Painting Projects: Multi-level**  
**A32** | **M** | £158.50/£147.70/£123.40 | **Thursday** 2.00 – 4.15pm | starts **14 Sep** | 12wks  
 This course will help you to develop your confidence and your own approach when working with different media and processes, often from a shared starting point. Exploration of collage, drawing mediums and paint including acrylic and watercolour.

**SARAH GRICE** **Exploring Illustration Extended**  
**A33** | **M** | £146.00/£136.40/£114.80 | **Thursday** 7.45 – 9.45pm | starts **14 Sep** | 12wks  
 Develop and enhance your illustrative skills. Look in depth at the illustrative process. Students will also have the opportunity to work on their own projects, with guidance from the tutor. Former illustration students, and anyone with some artistic experience who are new to illustration are all welcome.

**Saturday – Think Pen and Ink**  
**S17** | **M** | £32.50/£30.50/£26.00 | **16 September** 10.00 – 4.00pm  
 Experiment and work with dip pen and ink, tonal and colour washes. For beginners and the more experienced alike. Discover why this traditional illustration method is so widely used and still popular with both traditional and contemporary illustrators.



**SARAH GRICE** **Saturday – Illustrative Life Drawing**  
 CONTINUED **S101** | **M** | £27.80/£26.60/£23.90 | **9 December** 10.00 – 1.00pm  
 Suitable for anyone with previous life drawing experience. Drawing directly from a model/actor students will be guided through a mixture of short and long poses, focusing on capturing character through body language and expression.

**GORDY WRIGHT** **Exploring Illustration with Photoshop**  
**A34** | **M** | £66.00/£61.20/£50.40 | **Thursday** 7.45 – 9.45pm | starts **2 Nov** | 6wks  
 Have fun exploring the world of illustration; find out how you can endlessly expand your creative possibilities by developing your digital skills and learn new techniques in Photoshop. You will be able to use your own imagery, photographs/drawings. Beginners welcome. A six week course.

**CHRIS HALLS** **Complete Figure Drawing and Anatomy**  
**A35** | **M** | £66.00/£61.20/£50.40 | **Thursday** 7.45 – 9.45pm | starts **2 Nov** | 6wks  
 For beginners, this six week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

**Saturday – Figure Drawing and Anatomy: The Basics**  
**S11** | **M** | £29.50/£27.50/£23.00 | **16 September** 10.00 – 4.00pm  
 This workshop will provide the artist with techniques to draw the full human figure correctly in proportion. You will learn to break down anatomy into 3-dimensional forms and gain essential skills to apply to many other art practises. For beginners.

**Saturday – Figure Drawing and Anatomy: The Head and Hands**  
**S30** | **M** | £29.50/£27.50/£23.00 | **30 September** 10.00 – 4.00pm  
 Learn to draw the head and hands correctly in proportion as well as comprehensive understanding of them in 3-dimensional form. Expressions, perspective and anatomy will be covered.

**JOHN REA** **Cartoons and Comics**  
**A36** | **M** | £66.00/£61.20/£50.40 | **Thursday** 7.45 – 9.45pm | starts **14 Sep** | 6wks  
 Learn how to draw cartoons and cartoon characters through a series of enjoyable practical exercises and a detailed study of cartooning techniques in a supportive environment. All abilities welcome. A six week course.

**Saturday – Introduction to Cartooning**  
**S57** | **M** | £27.50/£25.50/£21.00 | **4 November** 10.00 – 4.00pm  
 Explore cartooning both as an art form and means of self expression. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language.

**ROMA WIDGER** **Etching and Drypoint**  
**A37** | **M** | £140.00/£130.40/£108.80 | **Tuesday** 5.30 – 7.30pm | starts **12 Sep** | 12wks  
 Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

ARTS CONTINUED

TERM DATES  
9 SEP – 9 DEC  
—  
HALF TERM  
23 – 27 OCT

**ROMA WIDGER** **Saturday – Drawing for Complete Beginners**  
CONTINUED **S40** | £32.50/£30.50/£26.00 | **7 October** 10.00 – 4.00pm

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.

**Saturday – Drawing for Improvers**  
**S68** | £32.50/£30.50/£26.00 | **11 November** 10.00 – 4.00pm

Extend your drawing skills and develop a transferable skill. We will look to improve your technique, use new materials and enjoy fresh subjects. All materials provided, just turn up and enjoy. Everyone with some drawing experience welcome.

**CINDY X NGUYEN** **Saturday – Introduction to Architectural Sketching**  
**NEW S2** | £27.50/£25.50/£21.00 | **9 September** 10.00 – 4.00pm

This is for anyone interested in architecture. All abilities welcome. You will receive step by step instructions technical sketching skills (such as how to achieve different types of lines and shading), how to look at buildings and how to find its proportions. We'll go to a iconic piece of Bristol architecture and use these new skills.

**KERRY DAY** **Lino Printing**  
**A39** | **M** | £147.00/£137.40/£115.80 | **Wednesday** 2.00 – 4.00pm | starts **13 Sep** | 12wks  
**A40** | **M** | £147.00/£137.40/£115.80 | **Wednesday** 5.30 – 7.30pm | starts **13 Sep** | 12wks  
Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn the basics of lino cutting, registration methods and colour work. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

**Saturday – Introduction to Lino Printing**  
**S42** | **M** | £37.50/£35.50/£31.00 | **7 October** 10.00 – 4.00pm

Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

**JUSTYNA MEDON** **Creative Fabric Printing**  
**A41** | **M** | £147.00/£137.40/£115.80 | **Tuesday** 7.45 – 9.45pm | starts **31 Oct** | 6wks

Turn your sketches and drawings into textile patterns. You'll be working with collage, using photographs, drawings, mono-printing with acrylics, silk screen and stencils, to produce your repeat patterns. This course will be a chance to explore how repeated designs can bring fabrics to life. Suitable for beginners and all levels.

**Saturday – Illustrating Bristol – Poster Design**  
**S84** | **M** | £37.50/£35.50/£31.00 | **25 November** 10.00 – 4.00pm

Explore printmaking techniques to create a unique one off poster inspired by Bristol, by using stencil cut-outs, silk screen techniques, pattern and photography. Learn skills to produce your design in a variety of colours.

**SOPHIE RAE** **Creative Printmaking**  
**A42** | **M** | £76.00/£71.20/£60.40 | **Thursday** 5.30 – 7.30pm | starts **2 Nov** | 6wks

Get creative with printing techniques using stencils, rollers and specialised inks. The course will take you through how to complete a detailed multi-layered print and give you time to experiment. For everyone, including beginners.

## PHOTOGRAPHY

GIFT VOUCHERS ARE  
AVAILABLE FOR ALL  
COURSES AND  
WORKSHOPS

**GRAHAM PARISH** **Using your Digital Camera: Beginners**  
**A43** | **M** | £99.00/£91.80/£75.60 | **Thursday** 10.00 – 1.00pm | starts **14 Sep** | 6wks

**A44** | **M** | £66.00/£61.20/£50.40 | **Thursday** 5.30 – 7.30pm | starts **14 Sep** | 6wks  
In these six week courses we will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively and explore concepts such as depth of field, macro and long exposures. Suitable for DSLR, Bridge & CSC cameras.

**Using your Digital Camera: Improvers**  
**A45** | **M** | £99.00/£91.80/£75.60 | **Thursday** 10.00 – 1.00pm | starts **2 Nov** | 6wks

If you have gained some confidence and an understanding of the basic controls of your DSLR, Bridge or CSC camera, now you can improve your skills even more. We'll look at advanced lighting techniques image manipulation, shooting in Raw, camera filters and social networks. A six week course.

**Saturday – Using your Digital Camera Workshop**  
**S52** | **M** | £27.50/£25.50/£21.00 | **21 October** 10.00 – 4.00pm

Get away from just using the auto button and take your photography to the next level. Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. It is suitable for DSLR, Bridge and CSC.

**LEE SPENCER-FLEET** **Saturday – Intro to Photoshop/Lightroom for Photographers**  
**S85** | **M** | £32.50/£30.50/£26.00 | **25 November** 10.00 – 4.00pm

Discover how to enhance your digital photographs. Get expert advice and explore a range of techniques to gain confidence. Bring a laptop with Photoshop (and Bridge) or Lightroom installed. For a free trial of software see the link on our website.

**CHRIS WALLER** **Introduction to Black and White Film Photography**  
**A46** | **M** | £189.00/£177.00/£150.00 | **Wednesday** 6.30 – 9.00pm | starts **13 Sep** | 12wks

This practical course will introduce the beginner to film photography. Covering film types, film speed, camera controls, film processing, making contact sheets and printing from black-and-white negatives. Starting with the basics and exploring more advanced techniques. Bring your own camera and 35mm or 120 roll-film.

**Saturday – Black-and-White Film Developing**  
**S38** | **M** | £37.50/£35.50/£31.00 | **7 October** 10.00 – 4.00pm

Shoot a black-and-white film in advance (Ilford HP5 Plus) and bring this along to the session. In this class you will develop a black-and-white film, make negatives and then make a contact sheet. No previous darkroom experience necessary.

**Saturday – Black-and-White Film Printing**  
**S65** | **M** | £37.50/£35.50/£31.00 | **11 November** 10.00 – 4.00pm

In this one day class you will print your own negatives. Learn how to make a basic black-and-white print, then how to enhance the print using various printing techniques. Please bring your own B & W negatives (35mm or 120) to print. All welcome.

**WENDY LEOCQUE** **Darkroom Discovery Course**  
**NEW A47** | **M** | £103.00/£97.00/£83.50 | **Tuesday** 10.30 – 1.00pm | starts **12 Sep** | 6wks

Taking inspiration from the old photography masters, you will experiment with traditional photography techniques. This course will give you the chance to create your very own bespoke work or art. Suitable for beginners, no experience necessary.

## BRISTOL FOLK HOUSE



# DARKROOM

*We have a purpose built wet-based photography facility which can be used by both members and non-members. We run courses and workshops throughout the year and the space is also available for private hire.*

## DARKROOM FACILITIES\*

- Seven black and white enlargers 35mm/ medium/large format
- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

## MEMBERSHIP

Becoming a member gives you greater flexibility and the following benefits:

- Six days per week availability, including four evenings during the week and some Saturdays exclusively for members
- Discounted session rates

## MEMBER FEES

12 Months - £40  
6 Months - £30

## SESSION FEES

£15 per session for Members  
£20 per session for Non-Members

## BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

## ROOM HIRE

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk).

\*YOU MUST BE 18 OR OVER TO BECOME A MEMBER OR TO USE THE DARKROOM IN ANY CAPACITY

M  
CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

## PHOTOGRAPHY CONTINUED

### WENDY LEOCQUE **Assisted Darkroom Sessions**

CONTINUED **AA** | Prices may vary | *Times may vary*

For those who have practical experience of using a darkroom but would prefer some assistance during their sessions. There will be someone on hand to answer your questions and to help. You will need to bring your own paper. To book a session email: [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

#### **Saturday – Have a go Darkroom Taster**

**S49** | M | £31.50/£29.50/£25.00 | **21 October** 10.00 – 4.00pm

Learn how to use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this course.

### ELLA BRYANT **Saturday – Surrealist Photography**

**S16** | M | £45.50/£43.50/£39.00 | **16 September** 10.00 – 4.00pm

Drawing inspiration from the works of surrealist artists, participants will create their own hand printed surrealist photographs. Produce images by combining negatives of the body with unusual objects and explore Cyanotype and Van Dyke print processes.

#### **Saturday – Photographic Printing onto Objects**

**S97** | M | £41.50/£39.50/£35.00 | **2 December** 10.00 – 4.00pm

A one-day workshop for those who want to learn the art of printing photographic images onto 3D surfaces. Using photographic liquid emulsion and darkroom chemicals, you will learn every step of the process for developing your images.

