BRISTOL FOLKHOUSE LEARNING FOR PLEASURE

.

COURSES AND Workshops

SPRING TERM 2019

7 January – 7 April

Half term: 18 – 22 February

> ARTS CRAFTS PHOTOGRAPHY POTTERY WRITING MUSIC, DANCE AND DRAMA FITNESS AND EXERCISE LANGUAGES WELLBEING LIFE AND LEISURE

WIVES SERIES

BRISTOL FOLK HOUSE

SPRING TERM 2019

The Bristol Folk House is a self-funded not-for-profit over 18 adult education centre in the heart of Bristol. We provide a variety of part time day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.

PAGE NO

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings. For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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TERM DATES

Term dates: 7 January – 7 April Half term: 18 – 22 February

Please note: There are no classes during half term and all 12 week courses have a break during this period.

Visit our website to join our mailing list to be the first to know what date the next terms enrolments open.

KEY	
A1	Course code to cross reference with timetable
Ø	Please visit the website for a materials list.
£84.00/£75.60/£50.40 (example)	Course fees: Full price/65+yrs/Benefits











BILL GUILDING I Wish I Could Paint

A1 | ♥ | £69.00/£62.40/£53.40 | Wednesday 2.45 - 4.45pm | starts 9 Jan | 6wks A2 | ♥ | £69.00/£62.40/£53.40 | Wednesday 2.45 - 4.45pm | starts 27 Feb | 6wks This is a beginners course in representational painting in acrylic. We will start with a simple landscape and you'll be guided through the painting procedures step-by-step, layer-by-layer. On the way we'll look at colour relationships and learn colour-mixing.

I Wish I Could Draw

Life Drawing: Basic Skills

A4 | **⊗** | £94.00/£87.40/£78.40 | **Monday** *5.30 – 7.30pm* | *starts* **25 Feb** | 6wks In this six week guided course you will learn the basic skills of life drawing. This is aimed at beginners although other levels are also welcome.

Drawing and Painting from Life

A5 | ☑ | £117.50/£109.25/£98.00 | Tuesday 1.00 - 3.30pm | starts 8 Jan | 6wks Drawing and/or painting directly from a model, both nude and clothed. All drawing and painting media welcome. The model will stay in one pose each session, but 'fast workers' may change position. Painters should expect to be working fairly swiftly and boldly and are recommended to have some experience of drawing from life.

Painting in Oils and Acrylics

A6 | ♥ | £138.00/£124.80/£106.80 | Tuesday 4.00 - 6.00pm | starts 8 Jan | 12wks A7 | ♥ | £138.00/£124.80/£106.80 | Wednesday 5.15 - 7.15pm | starts 9 Jan | 12wks A course in the art of painting - from observation, sketches, photographs and the imagination - representational or otherwise. The course will be adjusted to the inclinations of the students. Mixed ability and ideal for those students with some experience.

Portraiture

A8 | ♥ | £111.25/£103.00/£91.75 | Monday 2.00 - 4.30pm | starts 7 Jan | 6wks A9 | ♥ | £111.25/£103.00/£91.75 | Monday 2.00 - 4.30pm | starts 25 Feb | 6wks Develop your skill at painting or drawing faces. You may use any medium. Some previous experience of drawing from observation is recommended.

Saturday - Painting from Life Workshop

S40 | 😧 | £39.15/£36.40/£32.65 | **9** February 10.00 - 4.00pm

Spend a day painting directly from a model. There'll be just one pose, with the model nude but in colourful surroundings. All paint-types welcome, pastels and crayons too, but for this one-off workshop it's best to use a medium you are familiar with. Some experience of drawing from life is recommended.

Saturday - Portraiture Workshop

S70 | 🕑 | £38.75/£36.00/£32.25 | 9 March 10.00 - 4.00pm

Spend a day drawing or painting the face from a live model, with plenty of guidance. You may use any medium you are familiar with.





ARTS CONTINUED

TERM DATES

7 JAN - 7 APRIL

HALF TERM

18 - 22 FEB

JENNY MIZEL Acrylic Painting

A15 | 😢 | £138.00/£124.80/£106.80 | Monday 10.30 – 12.30pm | starts 7 Jan | 12wks This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

Exploring Drawing

A16 | **⊗** | £69.00/£62.40/£53.40 | **Tuesday** *1.30 – 3.30pm* | *starts* **26 Feb** | 6wks Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this six week course explore line, tone and composition and how to combine them. All welcome.

Mixed Media, Experimental Art

A17 | ♥ | £155.25/£140.40/£120.15 | Wednesday 10.30 - 12.45pm | starts 9 Jan | 12wks
A18 | ♥ | £69.00/£62.40/£53.40 | Thursday 5.30 - 7.30pm | starts 10 Jan | 6wks
A19 | ♥ | £69.00/£62.40/£53.40 | Thursday 5.30 - 7.30pm | starts 28 Feb | 6wks
This course involves using various techniques and mediums such as inks, simple print making, collage, paint, charcoal etc. and the chance to use these to create your own work. You will be guided by an experienced tutor. Beginners & returners welcome.

Saturday - Acrylic Painting Workshop

S85 | £32.75/£30.00/£26.25 | **30** March 10.00 - 4.00pm

Experiment with acrylic paint, discover new techniques and your own creativity. Enjoy the colour, texture and tone of this versatile medium and gain confidence. All levels welcome and all materials provided.

Saturday - Charcoal and Pastels Workshop

S26 | £32.75/£30.00/£26.25 | **2** February 10.00 - 4.00pm This workshop will give you the opportunity to explore the drama.

This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and also those with some experience. All materials are provided.

MARILYN MILLARD Learn to Draw

A20 | 😧 | £93.75/£85.50/£74.25 | Monday 10.00 - 12.30pm | starts 7 Jan | 6wks A21 | 😢 | £93.75/£85.50/£74.25 | Monday 10.00 - 12.30pm | starts 25 Feb | 6wks An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

Painting in Watercolour

A22 | ♥ | £111.00/£101.10/£87.60 | Monday *1.30 - 4.30pm* | *starts* 7 Jan | 6wks A23 | ♥ | £111.00/£101.10/£87.60 | Monday *1.30 - 4.30pm* | *starts* 25 Feb | 6wks Enjoy painting easy step by step projects and develop both skills and confidence in using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.

Landscapes in Watercolour

A24 | 😧 | £111.00/£101.10/£87.60 | Wednesday 10.00 - 1.00pm | starts **9** Jan | 6wks **A25** | 😧 | £111.00/£101.10/£87.60 | Wednesday 10.00 - 1.00pm | starts **27** Feb | 6wks Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience. Two six week courses.

ARTS CONTINUED

NO FORMAL Life Drawing - Drop-in and Draw

TUITION PROVIDED DD | 😢 | £12.00 | Every Friday 10.00 - 1.00pm | Term time only

These sessions are for anyone who wants to draw in a relaxed environment. No formal tuition however, an organiser is present to organise the model and the room. Just come along with your materials and get drawing. First come first serve. No entry after 10am.

SARAH KELLY Art History: The 15th Century Early Netherlandish Painting

A10 | £69.00/£62.40/£53.40 | Monday 10.00 - 12.00pm | starts 7 Jan | 6wks Explore Jan van Eyck's exquisite, jewel-like paintings and Hieronymus Bosch's bizarre world of monsters. Both date from the 15th century: a time of extraordinary developments when oil painting first came into its own. We will discuss a pick of these Northern Renaissance artists in friendly, informal sessions. No prior knowledge required.

Art History: 16th Century Painting in Northern Europe

A11 | £69.00/£62.40/£53.40 | Thursday 2.00 - 4.00pm | starts 28 Feb | 6wks This is the century of Dürer's extraordinary woodcuts and engravings and Grünewald's tortured and ugly forms. It is also the time when Bruegel painted his lyrical snowy landscapes and Holbein created iconic images of Henry VIII.

WARREN SEALEY Oil Painting for Improvers

A12 (w) (±142.80/**±**129.60/**±**111.60 **| Tuesday** *6.45 – 8.45pm* **|** *starts* **8 Jan |** 12wks For painters who have some experience with oil painting or have already completed a beginners course. During this course we will extend experience of oil painting. Students pick their own subjects that interest them, either bring with them or pick from the teachers selection of various subjects. The tutor will offer demonstrations and one-2-one support with your oil painting practice.

Watercolour for Beginners

A13 (w) (£71.70/£65.10/£56.10 **(Wednesday** 7.45 - 9.45pm | starts **9** Jan | 6wks Get off on the right foot with this challenging medium by learning the traditional techniques, which can be applied to all subjects. With regular demonstrations, paintings are developed step-by-step, in an informal atmosphere.

Oil Painting for Beginners

A14 () | £73.80/£67.20/£58.20 | Wednesday 7.45 - 9.45pm | starts 27 Feb | 6wks A course for beginners and those with a little oil painting practice. We will look at the basics of oil painting including tonal values, colour mixing, painting procedures and some technical elements such as when to use oil mediums and lots more besides. Subjects can include still-life, landscape and portrait painting.