### MARTIN EDWARDS **Exploring Hand Made Photography**

**NEW** **A48** | £124.00/£116.80/£100.60 | **Thursday** 10.00 – 1.00pm | starts **2 Nov** | 6wks

A practical course for people with basic darkroom skills who want to try something a bit different. A balance of creative and structured working; time to develop an idea or method to see where it takes our image-making, with an emphasis on creating one-off, hand-made photographs.

### MARTYN GRIMMER **Photography Gum-bichromate Introduction**

**A49** | £129.00/£121.80/£105.60 | **Thursday** 6.00 – 9.00pm | starts **14 Sep** | 6wks

Learn the historic processes of gum bichromate and cyanotype printing. These photographic processes are a great introduction to alternative photography. The two techniques can be combined to create remarkably beautiful images.

### SOPHIE **Saturday – An Introduction to Lomography**

**SHERWOOD** **S3** | M | £54.45 /£52.46/£47.96 | **9 September** 10.00 – 4.00pm

**NEW** A practical day for those with a basic knowledge of analogue photography and point and shoot digital cameras. Experiment taking photos using different Lomographic lenses. Explore darkroom printing techniques and develop photos to take home.

### RACHEL SOKAL **Saturday – Salt Printing Photography**

**S23** | M | £40.50/£38.50/£34.00 | **23 September** 10.00 – 4.00pm

Create beautifully subtle prints at home using sunlight and silver. Salt Printing gives atmospheric prints gorgeous brown tones. Print your own photos, illustrations and collages in gorgeous brown tones in this creative introductory workshop.

FOR ALL 12 WEEK COURSES, THERE WILL BE NO CLASSES DURING HALF TERM

## PHOTOGRAPHY CONTINUED



### RACHEL SOKAL **Saturday – Three Alternative Photographic Processes**

**CONTINUED S63** | **M** | £39.50/£37.50/£33.00 | **4 November** 10.00 – 4.00pm

Throw the field of photography wide open with techniques you can do at home. Make your own fully functioning reusable camera out of a matchbox, print instant colour images in daylight using recycled black and white photographic paper and create delicate photos made from crushed leaves and sunlight. No experience necessary.

### **Saturday – Cyanotype Printing Workshop**

**S77** | **M** | £39.50/£37.50/£33.00 | **18 November** 10.00 – 4.00pm

Cyanotype is a historical photographic printing technique which creates Prussian Blue prints simply by using sunlight. In this fun day you will print your own photos, illustrations and collages, and learn how to carry on at home. No experience needed.

## CRAFTS

### FAITH MORTON **Saturday – Natural DIY Spa Day**

**S80** | £39.50/£37.50/£33.00 | **18 November** 10.00 – 4.00pm

Learn how to make and take home a variety of natural beauty care products such as fresh spring bath bombs, clay face masks, sugar scrub for the body, lip balm, hand salve and face cream. All materials are provided.

### LESLEY SCARFE **Stained Glass**

**C1** | **M** | £102.50/£96.50/£83.00 | **Friday** 10.00 – 12.30pm | starts **15 Sep** | 6wks

**C2** | **M** | £102.50/£96.50/£83.00 | **Friday** 10.00 – 12.30pm | starts **3 Nov** | 6wks

These six week course is for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

### **Saturday – Stained Glass Taster Day**

**S15** | **M** | £42.50/£40.50/£36.00 | **16 September** 10.00 – 4.00pm

A taster session, with a chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

### **Saturday – Stained Glass Mirror Taster Day**

**S62** | **M** | £42.50/£40.50/£36.00 | **4 November** 10.00 – 4.00pm

Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

### ANGELA MORRIS **Saturday – Interior Design Workshop**

**S95** | **M** | £29.00/£27.00/£22.50 | **2 December** 10.00 – 4.00pm

This hands-on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

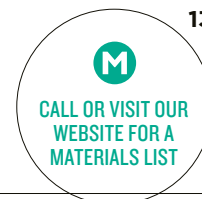
### FRANKIE HUDSON **Saturday – Mosaic Workshop**

**S21** | **M** | £42.50/£40.50/£36.00 | **23 September** 10.00 – 4.00pm

**S87** | **M** | £42.50/£40.50/£36.00 | **25 November** 10.00 – 4.00pm

A busy day introducing how to create a mosaic with a variety of alternatives to try out for yourselves. An opportunity to complete a small panel to take home. Cutting tools and all materials provided.

## CRAFTS CONTINUED



### DANIEL BENDEL **Woodcarving Course**

**C3** | £71.00/£66.20/£55.40 | **Thursday** 10.30 – 12.30pm | starts **14 Sep** | 6wks

**C4** | £71.00/£66.20/£55.40 | **Thursday** 10.30 – 12.30pm | starts **2 Nov** | 6wks

For beginners wanting to make a small, simple shaped sculptural carving. Come with an idea in mind and I will show you the sculptural and carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools, and materials provided. Two six week courses.

### **Saturday – Letter Cutting Wood Workshop**

**S79** | **M** | £35.50/£33.50/£29.00 | **18 November** 10.00 – 4.00pm

A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step by step course using chisels, and gouges.

### WILL ST CLAIR **Saturday – Spoon Carving Workshop**

**S61** | £39.50/£34.50/£33.00 | **4 November** 10.00 – 4.00pm

You will learn safe, effective techniques for using the straight knife and the hook knife as well as the basics of axe carving. Get an understanding of how to navigate through the complex 3D shape, and how to put your knife to best use on each part of the spoon.

### SARAH EDWARDS **Saturday – Berry Basket Workshop**

**S10** | **M** | £42.50/£40.50/£36.00 | **16 September** 10.00 – 4.00pm

Weave a fabulous berry basket from locally sourced willow, perfect for collecting homegrown produce, foraging for berries or a stylish eco friendly option for popping to the shops.

### **Saturday – Willow Reindeer Sculpture Workshop**

**S54** | **M** | £42.50/£40.50/£36.00 | **21 October** 10.00 – 4.00pm

Create a festive Reindeer out of willow. Discover the creative potwvetial of willow, and weave your own Rudolf to decorate your home this Christmas. Willow Reindeer decoration is up to 1 meter tall.

### JANE WELSH **Saturday – Make a Willow Basket**

**S86** | **M** | £37.50/£35.50/£31.00 | **25 November** 10.00 – 4.00pm

Choose from a selection of natural willows grown on the Somerset Levels to make a fruit/bread basket using the traditional 'stake and strand' method of basketry with an Irish 'portcullis' centre. Tools and materials are provided.

### LOUISE BASTOW **Saturday – Hand Tied Posy Making Workshop**

**S18** | £38.75/£37.75/£35.50 | **23 September** 10.00 – 12.30pm

Learn how to arrange flowers into a traditional beautiful hand tied posy. Pick up lots of tips about how to select your blooms, prepare them and then how to place them to make a stunning display. All equipment and materials are supplied.

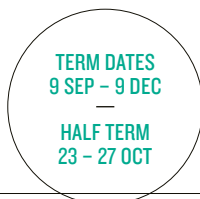
### **Saturday – Gathered and Foraged Posy Making Workshop**

**S27** | **M** | £38.75/£37.75/£35.50 | **23 September** 1.30 – 4.00pm

Be led by the seasons, you will use garden foliage, wild material from hedgerows and woods, together with blooms from nearby flower farms. Go home with a beautiful hand tied posy to be proud. Open to any level of experience.



## CRAFTS CONTINUED



**LOUISE BASTOW** **Saturday – Wild Wreath Workshop**  
CONTINUED **S92** | **M** | £38.75/£37.75/£35.50 | **2 December 10.00 – 12.30pm**  
**NEW S99** | **M** | £38.75/£37.75/£35.50 | **2 December 1.30 – 4.00pm**

Learn how to make a beautiful table centre to decorate your home. Combine seasonal treats with foliage to make your own unique, beautiful arrangement. All welcome.

**KIM THOMSON** **Jewellery: Silversmithing Techniques**  
**C5** | **M** | £162.00/£152.40/£130.80 | **Monday 5.30 – 7.30pm** | starts **11 Sep** | 12wks  
**C6** | **M** | £162.00/£152.40/£130.80 | **Monday 7.45 – 9.45pm** | starts **11 Sep** | 12wks  
**C7** | **M** | £162.00/£152.40/£130.80 | **Wednesday 7.45 – 9.45pm** | starts **13 Sep** | 12wks  
Learn how to file, drill, form, anneal, pattenat, texture, solder and polish metals such as copper and silver. In fact, everything you need to make your own jewellery. You will then work from your own designs with plenty of guidance from the tutor. Copper and brass are included in the course fees.

**Saturday – Silver Ring in a Day**  
**S6** | **M** | £52.50/£50.50/£46.00 | **9 September 10.00 – 4.00pm**  
Learn how to form metals into a ring band and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

**Saturday – Silver Pendant in a Day**  
**S71** | **M** | £52.50/£50.50/£46.00 | **11 November 10.00 – 4.00pm**  
Learn how to form metals into a pendant and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

**SHIRLEY DOWNEY** **Knitting and Crochet**  
**C8** | **M** | £66.00/£61.20/£50.40 | **Tuesday 7.00 – 9.00pm** | starts **12 Sep** | 6wks  
**C9** | **M** | £66.00/£61.20/£50.40 | **Tuesday 7.00 – 9.00pm** | starts **31 Oct** | 6wks  
You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in this five week course. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

**Saturday – Knitting and Crochet Workshop**  
**S58** | **M** | £27.50/£25.50/£21.00 | **4 November 10.00 – 4.00pm**  
This is open to beginner and intermediate level knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

**Saturday – Crochet Squares and Blankets**  
**S83** | **M** | £27.50/£25.50/£21.00 | **25 November 10.00 – 4.00pm**  
Learn how to make a variety of crochet squares - the basis of beautiful blankets and throws. From the basic granny square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

**RHYANNAN HALL** **Saturday – Shibori Workshop**  
**S70** | **M** | £38.50/£36.50/£32.00 | **11 November 10.00 – 4.00pm**  
This hands on workshop is an introduction to the ancient Japanese art of Shibori Dying. Using stitches to create shape and resist the cloth against itself, shibori is known as 'memory on cloth'. We will experiment with different techniques and fabrics.

## CRAFTS CONTINUED



**RHYANNAN HALL** **Saturday – Natural Dye Workshop**  
**S96** | **M** | £42.50/£40.50/£36.00 | **2 December 10.00 – 4.00pm**  
Explore different techniques of dyeing fabrics with natural products you can find in your garden or local supermarket. A mixture of theory, sourcing ideas and practical experiments. Learn tips and tricks to take home.

**Saturday – Indigo Dye Workshop**  
**S107** | **M** | £26.50/£25.30/£22.60 | **9 December 1.30 – 4.30pm**  
Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The technique for using indigo is unique. This is an opportunity to get to grips with the basics of dyeing with indigo.

**MARGARET CRUMP** **Sewing for Beginners**  
**C10** | **M** | £147.00/£137.40/£115.80 | **Friday 11.00 – 1.00pm** | starts **15 Sep** | 12wks  
Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments.

**KAREN REILLY** **Sewing for Beginners**  
**C11** | **M** | £147.00/£137.40/£115.80 | **Thursday 5.30 – 7.30pm** | starts **14 Sep** | 12wks  
**C12** | **M** | £147.00/£137.40/£115.80 | **Thursday 7.45 – 9.45pm** | starts **14 Sep** | 12wks  
An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.

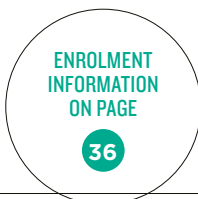
**Dressmaking**  
**C13** | **M** | £147.00/£137.40/£115.80 | **Monday 5.30 – 7.30pm** | starts **11 Sep** | 12wks  
**C14** | **M** | £147.00/£137.40/£115.80 | **Monday 7.45 – 9.45pm** | starts **11 Sep** | 12wks  
**C15** | **M** | £147.00/£137.40/£115.80 | **Tuesday 2.00 – 4.00pm** | starts **12 Sep** | 12wks  
**C16** | **M** | £147.00/£137.40/£115.80 | **Tuesday 5.30 – 7.30pm** | starts **12 Sep** | 12wks  
**C17** | **M** | £147.00/£137.40/£115.80 | **Tuesday 7.45 – 9.45pm** | starts **12 Sep** | 12wks  
Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

**Saturday – Sew a Bag in a Day**  
**S33** | **M** | £27.50/£25.50/£21.00 | **30 September 10.00 – 4.00pm**  
Suitable for complete beginners. We start by getting to grips with a sewing machine and then go on to make a bag in contrasting fabrics with a zipped inner pocket. You will need to pre-cut the fabric before the class. See website for details.

**Saturday – Sewing Surgery**  
**S60** | **M** | £27.50/£25.50/£21.00 | **4 November 10.00 – 4.00pm**  
Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects.

**LORRAINE JOSEPH** **Dressmaking**  
**C18** | **M** | £147.00/£137.40/£115.80 | **Wednesday 5.30 – 7.30pm** | starts **13 Sep** | 12wks  
**C19** | **M** | £147.00/£137.40/£115.80 | **Wednesday 7.45 – 9.45pm** | starts **13 Sep** | 12wks  
Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course.

FOR ALL 12 WEEK COURSES, THERE WILL BE NO CLASSES DURING HALF TERM

CRAFTS CONTINUED

**LORRAINE JOSEPH** **Saturday – Sewing for Beginners Workshop**  
 CONTINUED **S5** | **M** | £32.50/£30.50/£26.00 | **9 September** 10.00 – 4.00pm

Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.

**NEW** **Saturday – Handmade Lingerie Workshop**  
**S88** | **M** | £31.00/£29.00/£24.00 | **25 November** 10.00 – 4.00pm

The aim during this one day workshop is to produce an item of lingerie, learning skills of cutting out, working with fine fabrics, sewing techniques and decorative finishes. Choices of lingerie are: Camisole and knickers, Bustier Set, Bias cut slip, Boxer Shorts.

**SALLIEANN HARRISON** **Saturday – Sew a Patchwork Quilted Cushion**  
**S24** | **M** | £33.50/£31.50/£27.00 | **23 September** 10.00 – 4.00pm

The perfect introduction to patchwork and quilting for beginners or intermediate quilters wishing to perfect their skills on a small project using liberty fabric strips. Learn chain and strip piecing, basic machine quilting and making your new patchwork into a cushion. Some machine experience is advised.

**ESTHER KEEN** **Saturday – Stitchless Small Leather Goods Workshop**  
**S100** | **M** | £30.00/£28.80/£26.10 | **9 December** 10.00 – 1.00pm

Choose to make a wallet, phone case, glasses case, coin purse or passport case in leather using traditional techniques. With lots of styles and colours to choose from and a wide variety of tools, you can make your own one of a kind piece.

**Saturday – Make your Own Leather Belt**  
**S108** | **M** | £31.50/£30.30/£27.60 | **9 December** 1.30 – 4.30pm

Choose a colour from a range of full grain vegetable tanned hides. Cut using traditional tools and emboss to personalise, then bevel, dye, and burnish the edges before fitting the buckle. A great introduction to traditional leatherwork techniques.

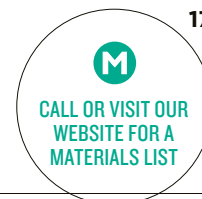
**LAWRENCE HASSAN** **Saturday – Hardback Bookbinding**  
**S1** | **M** | £28.50/£27.30/£24.60 | **9 September** 10.00 – 3.00pm

Welcome to this beginners guide to book making! You will learn everything from traditional Japanese book stitch techniques to book cover design and you'll leave with a hardback book made by your very own hands.

**NEIL INGHAM** **Saturday – Calligraphy Workshop – Gothic**  
**NEW** **S75** | **M** | £32.50/£30.50/£21.00 | **18 November** 10.00 – 4.00pm

Calligraphy is an art form which has been enjoyed for centuries. A very relaxing form of craft and an opportunity to produce work which everyone can enjoy. In this day you will learn the Gothic alphabet which originates from medieval times.

## POTTERY



*We have a well-established pottery studio run by a professional team with a wide range of expertise and skills. We use smooth white stoneware clay, Crank and Earthenware. All clay, glazing and firing is included in the cost of the course or workshop. Due to popular demand please enrol early.*

**STEVE CARTER** **Pottery Day Studio**  
**P1** | £236.25/£223.65/£195.30 | **Monday** 10.00 – 4.15pm | starts **11 Sep** | 6wks

**P2** | £236.25/£223.65/£195.30 | **Monday** 10.00 – 4.15pm | starts **30 Oct** | 6wks  
 This course is for students of all levels with the aim of enjoying the practice and appreciation of ceramic art and craft. Working through mainly self directed projects you can explore and develop ideas and approaches using different techniques in hand building, throwing on the wheel and with surfaces and glazes.

**Saturday – Pottery Taster: Delicious Dishes**  
**S4** | £40.00/£38.00/£33.50 | **9 September** 10.00 – 4.00pm

Rustic pottery serving wares can be fun and appetising themselves. Enjoy using 'primitive' clay forming techniques to make your own unique, platter, olive dish and serving bowls – discovering a world where food and pottery go hand in hand. All levels welcome.

**SAM HALLETT** **Pottery Day Studio Tuesday**  
**P3** | £233.25/£220.65/£192.30 | **Tuesday** 10.00 – 4.00pm | starts **12 Sep** | 6wks

**P4** | £233.25/£220.65/£192.30 | **Tuesday** 10.00 – 4.00pm | starts **31 Oct** | 6wks  
 These six week courses are an opportunity for makers with some experience to enhance and develop their skills and for those new to clay to try techniques in self directed projects. A chance to practice throwing on the wheel, construction and surface decoration using a variety of methods.

**Pottery Multi-level**  
**P5** | £270.00/£255.60/£223.20 | **Tuesday** 6.30 – 9.30pm | starts **12 Sep** | 12wks

This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

**MARGARET CRUMP** **Pottery – Beginners**  
**P6** | £180.00/£170.40/£148.80 | **Wednesday** 7.45 – 9.45pm | starts **13 Sep** | 12wks

This is a course that will help you to combine your enthusiasm and creativity with a sound foundation of the several techniques of handbuilding pottery. During the second part of the course you can take up the challenge of using the potter's wheel, complete extended handbuilding projects and use clay as a sculptural medium.

**Pottery – Beginners Extended**  
**P7** | £225.00/£213.00/£186.00 | **Wednesday** 10.30 – 1.00pm | starts **13 Sep** | 12wks

This extended beginners course starts with a series of short projects designed to teach you several techniques of hand building pottery while at the same time exploring your own creativity. In the second half of the term the basics of using the potters wheel are introduced. This is combined with the opportunity to improve all techniques by completing individual work.

# POTTERY CONTINUED

TIMETABLES  
FROM PAGE

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## MARGARET CRUMP Pottery – Improvers

**CONTINUED P8** | £270.00/£255.60/£223.20 | **Monday 6.00 – 9.00pm** | starts **11 Sep** | 12wks  
**P9** | £180.00/£170.40/£148.80 | **Wednesday 5.30 – 7.30pm** | starts **13 Sep** | 12wks  
 These courses are suitable for those with some experience, in which students pursue their interest in throwing and/or handbuilding ceramics. Students are encouraged to push the boundaries of their work as well as to feel free to relax in a creative atmosphere.

### Saturday – Improve your Wheel Work

**S31** | £40.00/£38.00/£33.50 | **30 September 10.00 – 4.00pm**  
 For those with basic skills in throwing who want to improve their technique, build confidence working on the potter's wheel and learn new methods of working with the wheel.

### Saturday – Four Pots in a Day

**S41** | £40.00/£38.00/£33.50 | **7 October 10.00 – 4.00pm**  
 Learn four of the basic handbuilding techniques of ceramics: pinching, coiling, slab construction and press-moulding, combined with effective methods of decoration. We will glaze and fire your pots ready for collection later in the term.

### Saturday – Pottery Catch up Day

**S59** | £40.00/£38.00/£33.50 | **4 November 10.00 – 4.00pm**  
 If you are a current Folk House potter and need to catch up or have some experience in pottery and need a studio day. Come along and get working. Please specify if you will be using a potter's wheel, spaces are limited.

## JO YOUNG Pottery – Beginners

**P10** | £90.00/£85.20/£74.40 | **Thursday 5.30 – 7.30pm** | starts **14 Sep** | 6wks  
 For complete beginners wanting to learn basic techniques. Each week you will learn skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, using plaster molds and formers, surface treatments, decorative slip techniques, underglaze and glazing.

### Pottery Improvers

**P11** | £180.00/£170.40/£148.80 | **Thursday 7.45 – 9.45pm** | starts **14 Sep** | 12wks  
 For potters with some experience who wish to develop their skills further, try new techniques and develop their work. Advice from an experienced potter on wheel work, construction and decorative techniques.

### Pottery – Introduction to the Potter's Wheel

**P12** | £90.00/£85.20/£74.40 | **Thursday 5.30 – 7.30pm** | starts **2 Nov** | 6wks  
 A six week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

## POTTERY TUTORS Saturday – Pottery Taster: Throwing and Turning

**S14** | £40.00/£38.00/£33.50 | **16 September 10.00 – 4.00pm**  
**S22** | £40.00/£38.00/£33.50 | **23 September 10.00 – 4.00pm**  
**S48** | £40.00/£38.00/£33.50 | **21 October 10.00 – 4.00pm**

Have you always wanted to try using the potter's wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

# WRITING

M

CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

## JANE REECE Creative Writing for All

**W1** | £132.00/£122.40/£100.80 | **Tuesday 10.30 – 12.30pm** | starts **12 Sep** | 12wks  
 Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

### Life Writing Weekly

**W2** | £132.00/£122.40/£100.80 | **Tuesday 2.00 – 4.00pm** | starts **12 Sep** | 12wks  
 An extended Life Writing course over twelve weekly afternoon sessions during which we will identify angles for your life story, memoir or biography, develop scenes and themes and deal with characters alive and dead. Beginners welcome.

### Saturday – Get Started in Creative Writing

**S12** | £27.50/£25.50/£21.00 | **16 September 10.00 – 4.00pm**  
 A workshop full of ideas and prompts to get you started on the writing process or to move you past writing blocks. You will get plenty of ideas to take away to keep writing. Please bring pens and paper.

### Saturday – Life Writing and Memoir

**S43** | £27.50/£25.50/£21.00 | **7 October 10.00 – 4.00pm**  
 A day where we look at using material from our own or others' lives to write an autobiography or memoir. A workshop full of techniques for writing practice, how to tap into ideas and develop them into longer pieces of writing. Please bring your own writing materials.

## NEW Saturday – Creative Non Fiction

**S67** | £27.50/£25.50/£21.00 | **11 November 10.00 – 4.00pm**  
 In this new workshop you will learn how to use the craft of writing in different forms and using writing techniques to bring alive factually accurate prose in a vivid and engaging manner. The day will focus on making your nonfiction stories read like fiction so that your readers are as enthralled by fact as they are by fantasy.

## GRACE PALMER Introduction to Creative Writing

**W3** | £132.00/£122.40/£100.80 | **Monday 5.30 – 7.30pm** | starts **11 Sep** | 12wks  
 Discover the possibilities of creative writing in all its forms through fun practical exercises. Pick up lots of tips and techniques and find out how other writers go about turning their ideas into words. Explore your own writing ideas and practice.