Saturday - Oil Painting Workshop

S20 | 😧 | £29.25/£26.50/£22.75 | **26** January 10.00 – 4.00pm We will be looking at the factors that make up a still-life painting like composition, colour, drawing and tone. Still-life is a great subject for beginners to get into oil painting. Step-by-step guidance will get you started on your painting journey.

GREG HARRIS Saturday - Exploration of Colour in Oils

S100 | £85.20/£79.20/£71.00 | **6-7** April 10.00 - 4.30pm

Receive an in depth exploration of colour harmony and how to achieve a variety of gestures. Focusing on painting portraits from photographs you will develop knowledge on how to apply oil paints in exciting and expressive ways. **Two day workshop**.



ARTS CONTINUED

ENBOLMENT

INFORMATION

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MARILYN MILLARD Coastal Seascapes and Skies in Watercolour

CONTINUED A26 | () | £111.00/£101.10/£87.60 | Thursday 2.00 – 5.00pm | starts 10 Jan | 6wks Enjoy painting inspiring 'step by step' projects. A great way to learn or expand your skills and confidence in handling watercolour. Suitable for all levels. A six week course.

Botanical Painting

A27 (iv) | £111.50/£101.60/£88.10 | **Thursday** 2.00 - 5.00pm | starts **28 Feb** | 6wks Enjoy painting beautiful flowers from observation. An inspiring course that gives step by step techniques in using watercolour. A six week course. All Levels welcome.

Sketching in Watercolour

A28 | 😧 | £111.00/£101.10/£87.60 | Thursday 10.00 – 1.00pm | starts 10 Jan | 6wks A29 | 😧 | £111.00/£101.10/£87.60 | Thursday 10.00 – 1.00pm | starts 28 Feb | 6wks Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step-by-step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance.

Saturday - Landscapes in Watercolour Workshop

S17 | **(2)** | £32.25/£29.50/£25.75 | **26** January *10.00 - 4.00pm* Ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

Saturday - Botanical Painting Workshop

S38 | M | £32.25/£29.50/£25.75 | 9 February 10.00 - 4.00pm

Spend the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

Saturday - Skies and Seascapes in Watercolour

S76 | 🕑 | £32.25/£29.50/£25.75 | 16 March 10.00 − 4.00pm

Enjoy a day painting an inspiring scene. A great way to learn and expand your skills/ confidence in the handling of watercolour. A step by step class, for all abilities.

MARTIN LOVELL The Versatility of Watercolour

A30 | **©** | £155.25/£140.40/£120.15 | **Thursday** *10.30 – 12.45pm* | *starts* **10 Jan** | 12wks Explore the medium of watercolour and discover its potential. This class is for those with some experience and will respond to the needs and interests of the individual.

Painting Projects: Multi-level

A31 | **№** | £155.25/£140.40/£120.15 | **Thursday** 2.00 - 4.15pm | starts **10 Jan** | 12wks Develop your confidence and your own approach when working with different media and processes. This class offers a shared starting point referencing artists, art movements and exhibitions to help inspire you.

SARAH GRICE Exploring Illustration

A32 1 1 £153.00/£139.80/£126.60 | Thursday 7.45 – 9.45pm | starts **10 Jan** | 12wks An introductory course into traditional and contemporary illustrative techniques and processes. We will explore areas such as character development, narrative and composition. No previous experience necessary. A welcoming and friendly tutor.

CHRIS HALLS Complete Figure Drawing and Anatomy

A33 (w) (£69.00/£62.40/£53.40 **| Thursday** *7.30* − *9.30pm* **|** *starts* **10 Jan |** 6wks For beginners, this six week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

JOHN REA Cartoons and Comics

A34 | **w** | £69.00/£62.40/£53.40 | **Thursday** 7.45 - 9.45pm | starts **10 Jan** | 6wks Learn how to draw cartoons and cartoon characters through a series of enjoyable practical exercises and a detailed study of cartooning techniques in a supportive environment. All abilities welcome.

Saturday – Introduction to Cartooning

S28 | **№** | £28.75/£26.00/£22.25 | **2 February** *10.00 – 4.00pm* Explore cartooning both as an art form and means of self expression. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language.

ROMA WIDGER Etching and Drypoint

A35 | **ⓒ** | £147.00/£133.80/£115.80 | **Tuesday** *5.30 − 7.30pm* | *starts* **8 Jan** | 12wks Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

Saturday - Drawing for Complete Beginners

S47 | £35.75/£33.00/£29.25 | 16 February 10.00 - 4.00pm

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.

Saturday - Drawing for Improvers

S82 | £34.75/£32.00/£28.25 | **23 March** 10.00 - 4.00pm

Extend your drawing skills and develop a transferable skill. In this one day workshop we will look to improve your technique, use new materials and enjoy fresh subjects. All materials provided, just turn up and enjoy. Everyone with some drawing experience welcome.

KERRY DAY Lino Printing

A36 | ♥ | £158.00/£144.80/£126.80 | Wednesday 2.00 - 4.00pm | starts 9 Jan | 12wks A37 | ♥ | £158.00/£144.80/£126.80 | Wednesday 5.30 - 7.30pm | starts 9 Jan | 12wks Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

Collograph Printing

A38 (v) £94.00/£87.40/£78.40 | **Tuesday** 3.00 – 5.00pm | starts **26 Feb** | 6wks An accessible and versatile print process using collaged textures as your printing block to create relief or etched prints. Come and enjoy the creative process of exploring printmaking and having fun with patterns and colours. ARTS CONTINUED





PHOTOGRAPHY CONTINUED

LEE Using Your Digital Camera: Improvers

 SPENCER-FLEET
 A42 | ♥ | £103.50/£93.60/£80.10 | Thursday 1.00 - 4.00pm | starts 28 Feb | 6wks

 CONTINUED
 If you have gained confidence and an understanding of the basic controls of your

 DSLR, Bridge or CSC camera, now you can improve your skills even more, and we'll look at advanced techniques to get the best photos.

Saturday – Using your Digital Camera Workshop

S31 | M | £30.75/£28.00/£24.25 | **2** February 10.00 - 4.00pm

S80 | M | £30.75/£28.00/£24.25 | **16** March 10.00 - 4.00pm

Get away from just using the auto button and take your photography to the next level. Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. Suitable for DSLR, Bridge and CSC.

WENDY LEOCQUE Saturday - Have a go Darkroom Taster

S27 | ♥ | £32.75/£30.00/£26.25 | 2 February 10.00 - 4.00pm
S88 | ♥ | £32.75/£30.00/£26.25 | 30 March 10.00 - 4.00pm
Learn how to use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this workshop.

TIM PEARSE Introduction to Black and White Film Photography

A43 (•) (£196.50/£180.00/£157.50 **| Wednesday** *6.30 - 9.00pm* **|** *starts* **9 Jan |** 12wks This practical course will introduce the beginner to traditional film photography. This course will help you learn the basics of printing then enhancing the prints using more advanced printing techniques. Bring your own camera, 35mm or 120 roll-film.

Saturday - Black-and-White Film Developing

S36 | 🕑 | £38.75/£36.00/£32.25 | 9 February 10.00 - 4.00pm

Shoot a black-and-white film in advance (Ilford HP5 Plus) and bring this along. In this workshop you will develop a black and white film, make negatives and contact sheet. No previous darkroom experience necessary.

Saturday - Black-and-White Film Printing

S83 | **№** | £38.75/£36.00/£32.25 | **23 March** *10.00 – 4.00pm* In this day you will print your own negatives. Learn how to make a basic black-andwhite print, and enhance the print using various techniques. Bring your own blackand-white negatives (35mm or 120).

NEW Saturday – Wet Plate Collodion Photography

S67 | 😧 | £48.75/£46.00/£42.25 | **9 March** 10.00 - 4.00pm Learn to make photographs using the beautiful wet plate collodion process. Join award winning photographer Tim Pearse to learn everything you need to know about how to make unique images on glass and aluminium, using this gorgeous historic process.

MARTIN EDWARDS Exploring Hand-Made Photography

A44 | £28.50/£118.60/£105.10 | **Thursday** *10.00 – 1.00pm* | *starts* **28 Feb** | 6wks A practical course for people with basic darkroom skills who want to engage with a range of experimental techniques, such as creative photograms, 'chemigrams', 'brush-on' developing, composite printing and print toning, and more. A balance of creative and structured working with time to develop your ideas and create a range of hand-made photographs.

FOR ALL 12 WEEK COURSES, THERE WILL BE NO CLASSES DURING HALF TERM



KERRY DAY Saturday – Introduction to Lino Printing CONTINUED S8 | ♥ | £38.75/£36.00/£32.25 | 19 January 10.00 – 4.00pm

Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

TERM DATES 7 JAN - 7 APRIL

HALF TERM

18 - 22 FEB

Saturday - Multi Block Lino Printing

S96 | 😧 | £77.50/£72.00/£64.50 | 6-7 April 10.00 - 4.00pm

Learn how to design, carve and print a multi block lino print in colour. You will have time to make something special. **This is a two day weekend workshop.**

JUSTYNA MEDON Botanical Patterns - Textile Design & Printmaking for Beginners

NEW A39 | ♥ | £84.00/£77.40/£68.40 | Thursday 5.30 - 7.30pm | starts 10 Jan | 6wks Develop the skills required to design for print and explore printmaking techniques. Experiment with colour, shapes and create your own unique designs. Develop your confidence in handling materials and equipment whilst creating images and developing them into surface decoration.