## ROSEMARY DUN Write a Novel that Sells

**NEW W5** | £132.00/£122.40/£100.80 | **Wednesday 5.30 – 7.30pm** | starts **13 Sep** | 12wks  
 This course will give you the tools and tips and advice to take you from idea or development, through to writing a novel which sells. We'll cover plot and characterisation and how to make it your story alive with lessons learned from film.

## NEW Saturday – Poetry From Nowhere: Writing Workshop

**S104** | £27.50/£25.50/£21.00 | **9 December 10.00 – 4.00pm**  
 How to write poetry when you don't know where to start. This workshop will give you some tips/ techniques and exercises to help you find poetry from nowhere and indeed from anywhere. Be willing to be bold and have fun.

BRISTOL FOLK HOUSE

# LIVE MUSIC



## JULY 2017 – DECEMBER 2017

*What a line up we have for you!*

*Please visit the website for an up to date programme and information about where you can purchase tickets, start times and supporting acts.*

### THE BRISTOL MANDOLIN & GUITAR ENSEMBLE SATURDAY 1 JULY

Bristol's most enthusiastic amateur plucked string orchestra with varied repertoire including Gustav Holst, Jimi Hendrix and The Beatles.

### HANITRA FRIDAY 21 JULY

"One of Madagascar's true musical icons".

### BRISTOL SWING EXCHANGE FRIDAY 8 AND SUNDAY 10 SEPTEMBER

Non-profit event run by local dancers. A weekend of swing dance with live bands taking place at various locations across the city. [bristolswingexchange.co.uk](http://bristolswingexchange.co.uk)

### STEVE TILSTON AND JEZ LOWE SATURDAY 9 SEPTEMBER

Two of the UK Acoustic/Folk scene's finest songwriters join forces for music, banter and an insight into their craft.

### THE CHURCH FITTERS FRIDAY 22 SEPTEMBER

A folk band like no other. A double bass made from a saucepan. Heart-wrenching vocals accompanied by a musical saw and much more...

### BRISTOL CEILIDH SATURDAY 23 SEPTEMBER

Come and join the dance with live ceilidh band to accompany the night. If you're new there's a "Caller" to help you along.

### GERRY COLVIN FRIDAY 29 SEPTEMBER

Purveyor of Americana, singer songwriter, a comedian, front man with a long and diverse career.

### EWAN MCLENNAN SATURDAY 30 SEPTEMBER

A guitarist at the forefront of his generation; a troubadour, balladeer and storyteller cut in the old style.



All tickets purchased from the Folk House include a 50p administration fee. All our music events held in the cafe or hall are seated. Unfortunately we have no disabled access or facilities. Tickets are non-refundable.

### FOLK BLUES BRISTOL & WEST WITH DAVE KELLY, MIKE COOPER & IAN ANDERSON SUNDAY 1 OCTOBER

A celebration of Bristol's legendary folk blues club with performances by some of its founders.

### JULIE FELIX FRIDAY 6 OCTOBER

Iconic singer-songwriter who has been touring worldwide for five decades.

### FOLK HOUSE SWING SATURDAY 7 OCTOBER

Swing dance event with awesome live music great dance community and a workshop for beginners.

### HANNAH JAMES AND GRACE PETRIE SUNDAY 8 OCTOBER

Headline gig with two incredible talents.

### CAJUN FESTIVAL FRIDAY 13 – SUNDAY 15 OCTOBER

### BRISTOL CEILIDH FRIDAY 20 OCTOBER

### HARMONICA FESTIVAL FRIDAY 27 – SUNDAY 29 OCTOBER

### PETE TRILL BAND FRIDAY 10 NOVEMBER

Bristol based band fusing a traditional blues sound with atmospheric, sometimes cinematic compositions and smart improvisation.

### ROUGH ISLAND BAND SUNDAY 12 NOVEMBER

Incorporating a wide range of instrumental and vocal textures, a contemporary sound, firmly rooted in the folk tradition.

### BRISTOL CEILIDH SATURDAY 18 NOVEMBER

### GILMORE AND ROBERTS SUNDAY 19 NOVEMBER

Contemporary folk/acoustic duo combine award-winning songwriting and their trademark harmonies.

### FOLK HOUSE SWING FRIDAY 24 NOVEMBER

### HARRIS ENDERSBY SATURDAY 25 NOVEMBER

Lyrics rooted in the world of story-telling with an interweaving of genres inspired by a love of Icelandic electro-folk.

### BRIAN KENNEDY SUNDAY 26 NOVEMBER

This singer/songwriter/guitarist, born communicator and Ireland's ambassador on more than one global music stage.

### O'HOOLEY AND TIDOW FRIDAY 8 DECEMBER

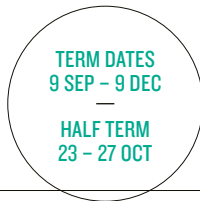
A special Christmas show from BBC Radio 2 Folk award nominees and Folk House favorites.

### BRISTOL CEILIDH SATURDAY 16 DECEMBER

## FOLK HOUSE COMMUNITY CHOIR

The Folk House Community Choir meet up weekly on Tuesday 7.00 - 9.00 pm. A friendly choir based in the heart of Bristol. The choir will cover a wide variety of folk songs, as well as some world and contemporary music. You can book for the term and pay equivalent £6 per class or drop in for £3 per class. Beginners welcome. See [www.bristolfolkhouse.co.uk/choir](http://www.bristolfolkhouse.co.uk/choir) for full details.

## WRITING CONTINUED



### MARK BRECKON **Scriptwriting**

**W6** | £132.00/£122.40/£100.80 | **Tuesday 7.45 - 9.45pm** | starts **12 Sep** | 12wks  
These accessible courses will provide a hands-on-guide to writing drama whether you are interested in screenwriting, theatre or radio. With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

### RACHEL CARTER **Saturday - Writers Retreat**

**S25** | £27.50/£25.50/£21.00 | **23 September 10.00 - 4.00pm**  
Escape the hustle and bustle of life to focus on creative writing for the day. Plenty of uninterrupted time and space to write, plus one-to-one guidance if needed and some exercises to help you get the most from the day.

### **Saturday - Write a Picture Book**

**S98** | £27.50/£25.50/£21.00 | **2 December 10.00 - 4.00pm**  
Do you have a picture book up your sleeve, or an unforgettable story? Using fun and inspiring exercises, we will explore the tools needed to write your book such as character, setting and plot. We'll also look at the market for such work.

## MUSIC, DANCE & DRAMA

### ESTHER ROSE **Guitar Beginners** PARKES

**D1** | | £66.00/£61.20/£50.40 | **Wednesday 5.30 - 6.30pm** | starts **13 Sep** | 12wks  
Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.

### JOEL BOBRUCKI **Guitar Beginners Continued**

**D2** | | £66.00/£61.20/£50.40 | **Thursday 6.45 - 7.45pm** | starts **14 Sep** | 12wks  
For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar playing will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

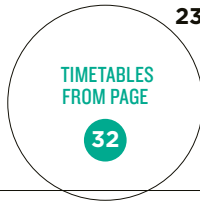
### **Guitar Improvers**

**D3** | | £66.00/£61.20/£50.40 | **Thursday 5.30 - 6.30pm** | starts **14 Sep** | 12wks  
For those who feel ready to move on from the basics, this course will carry on from the Beginners Continued level. Developing further skills in finger-picking, lead and rhythm guitar. To do this course you need to have a basic understanding of E-shaped barre chords (even if you can't play them well yet).

### **Guitar Extended**

**D4** | | £66.00/£61.20/£50.40 | **Wednesday 2.30 - 4.30pm** | starts **13 Sep** | 6wks  
**D5** | | £66.00/£61.20/£50.40 | **Wednesday 2.30 - 4.30pm** | starts **1 Nov** | 6wks  
For guitarists with more experience. Come along to share your skills and learn from each other. This two hour session will involve a taught element, a chance to play and share knowledge/techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others. A six week course.

## MUSIC, DANCE & DRAMA CONTINUED



### ALEX BISHOP **Saturday - Traditional Folk Music on Guitar**

**NEW S91** | £16.50/£15.30/£12.60 | **25 November 1.00 - 4.00pm**  
A workshop focused on playing and accompanying folk music on guitar. Alex will guide you through the various ways of playing English/Irish folk music and other forms of traditional music. Intermediate level. For those with good basic knowledge of the guitar.

### ISOLDE **Finding your Voice** FREETH-HALE

**D6** | £66.00/£61.20/£50.40 | **Monday 6.00 - 7.00pm** | starts **11 Sep** | 12wks  
Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

### **Enhancing your Voice**

**D7** | £99.00/£91.80/£75.60 | **Monday 7.15 - 8.45pm** | starts **11 Sep** | 12wks  
A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

### **Saturday - Vocal Improvisation Workshop**

**S36** | £16.50/£15.30/£12.60 | **30 September 1.00 - 4.00pm**  
Build confidence in your vocal improvisation. We will apply a range of professional exercises and techniques used for developing the voice and play with our voices as instruments. Expect to have fun, feel inspired and create some beautiful music.

### **Saturday - Songwriting Day Workshop**

**S82** | £30.50/£28.50/£24.00 | **18 November 10.00 - 4.00pm**  
Explore exercises that will help to inspire new songs and finish old ones. We shall look at both solo and group songwriting, learning ways that we can inspire each other creatively, as well as develop our own personal voices. Open to complete beginners and those who have some songwriting experience.

### NONNY TABUSH **Folk House Community Choir**

**Tuesday 7.00 - 9.00pm** | See [www.bristolfolkhouse.co.uk/choir](http://www.bristolfolkhouse.co.uk/choir) for details.

### BEN SEARLE **Ukulele for Beginners**

**D8** | | £33.00/£30.60/£25.20 | **Thursday 2.00 - 3.00pm** | starts **14 Sep** | 6wks  
For complete beginners or those very new to the 'uke. In a friendly and welcoming atmosphere, this six week course aims to encourage confidence, skill and fun with this wonderful four-stringed instrument. Just bring a ukulele and we'll do the rest.

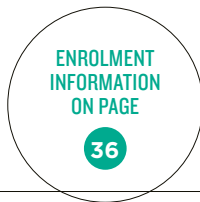
### **Ukulele for Improvers**

**D9** | | £33.00/£30.60/£25.20 | **Thursday 2.00 - 3.00pm** | starts **2 Nov** | 6wks  
This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our six week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

### **Saturday - Ukulele for Improvers - Plus**

**S64** | | £27.50/£25.50/£21.00 | **4 November 10.00 - 4.00pm**  
This workshop is ideal for everyone who has attended the 'Ukulele for Improvers' course, as well as anyone who has played for a while and wants to learn even more about playing this cheery little instrument.

# MUSIC, DANCE & DRAMA CONTINUED



**BEN SEARLE** **Saturday – Christmas Ukulele Workshop**  
 CONTINUED **S106** | **M** | £16.50/£15.30/£12.60 | **9 December 1.00 – 4.00pm**  
 Learn classic and modern Christmas Ukulele tunes in a festive and friendly atmosphere.

**AIDAN SHEEHAN** **Saturday – Beginners Harmonica Workshop**  
**S9** | **M** | £27.50/£25.50/£21.00 | **16 September 10.00 – 4.00pm**  
 Do not leave your harmonica in a drawer. In this friendly class, learn to perform a selection of tunes on your harmonica in a day. Beginners to intermediate level welcome.

**Saturday – Christmas Harmonica Workshop**  
**S94** | **M** | £27.50/£25.50/£21.00 | **2 December 10.00 – 4.00pm**  
 Learn to play Christmas tunes on the Harmonica! All welcome.

**ED BARROW** **Swing Dance**  
**D10** | **M** | £49.50/£45.90/£37.80 | **Wednesday 7.30 – 9.00pm** | starts **13 Sep** | 6wks  
 In this course we will teach you a range of stylish vintage swing steps. Have fun and develop your dancing week on week, All welcome.