SOPHIE RAE Creative Printmaking

A40 (v) £79.00/£72.40/£63.40 **| Thursday** *5.30 – 7.30pm* **|** *starts* **28 Feb |** 6wks Get creative with printing techniques using stencils, rollers and specialised inks. The course will take you through how to complete a beautiful, detailed multi-layered print and give you time to experiment. For everyone, including beginners.

Saturday - Printing with Stencils Workshop

S65 | 🔞 | £33.75/£31.00/£27.25 | 2 March 10.00 - 4.00pm

Enjoy the magic of using stencils, learn how to mix vivid printing inks and apply them to create multi-layered monoprints. This workshop will allow you to play with the materials with satisfying results. Beginners welcome.

MIKE TERRET Saturday - Celtic Art: Introducing Knotwork

S14 | 🔞 | £17.25/£15.60/£13.35 | 19 January 1.30 − 4.30pm

A hands on introduction to the fascinating world of celtic art through the language of knots. How to unlock an entire vocabulary from a simple plait and how these marvelous patterns can then be used and what they might mean.

NEW Saturday - Celtic Art: Combining Patterns Mini Project S97 | (2) | £57.50/£52.00/£44.50 | 6-7 April 10.00 - 4.00pm

Delving into the intricate and alluring world of Celtic knots; learning how to combine these with another classic Celtic pattern; weaving borders and filling shapes to create a unique finished piece of work. **A two day workshop**.



LEE Using Your Digital Camera: Beginners

SPENCER-FLEET A41 () f103.50/£93.60/£80.10 | Thursday 1.00 - 4.00pm | starts 10 Jan | 6wks We will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively. Concentrate on how to take impressive photographs rather than how to edit them afterwards. Suitable for DSLR, Bridge and CSC cameras.



BRISTOL FOLK HOUSE



We have a purpose built wet-based photography facility which can be used by both members and non-members. We run courses and workshops throughout the year and the space is also available for private hire.

DARKROOM FACILITIES*

- Seven black and white enlargers 35mm/ medium/large format
- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

MEMBERSHIP

Becoming a member gives you greater flexibility and some great benefits.

12 Months - £40 6 Months - £30

SESSION FEES

£5 per hour for Members £7 per hour for Non-Members

BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email darkroom@bristolfolkhouse.co.uk

ROOM HIRE

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: darkroom@bristolfolkhouse.co.uk

OPENING HOURS (during term time)

Monday – Thursday 9am – 9pm Friday – Saturday 9am – 5pm

(Times may vary dependent on courses and workshops running).

PHOTOGRAPHY CONTINUED

ELLA BRYANT Saturday - Tactile Photography

S61 | M | £35.75/£33.00/£29.25 | 23 February 10.00 - 4.00pm Have you got some old photos lying around or do you have some new photographs that haven't come out the way you expected? Give them a new lease on life in this fun workshop. Physically manipulate and enhance photographs by burning, stitching, painting and collaging, blurring the lines between art and photography.

Saturday - Cyanotype Printing Workshop

S21 | M | £40.75/£38.00/£34.25 | 26 January 10.00 - 4.00pm Cyanotype is a historical photographic printing technique which creates Prussian Blue prints simply by using sunlight. In this fun day you will print your own photos, illustrations and collages, and learn how to carry on at home. No experience needed.

Saturday - Surrealist Photography

S95 | M | £46.75/£44.00/£40.25 | 6 April 10.00 - 4.00pm Drawing inspiration from the works of surrealist artists, participants will create their own hand printed surrealist photographs. Produce images by combining negatives of the body with unusual objects and explore Cyanotype and Van Dyke print processes.

MARTYN GRIMMER Photography Cyanotypes and Gum-bichromate Introduction

A45 | £133.50/£123.60/£110.10 | Thursday 6.00 - 9.00pm | starts 28 Feb | 6wks Learn the historic processes of gum bichromate and cyanotype printing. We will experiment with a range of activities and develop ideas and method to see where it takes your the image-making.

SOPHIE Saturday - In the Darkroom - Painting with Chemistry SHERWOOD S64 | M | £38.25/£35.50/£31.75 | 2 March 10.00 - 4.00pm

Learn how to make your own chemigrams in the Folk House darkroom. Previous darkroom experience is a bonus but not necessary, just an open mind ready to create. Bring along negatives to use and add another dimension to your images.

FAITH MORTON Saturday - Natural DIY Spa Day

54 | £42.25/£39.50/£35.75 | 12 January 10.00 - 4.00pm **S49** | £42.25/£39.50/£35.75 | **16 February** 10.00 - 4.00pm Learn how to make and take home a variety of natural beauty care products such as body scrub, bath bombs, face mask, lip balm, hand salve and face cream.

ANGELA MORRIS Saturday - Interior Design Workshop

S3 | M | £30.25/£27.50/£23.75 | 12 January 10.00 - 4.00pm S48 | M | £30.25/£27.50/£23.75 | 16 February 10.00 - 4.00pm This hands on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

JUSTYNA MEDON Saturday - Make a Lampshade in a Day

S71 | M | £38.75/£36.00/£32.25 | **9** March 10.00 - 4.00pm Students will develop ideas and learn the skills required to make their own design for print. Explore the print techniques and make it into a decorative lampshade to take home.

FOR ALL 12 WEEK COURSES. THERE WILL BE NO CLASSES DURING HALF TERM



CRAFTS CONTINUED

JEMIMA LUMLEY Saturday - Embroidery Flower Painting Workshop

S37 | (2) | £35.75/£33.00/£29.25 | **9 February** 10.00 - 4.00pm Using threads as your medium, this workshop will teach you how to paint with embroidery floss and cottons, capturing light and shade, shape and form. With just simple stitches you will be creating a beautiful flower picture on eco-dyed fabric.

JEN WALSH Saturday - Introduction to Macrame: Make a Plant Hanger

NEW S51 | () | £16.50/£15.40/£13.90 | 16 February 10.30 – 12.30 pm Learn the basics of macrame including knotting techniques and guidance on suitable materials to make your own plant pot hanger from start to finish. This lesson is aimed

at beginners and all materials are provided including a pot and a plant.

NEW Saturday - Macrame Wall Hanger

S54 | 🕅 | £14.50/£13.40/£11.90 | 16 February 1.30 - 3.30 pm

Learn the basics of macrame including suitable materials, knotting techniques and make your own decorative wall hanger. Learn how to build patterns using those techniques. This lesson is aimed at beginners and all materials are provided.

LESLEY SCARFE Stained Glass

C1 | 😧 | £106.25/£98.00/£86.75 | Friday 10.00 - 12.30pm | starts 11 Jan | 6wks C2 | 😧 | £106.25/£98.00/£86.75 | Friday 10.00 - 12.30pm | starts 1 March | 6wks These six week courses are for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

Saturday - Stained Glass Taster Day

S11 | 😧 | £43.75/£41.00/£37.25 | **19** January 10.00 - 4.00pm A chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All materials provided.

Saturday - Stained Glass Mirror Taster Day

S60 (w) (£43.75/£41.00/£37.25 **) 23 February** *10.00 – 4.00pm* Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

FRANKIE HUDSON Saturday - Mosaic Workshop

S90 | 🕥 | £43.75/£41.00/£37.25 | **30** March 10.00 - 4.00pm

A busy day introducing how to create a mosaic with a variety of alternatives to try out for yourselves. An opportunity to complete a small panel to take home. Cutting tools and all materials provided.

DANIEL BENDEL Woodcarving Course

C3 | £74.00/£67.40/£58.40 | Thursday 10.30 - 12.30pm | starts 10 Jan | 6wks C4 | £74.00/£67.40/£58.40 | Thursday 10.30 - 12.30pm | starts 28 Feb | 6wks For beginners or continuing students who want to make a small, simple shaped, sculptural carving. Come with an idea in mind and learn the carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools and materials provided. SPRING TERM 2019



CRAFTS CONTINUED

CONTINUED S84 | ♥ | £36.75/£34.00/£30.25 | 23 March 10.00 - 4.00pm A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step-by-step course using chisels, and gouges. Come with an idea for a small project for the day. JESSICA Saturday - Introduction to Enamelling MELVILLE-BROWN S29 | ♥ | £38.75/£36.00/£32.25 | 2 February 10.00 - 4.00pm You will learn how to enamel onto copper, using powdered enamels and liquid industrial enamels. You will work on a tile and a collection of jewellery exploring the scrafitto technique, and experimenting with a range of fluxes. SARAH EDWARDS Basket Weaving Course NEW C5 | ♥ | £99.00/£92.40/£83.40 | Thursday 7.30 - 9.30pm | starts 28 February | 6wks Learn how to create modern stylish vessels using ancient basket making techniques and a range of materials. Various styles will be taught. Learn how to make baskets to use at home.