**Saturday – Swing Dance Workshop**  
**S47** | **M** | £11.00/£10.20/£8.40 | **7 October 2.00 – 4.00pm**  
 We will be teaching you all the steps you need to hit the dance floor in true vintage style.

**EVIE** **Saturday – Samba Dance Workshop**  
**S90** | £11.00/£10.20/£8.40 | **25 November 10.30 – 12.30pm**  
 This workshop will give you a taste of many different types of Samba. Samba Reggae, Samba Rio Carnival, Samba de Roda, Samba Iyexa and more. No previous dance experience is needed - just a sense of fun and adventure.

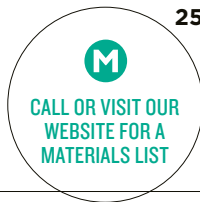
**CLAIRE PHIPPS** **Saturday – Burlesque Workshop**  
**S35** | **M** | £12.00/£11.20/£9.40 | **30 September 10.30 – 12.30pm**  
 Learn the art of posing, peeling and teasing in a supportive environment. Discover your confident and glamorous burlesque alter-ego. This workshop is fully clothed - we will put more on before we take it off.

**NEW** **Saturday – Dirty Dancing**  
**S45** | **M** | £12.00/£11.20/£9.40 | **7 October 10.30 – 12.30pm**  
 Learn the iconic moves from the best dance film EVER made. No partner needed, just plenty of enthusiasm to have the time of your life.

**Saturday – 20's Charleston for Beginners Workshop**  
**S72** | **M** | £12.00/£11.20/£9.40 | **11 November 10.30 – 12.30pm**  
 Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

**CHRISTINE POWER** **Circle Dancing**  
**D11** | £49.50/£45.90/£37.80 | **Monday 1.30 – 3.00pm** | starts **11 Sep** | 6wks  
**D12** | £49.50/£45.90/£37.80 | **Monday 1.30 – 3.00pm** | starts **30 Oct** | 6wks  
 In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome. Two six week courses.

# MUSIC, DANCE & DRAMA CONTINUED



**CHRISTINE POWER** **Line Dancing Improvers**  
 CONTINUED **D13** | £33.00/£30.60/£25.20 | **Monday 10.30 – 11.30pm** | starts **11 Sep** | 6wks  
**D14** | £33.00/£30.60/£25.20 | **Monday 10.30 – 11.30pm** | starts **30 Oct** | 6wks  
 This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

**Line Dancing Intermediate**  
**D15** | £49.50/£45.90/£37.80 | **Thursday 10.30 – 12.00pm** | starts **14 Sep** | 6wks  
**D16** | £49.50/£45.90/£37.80 | **Thursday 10.30 – 12.00pm** | starts **2 Nov** | 6wks  
 For those who have attended a dance class of any style for more than one year. With a break for a drink and a chat. Two six week courses.

**Line Dancing Advanced**  
**D17** | £49.50/£45.90/£37.80 | **Wednesday 10.30 – 12.00pm** | starts **13 Sep** | 6wks  
**D18** | £49.50/£45.90/£37.80 | **Wednesday 10.30 – 12.00pm** | starts **1 Nov** | 6wks  
 For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two six week courses.

**Line Dancing Advanced Plus**  
**D19** | £66.00/£61.20/£50.40 | **Thursday 12.30 – 1.30pm** | starts **14 Sep** | 6wks  
 For enthusiastic dancers who have ideally attended the Advanced Line Dance Class. Learn long and complex dances with fast steps, quick turns or irregular rhythms. Contact the tutor if you wish to enrol but have not previously attended the advanced class.

**Saturday – Line Dancing Beginners Workshop**  
**S73** | **M** | £11.00/£10.20/£8.40 | **11 Nov 2.00 – 4.00pm**  
 Come and have a go at line dancing. An enjoyable, fun workshop, suitable for complete beginners. Line Dancing is exercise for the mind as well as the body. Open to all ages and fitness levels. Shoes without much grip are preferable (no trainers).

**EVE BUTCHERS** **Ballet Beginners Entry**  
**D20** | **M** | £66.00/£61.20/£50.40 | **Monday 6.00 – 7.00pm** | starts **11 Sep** | 12wks  
 A course for complete beginners. Learn a host of movements and steps in a relaxed atmosphere whilst focusing on developing alignment, posture and strength. Also suitable for those returning to ballet.

**MARK BRECKON** **Drama and Improvisation Part 1**  
**D21** | £66.00/£61.20/£50.40 | **Wednesday 7.00 – 9.00pm** | starts **13 Sep** | 6wks  
 With a playful approach we will develop your creative confidence and spontaneity. We will play theatre games and explore improvisation techniques to release the imagination. A supportive environment.

**Drama and Improvisation Part 2**  
**D22** | £66.00/£61.20/£50.40 | **Wednesday 7.00 – 9.00pm** | starts **1 Nov** | 6wks  
 This is a chance to build on your existing drama skills and explore acting and improvisation exercises. We look in depth at how to create imaginative scenes. A follow on from Part 1 or for those with some prior drama experience.

## FITNESS & EXERCISE

TIMETABLES  
FROM PAGE

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### LUCY EYRE **Gentle Pilates**

**F1** | **M** | £68.00/£63.00/£52.40 | **Monday 12.00 – 1.00pm** | starts **11 Sep** | 12wks  
This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class.

### **Pilates – Seated Exercise**

**F2** | **M** | £68.00/£63.00/£52.40 | **Tuesday 11.00 – 12.00pm** | starts **12 Sep** | 12wks  
A gentle way to exercise, using mainly seated activities to improve posture, balance and muscle tone. We use equipment such as bands and balls in an easy to follow format. Suitable for seniors and those working with injuries or returning to exercise.

### LARA THOMAS-NEL **Pilates - Mixed Ability**

**F3** | **M** | £68.00/£63.00/£52.40 | **Tuesday 5.45 – 6.45pm** | starts **12 Sep** | 12wks  
Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

### ZOE PITHER **Hatha Yoga**

**F4** | **M** | £66.00/£61.20/£50.40 | **Wednesday 5.30 – 6.30pm** | starts **13 Sep** | 12wks  
Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

### MEL SKINNER **Lunchtime Yoga**

**F5** | **M** | £66.00/£61.20/£50.40 | **Tuesday 1.00 – 2.00pm** | starts **12 Sep** | 12wks  
Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

### **Saturday – Yoga for Healthy Backs**

**S26** | **M** | £11.00/£10.20/£8.40 | **23 September 10.30 – 12.30pm**  
Most people will suffer from back ache at some point in their life. During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome.

### MORVEN **Saturday – Yoga for Complete Beginners**

**HAMILTON S7** | **M** | £16.50/£15.30/£12.60 | **9 September 1.00 – 4.00pm**  
Learn the basics of Hatha yoga poses, breathwork and relaxation. You will get a grounding in healthy alignment, how to move with the breath and how to use the tools of Hatha yoga to help achieve wellbeing on and off the mat. A good preparation for anyone contemplating regular classes. Open to everyone regardless of ability or fitness.

### **Saturday – Yoga for Healthy Sleep**

**S37** | **M** | £16.50/£15.30/£12.60 | **30 September 1.00 – 4.00pm**  
Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation and mindfulness and will learn simple yogic thought and method that can be practiced at home to reset your nervous system and focus your mind.

## FITNESS & EXERCISE CONTINUED

TERM DATES  
9 SEP – 9 DECHALF TERM  
23 – 27 OCT

### ANN SHELDON **Qi Gong**

**F6** | £66.00/£61.20/£50.40 | **Wednesday 1.00 – 2.00pm** | starts **13 Sep** | 12wks  
**F7** | £66.00/£61.20/£50.40 | **Thursday 6.15 – 7.15pm** | starts **14 Sep** | 12wks  
A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

### JEANIE BRICE **Keep Fit in Retirement**

**F8** | £33.00/£30.60/£25.20 | **Friday 11.00 – 12.00pm** | starts **15 Sep** | 6wks  
**F9** | £33.00/£30.60/£25.20 | **Friday 11.00 – 12.00pm** | starts **3 Nov** | 6wks  
For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two six week courses.

## LANGUAGES

*If you are new to a language please enrol on the Beginners Entry Level. For all other levels please ring the office on 0117 926 2987 to obtain the contact email for the tutor who can advise you which level would be most suitable for you. More information about structure of the courses are listed on our website.*

## FRENCH

### CATHERINE **French Beginners Entry**

**SFORZA L1** | £82.50/£76.50/£63.00 | **Tuesday 5.30 – 6.45pm** | starts **12 Sep** | 12wks

### AURELIA MOURIES **French Beginners Plus**

**L2** | £82.50/£76.50/£63.00 | **Monday 5.30 – 6.45pm** | starts **11 Sep** | 12wks

### ARLETTE HODGKIN **French Conversation**

**L3** | £66.00/£61.20/£50.40 | **Wednesday 1.30 – 2.30pm** | starts **13 Sep** | 12wks

### **French Level 1**

**L4** | £99.00/£91.80/£75.60 | **Thursday 5.30 – 7.00pm** | starts **14 Sep** | 12wks

### **French Level 2**

**L5** | £132.00/£122.40/£100.80 | **Tuesday 10.30 – 12.30pm** | starts **12 Sep** | 12wks

### **French Level 3**

**L6** | £132.00/£122.40/£100.80 | **Wednesday 10.30 – 12.30pm** | starts **13 Sep** | 12wks

### **French Level 4**

**L7** | £132.00/£122.40/£100.80 | **Thursday 10.30 – 12.30pm** | starts **14 Sep** | 12wks

## ITALIAN

**DENISE VARGIU** **Italian Beginners Entry Level**  
**L8** | £99.00/£91.80/£75.60 | **Wednesday 8.15 – 9.45pm** | starts **13 Sep** | 12wks

**DAVIDE ARIASSO** **Italian Beginners Plus**  
**L9** | £82.50/£76.50/£63.00 | **Monday 8.30 – 9.45pm** | starts **11 Sep** | 12wks

**Italian Level 1**  
**L10** | £99.00/£91.80/£75.60 | **Wednesday 5.00 – 6.30pm** | starts **13 Sep** | 12wks

**Italian Level 2**  
**L11** | £82.50/£76.50/£63.00 | **Monday 7.00 – 8.15pm** | starts **11 Sep** | 12wks

**Italian Level 3**  
**L12** | £82.50/£76.50/£63.00 | **Wednesday 6.45 – 8.00pm** | starts **13 Sep** | 12wks

## SPANISH

**GORKA DIAZ** **Spanish Beginners Entry Level**  
**L13** | £99.00/£91.80/£75.60 | **Tuesday 7.45 – 9.15pm** | starts **12 Sep** | 12wks  
**L14** | £99.00/£91.80/£75.60 | **Wednesday 6.00 – 7.30pm** | starts **13 Sep** | 12wks  
**L15** | £99.00/£91.80/£75.60 | **Thursday 7.45 – 9.15pm** | starts **14 Sep** | 12wks

**Spanish Beginners Plus**  
**L16** | £99.00/£91.80/£75.60 | **Monday 7.45 – 9.15pm** | starts **11 Sep** | 12wks  
**L17** | £99.00/£91.80/£75.60 | **Tuesday 6.00 – 7.30pm** | starts **12 Sep** | 12wks

**Spanish Level 1**  
**L18** | £99.00/£91.80/£75.60 | **Wednesday 7.45 – 9.15pm** | starts **13 Sep** | 12wks

**Spanish Level 2**  
**L19** | £99.00/£91.80/£75.60 | **Monday 6.00 – 7.30pm** | starts **11 Sep** | 12wks

**LIDIA MOREJUDO SALOR** **Spanish Level 1**  
**L20** | £99.00/£91.80/£75.60 | **Tuesday 6.00 – 7.30pm** | starts **12 Sep** | 12wks

## GERMAN

**RITA HANKS** **German Beginners Entry Level**  
**L21** | 99.00/£91.80/£75.60 | **Monday 7.45 – 9.15pm** | starts **11 Sep** | 12wks

**German Beginners Plus Level**  
**L22** | £132.00/£122.40/£100.80 | **Wednesday 8.00 – 9.30pm** | starts **13 Sep** | 12wks

**MARTINA MACKINTOSH** **German Level 1**  
**L23** | £99.00/£91.80/£75.60 | **Thursday 7.30 – 9.00pm** | starts **14 Sep** | 12wks

**German Level 2**  
**L24** | £99.00/£91.80/£75.60 | **Thursday 5.45 – 7.15pm** | starts **14 Sep** | 12wks

ENROLMENT  
INFORMATION  
ON PAGE

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## WELLBEING

**BEN GRASSBY** **NLP: A Foundation Course**  
**G1** | £66.00/£61.20/£50.40 | **Tuesday 5.30 – 7.30pm** | starts **12 Sep** | 6wks  
 Each week we will introduce and experience a new technique from the field of neuro linguistic programming. Learn to communicate better, free yourself from fears, increase your confidence, change problem behaviours, feel happier, build better relationships and make better decisions. A six week course.