DANIEL BENDEL Saturday - Letter Cutting Wood Workshop

Saturday – Morroco Inspired Coiled Raffia Weaving

S19 | **№** | £38.75/£36.00/£32.25 | **26 January** *10.00 - 4.00pm* Weave a colourful Moroccan inspired coiled basket, learn this mindful weaving technique that can be used to turn natural grasses and fibres into wonderfully useful vessels. We will use multi coloured raffia to learn various techniques and create core samples and then choose your favourite to create your basket.

Saturday - Willow Fox Sculpture Workshop

S62 () (£43.75/£41.00/£37.25 **) 23 February** *10.00 – 4.00pm* Discover the creative potential of willow, learn the basic techniques and then weave your own fox to take home. Ideal for beginners or improvers.

Saturday - March Hare Willow Sculpture Workshop

S89 | **⊗** | £43.75/£41.00/£37.25 | **30 March** *10.00 – 4.00pm* Create a wonderful Hare from locally sourced willow. Discover the creative potential of willow, and weave your own March Hare to take home.

KIM THOMSON Jewellery: Silversmithing Techniques

C6 | 1 £170.00/£156.80/£138.80 | Monday 5.30 - 7.30pm | starts 7 Jan | 12wks C7 | 2 £170.00/£156.80/£138.80 | Monday 7.45 - 9.45pm | starts 7 Jan | 12wks C8 | 2 £170.00/£156.80/£138.80 | Tuesday 7.45 - 9.45pm | starts 8 Jan | 12wks C9 | 2 £170.00/£156.80/£138.80 | Wednesday 7.45 - 9.45pm | starts 9 Jan | 12wks Learn how to file, drill, form, anneal, pattenat, texture, solder and polish metals such as copper and silver. In fact, everything you need to make your own jewellery. You will then work from your own designs with plenty of guidance from the tutor.

NEW Jewellery: Project Based Silversmithing

C21 () (£96.00/£89.40/£80.40 **| Tuesday** *3.00 – 5.00pm* **|** *starts* **8 Jan |** 6wks Create your own silver and mixed metal jewellery in only 6 weeks. You will have a choice of projects to work through including, rings, earrings, pendants and cufflinks. Each participant will be able to create at least 2 pieces of finished jewellery, in the style of their choice. Suitable for complete beginners. Students with past experience are welcome to work on their own projects, with tutor support.



CRAFTS CONTINUED

TERM DATES 7 JAN - 7 APRIL

HALF TERM

18 - 22 FEB

CRAFTS CONTINUED

KIM THOMSON Saturday - Silver Ring in a Day

CONTINUED S5 | M | £54.75/£52.00/£48.25 | 12 January 10.00 - 4.00pm

S92 | M | £54.75/£52.00/£48.25 | **30 March** 10.00 - 4.00pm Learn how to form metals into a ring band and add embellishments with textures. hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

SHIRLEY DOWNEY Knitting and Crochet

C10 | **M** | £69.00/£62.40/£53.40 | **Tuesday** 7.15 - 9.15pm | starts **8 January** | 6wks You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in this six week course. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

Saturday - Knitting and Crochet Workshop

S16 | M | £28.75/£26.00/£22.25 | 26 Janaury 10.00 - 4.00pm

This is open to beginner and intermediate level knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

Saturday - Crochet Squares & Blankets Workshop

S46 | M | £28.75/£26.00/£22.25 | **16 February** 10.00 - 4.00pm Learn how to make a variety of crochet squares - the basis of beautiful blankets and

throws. From the basic square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

RHYANNAN HALL Saturday - Indigo Dye Workshop

S63 | M | £27.25/£25.60/£23.35 | 2 March 10.00 - 1.00pm

Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The techniques for dyeing with Indigo is not like other natural dyes. This is an opportunity to get to grips with the basics of dyeing with beautiful indigo.

Saturday - Natural Dye Workshop

S69 | M | £43.75/£41.00/£37.25 | **9 March** 10.00 - 4.00pm

Spend the day exploring natural dyeing processes, using a mixture of plant-based dves and things you might find in your kitchen. A mixture of theory and practical experiments. Learn the tips and tricks of dyeing to take home.

Saturday - Shibori Workshop

S79 | 🖸 | £39.35/£37.50/£32.25 | 16 March 10.00 - 4.00pm

Using methods such a stitching, wrapping, pleating, folding and binding we resist the cloth against itself to create beautiful patterns with soft edges that are so characteristic of shibori. In this hands-on workshops students are encouraged to experiment, express themselves. Wabi Sabi.

MARGARET CRUMP Sewing for Beginners

C11 M ±153.00/£139.80/£121.80 Friday 11.00 - 1.00pm starts 11 Jan 12wks Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments.