**Saturday – NLP: A Day of Discovery**  
**S69** | £27.50/£25.50/£21.00 | **11 November 10.00 – 4.00pm**  
 This exciting workshop will introduce you to NLP and show you the transformation it can make on your life, health, relationships, dreams and work. Learn how to apply simple, powerful and fun techniques to achieve what you want in life and remove old fears. No prior knowledge required.

**JENNIFER MACKERRAS** **Introduction to Alexander Technique**  
**G2** | £49.50/£45.90/£37.80 | **Tuesday 6.00 – 7.30pm** | starts **31 Oct** | 6wks  
 Are you hemmed in by habit or plagued by aches and pains? In this six week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do.

**Saturday – Alexander Technique Workshop**  
**S20** | £27.50/£25.50/£21.00 | **23 September 10.00 – 4.00pm**  
 The Alexander Technique is a popular method for tackling self-development. We'll explore some of the basic ideas of the Technique in a fun, practical and interactive way. Come and see if changing the way you think can improve the way you move.

**KATE JORDAN** **Saturday – Hypnotherapy for Happiness**  
**S78** | £27.50/£25.50/£21.00 | **18 November 10.00 – 4.00pm**  
 Want more happiness in your life? Hypnotherapy can help. Come and explore what happiness means for you, learn how to deal more effectively with stress, set some personal goals, then relax with some hypnotherapy.

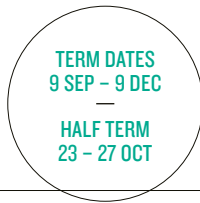
**JACKIE HAWKEN** **Saturday – Mindfulness, Compassion, Insight and Wisdom**  
**S51** | £27.50/£25.50/£21.00 | **21 October 10.00 – 4.00pm**  
 Mindfulness is a capacity of the mind to be aware of the present in a non-judgemental way. It helps us to take better care of ourselves, life and access inner resources to cope with stress. There will be practical exercises to help develop this innate ability.

**Saturday – Coaching for Self Esteem**  
**S76** | £27.50/£25.50/£21.00 | **18 November 10.00 – 4.00pm**  
 Guided by an experienced Life Coach, participants will look at ways to increase their self esteem, take personal responsibility and assess where they are with their lives. Be prepared to set some goals and make positive changes.

**KAY BAXTER** **Saturday – Drawing Close to Ourselves – Meditation Practice**  
**S39** | £27.50/£25.50/£21.00 | **7 October 10.00 – 4.00pm**  
 We will look at how increasing awareness and acceptance of oneself, towards knowing oneself better, can assist with managing ones daily life with greater sensitivity, ease and increased well being.



## WELLBEING CONTINUED



### MEL SKINNER **Saturday – Yoga Nidra**

**S64** | £11.00/£10.20/£8.40 | **23 September** 2.00 – 4.00pm

Discover the practice of Yoga Nidra, a guided meditation practice. Combining Yoga Nidra with simple breathing techniques can help you begin to discover a sense of true letting go, resulting in a sense of deep peace and ease.

### JOHN SMITH **Herbal Medicine: Body, Mind & Spirit**

**G3** | £66.00/£61.20/£50.40 | **Thursday** 7.45 – 9.45pm | starts **2 Nov** | 6wks

Discovering foods, herbs and other natural approaches to support physical, mental and emotional well-being. In this six week course we will be drawing from the healing traditions of Europe, North America, China, India and The Middle East.

#### **Saturday – Chinese Herbal Rejuvenation**

**S66** | £27.50/£25.50/£21.00 | **11 November** 10.00 – 4.00pm

Health maintenance from a Chinese perspective. Focusing on Longevity and Rejuvenation. Topics to include: 6 Causes of disease, Chinese Food Therapy, Classes of herbs and 5 Elements.

#### **Saturday – Barefoot Doctor Healing Techniques**

**S74** | £27.50/£25.50/£21.00 | **18 November** 10.00 – 4.00pm

Introducing several approaches to natural healing techniques used by the traditional barefoot doctors of China, India and Japan. Including herbal first aid.

#### **Saturday – Eastern Aromatherapy**

**S102** | £27.50/£25.50/£21.00 | **9 December** 10.00 – 4.00pm

Explore how eastern 'attars' are used to promote the health of mind, body and spirit. A theoretical approach to balancing body, mind and spirit. An opportunity to try and experience natural eastern perfume essences.

### RAPHAEL NEU **Saturday – An Introduction to Homeopathy**

**NEW S34** | £31.50/£9.50/£25.00 | **30 September** 10.00 – 4.00pm

For those who would like to understand the basic ideas forming the foundation of classical homeopathy, alongside guidance in the practical use of homeopathic remedies. This workshop is not related to conventional first-aid courses.

## LIFE AND LEISURE

### TONY SMITH **Saturday – Introduction to Starting your Own Business**

**S55** | **M** | £32.25/£30.05/£25.10 | **21 October** 10.00 – 4.30pm

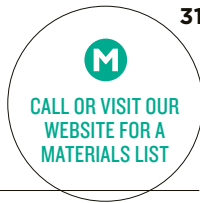
An enjoyable workshop looking at the demands of running your own business. Discover if your business idea is viable. Learn how to produce a business plan, taking into account sales, marketing, operational and financial control. There will be time for confidential 1:1s with this experienced business advisor.

### MARIA LUISA **Saturday – Marketing for your Small Business**

**LATORRE S13** | **M** | £27.50/£25.50/£21.00 | **16 September** 10.00 – 4.00pm

This workshop will focus on the early steps that need to be taken to support a small business. Analysing the target market, examining the product or service, researching the competition, evaluating the brand and the marketing channels and finally creating a marketing plan.

## LIFE AND LEISURE CONTINUED



### LISA MALYON **Saturday – An Introduction to Social Media for Business**

**S56** | **M** | £27.50/£25.50/£21.00 | **4 November** 10.00 – 4.00pm

Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

### ALISON WILDING **Saturday – How to Buy and Sell on eBay**

**S44** | **M** | £32.25/£30.05/£25.10 | **7 October** 10.00 – 4.30pm

Learn the tips of the eBay trade in this fun, practical workshop. The course is designed for people wanting to learn about eBay for personal use and you will need to bring a laptop or tablet with you.

#### **Saturday – How to Clear your Clutter**

**S103** | **M** | £27.50/£25.50/£21.00 | **9 December** 10.00 – 4.00pm

Clutter is something we all attract during our lives, and some of us accumulate considerably more of it than others! If you feel overwhelmed by the clutter in your life and are looking for change then this day is for you.

### DEM JARDEL **Saturday – Cryptic Crosswords: How to Solve Them**

**S8** | £16.50/£15.30/£12.60 | **9 September** 1.00 – 4.00pm

**S46** | £16.50/£15.30/£12.60 | **7 October** 1.00 – 4.00pm

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

### IAN REDFEARN **Wine Tasting: European Classics**

**M1** | **M** | £85.50/£81.90/£73.80 | **Tuesday** 7.45 – 9.15pm | starts **12 Sep** | 6wks

Get to grips with the wines of Bordeaux, Burgundy, Italy and Spain, amongst others, by tasting six examples of a classic wine-producing region each week. A six week course.

#### **Wine Tasting: The New World**

**M2** | **M** | £85.50/£81.90/£73.80 | **Tuesday** 7.45 – 9.15pm | starts **31 Oct** | 6wks

Investigate what makes the wines of Australia, New Zealand, South Africa and the Americas unique by tasting and evaluating six wines from a different country each week. A six week course.

## WEEKDAY TIMETABLES

## MONDAY

	TIME	PAGE
<b>A11</b> Art and the First World War	10.00 - 12.00	4
<b>A20</b> Learn to Draw	10.00 - 12.30	5
<b>A21</b> Learn to Draw	10.00 - 12.30	5
<b>P1</b> Pottery Day Studio	10.00 - 4.15	17
<b>P2</b> Pottery Day Studio	10.00 - 4.15	17
<b>D13</b> Line Dancing Improvers	10.30 - 11.30	25
<b>D14</b> Line Dancing Improvers	10.30 - 11.30	25
<b>A13</b> Acrylic Painting	10.30 - 12.30	4
<b>F1</b> Gentle Pilates	12.00 - 1.00	26
<b>D11</b> Circle Dancing	1.30 - 3.00	24
<b>D12</b> Circle Dancing	1.30 - 3.00	24
<b>A27</b> Painting in Watercolour	1.30 - 4.00	5
<b>A28</b> Painting in Watercolour	1.30 - 4.00	5
<b>A2</b> Drawing/Painting from Life	2.00 - 4.30	3
<b>A3</b> Drawing/Painting from Life	2.00 - 4.30	3
<b>L2</b> French Beginners Plus	5.30 - 6.45	27
<b>A1</b> I Wish I Could Draw	5.30 - 7.30	3
<b>A4</b> Life Drawing: Basic Skills	5.30 - 7.30	3
<b>C5</b> Silversmithing Techniques	5.30 - 7.30	14
<b>C13</b> Dressmaking	5.30 - 7.30	15
<b>W3</b> Introduction to Creative Writing	5.30 - 7.30	19
<b>D6</b> Finding your Voice	6.00 - 7.00	23
<b>D20</b> Ballet for Beginners	6.00 - 7.00	25
<b>L19</b> Spanish Level 2	6.00 - 7.30	28
<b>P8</b> Pottery Improvers	6.00 - 9.00	18
<b>L11</b> Italian Level 2	7.00 - 8.15	28
<b>D7</b> Enhancing your Voice	7.15 - 8.45	23
<b>L16</b> Spanish Beginners Plus	7.45 - 9.15	28
<b>L21</b> German Beginners Entry Level	7.45 - 9.15	28
<b>A10</b> Life Drawing: Mixed Ability	7.45 - 9.45	4
<b>C6</b> Silversmithing Techniques	7.45 - 9.45	14
<b>C14</b> Dressmaking	7.45 - 9.45	15
<b>L9</b> Italian Beginners Plus	8.30 - 9.45	28

## TUESDAY

	TIME	PAGE
<b>P3</b> Pottery Day Studio Tuesday	10.00 - 4.00	17
<b>P4</b> Pottery Day Studio Tuesday	10.00 - 4.00	17
<b>L5</b> French Level 2	10.30 - 12.30	27

## TUESDAY

CONTINUED	TIME	PAGE
<b>W1</b> Creative Writing for All	10.30 - 12.30	19
<b>A47</b> Darkroom Discovery Course	10.30 - 1.00	9
<b>F2</b> Pilates - Seated Exercise	11.00 - 12.00	26
<b>F5</b> Lunchtime Yoga	1.00 - 2.00	26
<b>A17</b> Exploring Drawing	1.30 - 3.30	4
<b>C15</b> Dressmaking	2.00 - 4.00	15
<b>W2</b> Life Writing Weekly	2.00 - 4.00	19
<b>A5</b> Painting in Oils & Acrylics	4.00 - 6.00	3
<b>L1</b> French Beginners Entry	5.30 - 6.45	27
<b>A37</b> Etching and Drypoint	5.30 - 7.30	7
<b>C16</b> Dressmaking	5.30 - 7.30	15
<b>G1</b> (NLP): A Foundation Course	5.30 - 7.30	29
<b>F3</b> Pilates - Mixed Ability	5.45 - 6.45	26
<b>G2</b> Intro to Alexander Technique	6.00 - 7.30	29
<b>L17</b> Spanish Beginners Plus	6.00 - 7.30	28
<b>L20</b> Spanish Level 1	6.00 - 7.30	28
<b>A6</b> Painting in Oils & Acrylics	6.15 - 8.15	3
<b>P5</b> Pottery Multi-level	6.30 - 9.30	17
<b>C8</b> Knitting and Crochet	7.00 - 9.00	14
<b>C9</b> Knitting and Crochet	7.00 - 9.00	14
<b>L13</b> Spanish Beginners Entry	7.45 - 9.15	28
<b>M1</b> Wine Tasting: European Classics	7.45 - 9.15	31
<b>M2</b> Wine Tasting: The New World	7.45 - 9.15	31
<b>C17</b> Dressmaking	7.45 - 9.45	15
<b>A41</b> Creative Fabric Printing	7.45 - 9.45	8
<b>W6</b> Scriptwriting	7.45 - 9.45	22

## WEDNESDAY

	TIME	PAGE
<b>A24</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>A25</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>D17</b> Line Dancing Advanced	10.30 - 12.00	25
<b>D18</b> Line Dancing Advanced	10.30 - 12.00	25
<b>L6</b> French Level 3	10.30 - 12.30	27
<b>A14</b> Experimental Art	10.30 - 12.45	4
<b>P7</b> Pottery Beginners Extended	10.30 - 1.00	17
<b>F6</b> Qi Gong	1.00 - 2.00	27
<b>L3</b> French Conversation	1.30 - 2.30	27
<b>A39</b> Lino Printing	2.00 - 4.00	8

## WEEKDAY TIMETABLES

## WEDNESDAY

CONTINUED	TIME	PAGE
<b>A8</b> Portraiture	2.00 - 4.30	3
<b>A9</b> Portraiture	2.00 - 4.30	3
<b>D4</b> Guitar Extended	2.30 - 4.30	22
<b>D5</b> Guitar Extended	2.30 - 4.30	22
<b>L10</b> Italian Level 1	5.00 - 6.30	28
<b>D1</b> Guitar Beginners	5.30 - 6.30	22
<b>F4</b> Hatha Yoga	5.30 - 6.30	26
<b>A7</b> Painting in Oils & Acrylics	5.30 - 7.30	3
<b>A40</b> Lino Printing	5.30 - 7.30	8
<b>C18</b> Dressmaking	5.30 - 7.30	15
<b>P9</b> Pottery Improvers	5.30 - 7.30	18
<b>W5</b> Write a Novel that Sells	5.30 - 7.30	19
<b>L14</b> Spanish Beginners Entry	6.00 - 7.30	28
<b>A46</b> Intro to B&W Film Photography	6.30 - 9.00	9
<b>L12</b> Italian Level 3	6.45 - 8.00	28
<b>D21</b> Drama & Improvisation Beg.	7.00 - 9.00	25
<b>D22</b> Drama & Improvisation Cont.	7.00 - 9.00	25
<b>D10</b> Swing Dance	7.30 - 9.00	24
<b>L18</b> Spanish Level 1	7.45 - 9.15	28
<b>A19</b> Oil Painting for Beginners	7.45 - 9.45	5
<b>C7</b> Silversmithing Techniques	7.45 - 9.45	14
<b>A30</b> Watercolour for Beginners	7.45 - 9.45	6
<b>C19</b> Dressmaking	7.45 - 9.45	15
<b>P6</b> Pottery Beginners	7.45 - 9.45	17
<b>L22</b> German Beginners Plus Level	8.00 - 9.30	28
<b>L8</b> Italian Beginners Entry Level	8.15 - 9.45	28

## THURSDAY

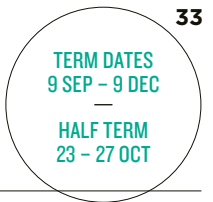
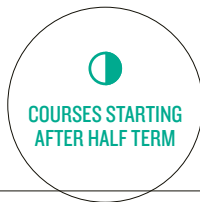
	TIME	PAGE
<b>A22</b> Botanical Painting	10.00 - 1.00	5
<b>A23</b> Botanical Painting	10.00 - 1.00	5
<b>A43</b> Digital Camera: Beginners	10.00 - 1.00	9
<b>A45</b> Digital Camera: Improvers	10.00 - 1.00	9
<b>A48</b> Hand Made Photography	10.00 - 1.00	11
<b>D15</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>D16</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>C3</b> Woodcarving Course	10.30 - 12.30	13
<b>C4</b> Woodcarving Course	10.30 - 12.30	13
<b>L7</b> French Level 4	10.30 - 12.30	27

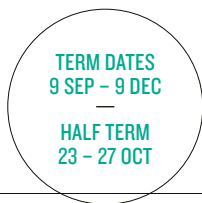
## THURSDAY

CONTINUED	TIME	PAGE
<b>A31</b> The Versatility of Watercolour	10.30 - 12.45	6
<b>D19</b> Line Dancing Advanced Plus	12.30 - 1.30	25
<b>D8</b> Ukulele for Beginners	2.00 - 3.00	23
<b>D9</b> Ukulele for Improvers	2.00 - 3.00	23
<b>A32</b> Painting Projects: Multi-level	2.00 - 4.15	6
<b>A29</b> Sketching in Watercolour	2.00 - 5.00	5
<b>A26</b> Mediterranean Landscapes	2.00 - 5.00	5
<b>A12</b> Romanticism & European Painting	2.30 - 4.30	4
<b>D3</b> Guitar Improvers	5.30 - 6.30	22
<b>L4</b> French Level 1	5.30 - 7.00	27
<b>A15</b> Experimental Art	5.30 - 7.30	4
<b>A16</b> Experimental Art	5.30 - 7.30	4
<b>A44</b> Digital Camera: Beginners	5.30 - 7.30	9
<b>A42</b> Creative Printmaking	5.30 - 7.30	8
<b>C11</b> Sewing for Beginners	5.30 - 7.30	15
<b>P10</b> Pottery - Beginners	5.30 - 7.30	18
<b>P12</b> Intro to the Potter's Wheel	5.30 - 7.30	18
<b>L24</b> German Level 2	5.45 - 7.15	28
<b>A49</b> Photography Gum-bichromate	6.00 - 9.00	11
<b>F7</b> Qi Gong	6.15 - 7.15	27
<b>D2</b> Guitar Beginners Continued	6.45 - 7.45	22
<b>L23</b> German Level 1	7.30 - 9.00	28
<b>L15</b> Spanish Beginners Entry	7.45 - 9.15	28
<b>A33</b> Exploring Illustration Extended	7.45 - 9.45	6
<b>A34</b> Exploring Illustration/P.shop	7.45 - 9.45	7
<b>A36</b> Cartoons and Comics	7.45 - 9.45	7
<b>A35</b> Figure Drawing and Anatomy	7.45 - 9.45	7
<b>C12</b> Sewing for Beginners	7.45 - 9.45	15
<b>G3</b> Herbal Medicine	7.45 - 9.45	30
<b>P11</b> Pottery Improvers	7.45 - 9.45	18

## FRIDAY

	TIME	PAGE
<b>C1</b> Stained Glass	10.00 - 12.30	12
<b>C2</b> Stained Glass	10.00 - 12.30	12
<b>DD</b> Drop in and Draw	10.00 - 1.00	3
<b>F8</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>F9</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>C10</b> Sewing for Beginners	11.00 - 1.00	15





## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 9 SEPTEMBER PAGE

<b>S1</b>	Hardback Bookbinding	10.00 - 3.00	<b>16</b>
<b>S2</b>	Intro to Architectural Sketching	10.00 - 4.00	<b>8</b>
<b>S3</b>	An Introduction to Lomography	10.00 - 4.00	<b>11</b>
<b>S4</b>	Pottery Taster - Delicious Dishes	10.00 - 4.00	<b>17</b>
<b>S5</b>	Sewing for Beginners Workshop	10.00 - 4.00	<b>16</b>
<b>S6</b>	Silver Ring in a Day	10.00 - 4.00	<b>14</b>
<b>S7</b>	Yoga for Complete Beginners	10.00 - 4.00	<b>26</b>
<b>S8</b>	Cryptic Crosswords	1.00 - 4.00	<b>31</b>

### SATURDAY 16 SEPTEMBER PAGE

<b>S9</b>	Beginners Harmonica Workshop	10.00 - 4.00	<b>24</b>
<b>S10</b>	Berry Basket Workshop	10.00 - 4.00	<b>13</b>
<b>S11</b>	Figure Drawing and Anatomy	10.00 - 4.00	<b>7</b>
<b>S12</b>	Get Started in Creative Writing	10.00 - 4.00	<b>19</b>
<b>S13</b>	Marketing your Small Business	10.00 - 4.00	<b>30</b>
<b>S14</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S15</b>	Stained Glass Taster Day	10.00 - 4.00	<b>12</b>
<b>S16</b>	Surrealist Photography	10.00 - 4.00	<b>11</b>
<b>S17</b>	Think Pen and Ink	10.00 - 4.00	<b>6</b>

### SATURDAY 23 SEPTEMBER PAGE

<b>S18</b>	Hand tied Posy Workshop	10.00 - 12.30	<b>13</b>
<b>S19</b>	Acrylic Painting Workshop	10.00 - 4.00	<b>4</b>
<b>S20</b>	Alexander Technique Workshop	10.00 - 4.00	<b>29</b>
<b>S21</b>	Mosaic Workshop	10.00 - 4.00	<b>12</b>
<b>S22</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S23</b>	Salt Printing Photography	10.00 - 4.00	<b>11</b>
<b>S24</b>	Patchwork Quilted Cushion	10.00 - 4.00	<b>16</b>
<b>S25</b>	Writers Retreat	10.00 - 4.00	<b>22</b>
<b>S26</b>	Yoga for Healthy Backs	10.30 - 12.30	<b>26</b>
<b>S27</b>	Gathered Posy Workshop	1.30 - 4.00	<b>13</b>
<b>S28</b>	Yoga Nidra	2.00 - 4.00	<b>30</b>

### SATURDAY 30 SEPTEMBER PAGE

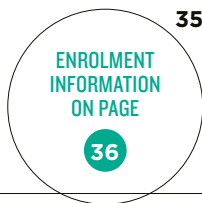
<b>S29</b>	Botanical Painting Workshop	10.00 - 4.00	<b>6</b>
<b>S30</b>	Figure Drawing and Anatomy	10.00 - 4.00	<b>7</b>
<b>S31</b>	Improve your Wheel Work	10.00 - 4.00	<b>18</b>
<b>S32</b>	Life Drawing Day	10.00 - 4.00	<b>3</b>
<b>S33</b>	Sew a Bag in a Day	10.00 - 4.00	<b>15</b>
<b>S34</b>	Introduction to Homeopathy	10.00 - 4.00	<b>30</b>
<b>S35</b>	Burlesque Workshop	10.30 - 12.30	<b>24</b>
<b>S36</b>	Vocal Improvisation Workshop	1.00 - 4.00	<b>23</b>
<b>S37</b>	Yoga for Healthy Sleep	1.00 - 4.00	<b>26</b>

### SATURDAY 7 OCTOBER PAGE

<b>S38</b>	B&W Film Developing	10.00 - 4.00	<b>9</b>
<b>S39</b>	Meditation Workshop	10.00 - 4.00	<b>29</b>
<b>S40</b>	Drawing for Complete Beginners	10.00 - 4.00	<b>8</b>
<b>S41</b>	Four Pots in a Day	10.00 - 4.00	<b>17</b>
<b>S42</b>	Introduction to Lino Printing	10.00 - 4.00	<b>8</b>
<b>S43</b>	Life Writing and Memoir	10.00 - 4.00	<b>19</b>
<b>S44</b>	How to Buy and Sell on eBay	10.00 - 4.30	<b>31</b>
<b>S45</b>	Dirty Dancing	10.30 - 12.30	<b>24</b>
<b>S46</b>	Cryptic Crosswords	1.00 - 4.00	<b>31</b>
<b>S47</b>	Swing Dance Workshop	2.00 - 4.00	<b>24</b>

### SATURDAY 21 OCTOBER PAGE

<b>S48</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S49</b>	Have a go Darkroom Taster	10.00 - 4.00	<b>11</b>
<b>S50</b>	Landscapes in Watercolour	10.00 - 4.00	<b>6</b>
<b>S51</b>	Mindfulness Workshop	10.00 - 4.00	<b>29</b>
<b>S52</b>	Digital Camera Workshop	10.00 - 4.00	<b>9</b>
<b>S53</b>	Watercolour for Beginners	10.00 - 4.00	<b>6</b>
<b>S54</b>	Willow Reindeer Sculpture	10.00 - 4.00	<b>13</b>
<b>S55</b>	Starting your Own Business	10.00 - 4.30	<b>30</b>



## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 4 NOVEMBER PAGE

<b>S56</b>	Social Media for Business	10.00 - 4.00	<b>31</b>
<b>S57</b>	Introduction to Cartooning	10.00 - 4.00	<b>7</b>
<b>S58</b>	Knitting and Crochet Workshop	10.00 - 4.00	<b>14</b>
<b>S59</b>	Pottery Catch up Day	10.00 - 4.00	<b>18</b>
<b>S60</b>	Sewing Surgery	10.00 - 4.00	<b>15</b>
<b>S61</b>	Spoon Carving Workshop	10.00 - 4.00	<b>13</b>
<b>S62</b>	Stained Glass Mirror Taster Day	10.00 - 4.00	<b>12</b>
<b>S63</b>	3 Alt Photographic Processes	10.00 - 4.00	<b>12</b>
<b>S64</b>	Ukulele for Improvers - Plus	10.00 - 4.00	<b>23</b>

### SATURDAY 11 NOVEMBER PAGE

<b>S65</b>	Black-and-White Film Printing	10.00 - 4.00	<b>9</b>
<b>S66</b>	Chinese Herbal Rejuvenation	10.00 - 4.00	<b>30</b>
<b>S67</b>	Creative Non Fiction	10.00 - 4.00	<b>19</b>
<b>S68</b>	Drawing for Improvers	10.00 - 4.00	<b>8</b>
<b>S69</b>	NLP - A Day of Discovery	10.00 - 4.00	<b>29</b>
<b>S70</b>	Shibori Workshop	10.00 - 4.00	<b>14</b>
<b>S71</b>	Silver Pendant in a Day	10.00 - 4.00	<b>14</b>
<b>S72</b>	20s Charleston Workshop	10.30 - 12.30	<b>24</b>
<b>S73</b>	Line Dancing Beginners	2.00 - 4.00	<b>25</b>

### SATURDAY 18 NOVEMBER PAGE

<b>S74</b>	Barefoot Doctor	10.00 - 4.00	<b>30</b>
<b>S75</b>	Calligraphy Workshop	10.00 - 4.00	<b>16</b>
<b>S76</b>	Coaching for Self Esteem	10.00 - 4.00	<b>29</b>
<b>S77</b>	Cyanotype Printing Workshop	10.00 - 4.00	<b>12</b>
<b>S78</b>	Hypnotherapy for Happiness	10.00 - 4.00	<b>29</b>
<b>S79</b>	Letter Cutting Wood Workshop	10.00 - 4.00	<b>13</b>
<b>S80</b>	Natural DIY Spa Day	10.00 - 4.00	<b>12</b>
<b>S81</b>	Oil Painting Workshop	10.00 - 4.00	<b>5</b>
<b>S82</b>	Songwriting Day Workshop	10.00 - 4.00	<b>23</b>

### SATURDAY 25 NOVEMBER PAGE

<b>S83</b>	Crochet Squares & Blankets	10.00 - 4.00	<b>14</b>
<b>S84</b>	Illustrating Bristol	10.00 - 4.00	<b>8</b>
<b>S85</b>	Photoshop and Lightroom	10.00 - 4.00	<b>9</b>
<b>S86</b>	Make a Willow Basket	10.00 - 4.00	<b>13</b>
<b>S87</b>	Mosaic Workshop	10.00 - 4.00	<b>12</b>
<b>S88</b>	Handmade Lingerie	10.00 - 4.00	<b>16</b>
<b>S89</b>	Portraiture Workshop	10.00 - 4.00	<b>3</b>
<b>S90</b>	Samba Dance Workshop	10.30 - 12.30	<b>24</b>
<b>S91</b>	Traditional Folk Music on Guitar	1.00 - 4.00	<b>23</b>

### SATURDAY 2 DECEMBER PAGE

<b>S92</b>	Wild Wreath Workshop	10.00 - 12.30	<b>14</b>
<b>S93</b>	Charcoal & Pastels Workshop	10.00 - 4.00	<b>4</b>
<b>S94</b>	Christmas Harmonica Workshop	10.00 - 4.00	<b>24</b>
<b>S95</b>	Interior Design Workshop	10.00 - 4.00	<b>12</b>
<b>S96</b>	Natural Dye Workshop	10.00 - 4.00	<b>15</b>
<b>S97</b>	Photographic Printing on Objects	10.00 - 4.00	<b>11</b>
<b>S98</b>	Write a Picture Book	10.00 - 4.00	<b>22</b>
<b>S99</b>	Wild Wreath Workshop	1.30 - 4.00	<b>14</b>

### SATURDAY 9 DECEMBER PAGE

<b>S100</b>	Stitchless Small Leather Goods	10.00 - 1.00	<b>16</b>
<b>S101</b>	Illustrative Life Drawing	10.00 - 1.00	<b>7</b>
<b>S102</b>	Eastern Aromatherapy	10.00 - 4.00	<b>30</b>
<b>S103</b>	How to Clear your Clutter	10.00 - 4.00	<b>31</b>
<b>S104</b>	Poetry From Nowhere	10.00 - 4.00	<b>19</b>
<b>S105</b>	Skies/Seascapes in Watercolour	10.00 - 4.00	<b>6</b>
<b>S106</b>	Christmas Ukulele Workshop	1.00 - 4.00	<b>24</b>
<b>S107</b>	Indigo Dye Workshop	1.30 - 4.30	<b>15</b>
<b>S108</b>	Make your Own Leather Belt	1.30 - 4.30	<b>16</b>

## ENROLMENT INFORMATION

**We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly. For full terms and conditions please visit our website at [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)**

## HOW TO ENROL

To book a course or workshop call us on:

# 0117 926 2987

You can enrol:



**In person**



**By phone**



**By post**

Office opening hours (during term time):

**Monday – Thursday 9am – 9pm**  
**Friday – Saturday 9am – 5pm**

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BS1 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Friend of the Folk House and have a programme delivered to your door. For more details see page 38.

**Please note:** If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

## FEES

We are committed to keeping our course prices low. We do offer concession rates for anyone over 60 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.

## REFUNDS

In the event that we have to cancel a course, we aim to inform you 2 working days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.

## MATERIALS LIST

Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

## GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.

## CHANGES TO THE PROGRAMME

The Co-Operative reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.

## TERM DATES

9 September – 9 December.  
Half term break 23 – 27 October.

There are no classes during half term and all 12 week courses have a break during this period.



Like the look of the Folk House prospectus? In need of something similar?  
ANNA CLEARY · GRAPHIC DESIGN | email: [studio@annacleary.co.uk](mailto:studio@annacleary.co.uk)

# FRIENDS OF THE FOLK HOUSE

IF YOU'D LIKE TO JOIN YOU CAN  
EITHER FILL IN THE ENROLMENT  
FORM ON THE BACK PAGE OR CALL  
US ON 0117 926 2987

*The Bristol Folk House is a self-funded not-for-profit organisation. We rely heavily on the support from our friends. With your support we can continue to provide the community with a huge range of affordable courses and workshops, live music and events.*

Becoming a Friend is a great way of securing the future of the Folk House and allows you to enjoy all the benefits, some of which are listed below:



Printed/Digital Programme delivered to you 4 times a year before the general public



Monthly newsletters with news, events and offers



Early and quick enrolment a day before everyone else



Discount in local shops

Please visit the website for more information [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)

**20%**  
OFF

excluding existing offers

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[www.bristolfineart.co.uk](http://www.bristolfineart.co.uk)

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WORLD**

**20% off** (excluding existing offers)

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[www.stationeryworldonline.co.uk](http://www.stationeryworldonline.co.uk)

# ENROLMENT FORM

## AUTUMN TERM 2017

Please complete in BLOCK CAPITALS

If you would like to give a voluntary £1 contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.**

FIRST NAME ..... SURNAME .....

ADDRESS .....

..... POSTCODE .....

DAYTIME TELEPHONE .....

E-MAIL .....

Join our mailing list

We do not share you details with any 3rd parties. We will only contact you about courses and workshops.

Please tick the concessionary rate which applies to you:

60+ years     Income Support     Jobseeker's Allowance     ESA Allowance

The Benefit rate will only be given with current dated proof of one of the above.

CODE	COURSE NAME	DAY	TIME	FEE
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....

DATE PAID ..... TOTAL .....

Cash     Cheque     Card     Voucher

Voluntary donation

Before enrolling by post please contact us by phone to ensure there is space on your chosen course. Please make cheques payable to **BRISTOL FOLK HOUSE CO-OP LTD.**

## BECOME A FRIEND OF THE FOLK HOUSE

If you would like to become a Friend of the Folk House please complete this section. See page 38 for more details.

To join please complete this section of the form.

DATE PAID ..... Cash     Cheque     Card



# GET IN TOUCH



0117 926 2987



admin@bristolfolkhouse.co.uk  
www.bristolfolkhouse.co.uk



BRISTOL FOLK HOUSE  
CO-OPERATIVE LTD.

40A Park Street,  
Bristol BS1 5JG

## HOW TO BOOK

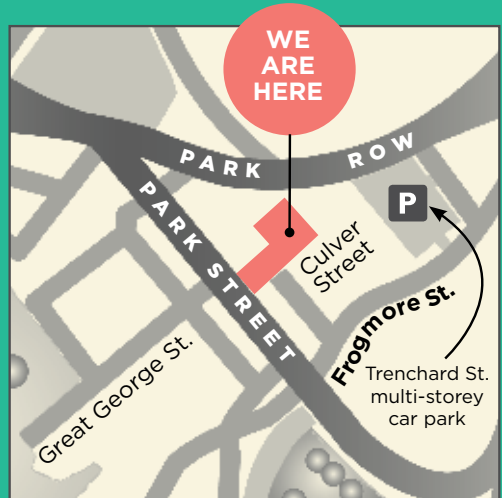
Please visit our website for full listings.  
Enrolment information is listed on page 36.

## HOW TO FIND US

Hidden behind the shops of Park Street.  
The entrance is situated up the alleyway  
next to Nomad Travel Shop. The rear  
entrance is in Culver Street.

## PLEASE NOTE

We do not have any parking facilities.  
We encourage you to arrive by bike, bus  
or on foot. Unfortunately we have no  
disabled access or facilities.



*Folk House  
Café & Bar*

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ETHICAL, DELICIOUS**

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