C12 | M | £153.00/£139.80/£121.80 | Monday 5.30 - 7.30pm | starts 7 Jan | 12wks C13 | M | £153.00/£139.80/£121.80 | Monday 7.45 - 9.45pm | starts 7 Jan | 12wks C14 | M | £153.00/£139.80/£121.80 | Tuesday 2.00 - 4.00pm | starts 8 Jan | 12wks C15 | M | £153.00/£139.80/£121.80 | Tuesday 5.30 - 7.30pm | starts 8 Jan | 12wks C16 | M | £153.00/£139.80/£121.80 | Tuesday 7.45 - 9.45pm | starts 8 Jan | 12wks Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

Sewing for Beginners

C17 | **M** | £153.00/£139.80/£121.80 | **Thursday** 5.30 - 7.30pm | starts **10 Jan** | 12wks C18 | M | £153.00/£139.80/£121.80 | Thursday 7.45 - 9.45pm | starts 10 Jan | 12wks An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.

Saturday - Learn to Sew and Make a Bag in a Day

S58 | M | £28.75/£26.00/£22.25 | **23 February** 10.00 - 4.00pm

You'll get to grips with a sewing machine and then go on to make your own bag to take home. A great way to get you started with sewing and discover the joy of making and having fun with fabrics.

Saturday - Sewing Surgery

S91 | M | £28.75/£26.00/£22.25 | **30 March** 10.00 - 4.00pm

Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects.

LORRAINE JOSEPH Dressmaking

C19 | M | £153.00/£139.80/£121.80 | Wednesday 5.30 - 7.30pm | starts 9 Jan | 12wks **C20** | **M** | £153.00/£139.80/£121.80 | Wednesday 7.45 – 9.45pm | starts **9** Jan | 12wks Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

Saturday - Handmade Lingerie Workshop

S77 | M | £32.25/£29.50/£25.75 | 16 March 10.00 - 4.00pm

The aim during this one day workshop is to produce an item of lingerie, learning skills of cutting out, working with fine fabrics, sewing techniques and decorative finishes. Choices of lingerie are: Camisole and knickers, Bustier Set, Bias cut slip, Boxer Shorts. Students should have some experience and confidence using a sewing machine.

DAISY HAMID Saturday - Sewing for Beginners Workshop

S10 | M | £35.75/£33.00/£29.25 | **19** January 10.00 - 4.00pm

Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.



POTTERY CONTINUED

ENROLMENT

INFORMATION ON PAGE

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STEVE CARTER Pottery Day Studio

P1 | £244.15/£226.80/£203.20 | Monday 10.00 - 4.15pm | starts 7 Jan | 6wks P2 | £244.15/£226.80/£203.20 | Monday 10.00 - 4.15pm | starts 25 Feb | 6wks This is an opportunity for practised and aspiring makers to explore and develop their work in greater depth. Working through mainly self-directed projects with tutor guidance and teaching. There will also be short presentations and discussions around art and technology as required to feed into both individual and shared interests.

Saturday - Sprigged Jugs and Vases

S22 | £44.50/£41.20/£38.00 | **26** January 10.00 - 4.00pm

Design and hand-build table jugs and vases that are fit for purpose. Model 'coin-sized' relief motifs and cast them in plaster-of-Paris. Adorn the surface of your vessel with repeat press-moulded applique' sprigs.

Saturday – Pottery Taster: Throwing and Turning S50 | £44.50/£41.20/£38.00 | 16 February 10.00 – 4.00pm

A whole day learning techniques and skills of 'throwing on the wheel'. With key points and guidance on all basic methods. Learning to 'throw' on the wheel in the morning and 'turn' your pieces in the afternoon. Your work will be glazed and fired by the tutor for you to collect later in the term.

MARGARET CRUMP Pottery - Beginners

P3 | £232.50/£216.00/£193.50 | **Wednesday** *10.00 – 12.30pm* | *starts* **9 January** | 12wks **P4** | £186.00/£172.80/£154.80 | **Wednesday** *7.45 – 9.45pm* | *starts* **9 January** | 12wks This is a course for those new to making pottery. During the first-half of the term you will complete a series of short projects designed to teach you several techniques of hand-building pottery. Then the basics of using the potters wheel are introduced, after which you can perfect your skills and work on individual projects for the remainder of the term.

Pottery - Improvers

P5 | £279.00/£259.20/£232.20 | Monday 6.00 - 9.00pm | starts 7 Jan | 12wks
P6 | £186.00/£172.80/£154.80 | Wednesday 5.30 - 7.30pm | starts 9 Jan | 12wks
This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

Saturday - Pottery - Slips

S30 | £44.50/£41.20/£38.00 | **2** February 10.00 - 4.00pm

In this workshop you will be shown how to make and decorate some ceramic objects, using traditional 'slipware' (coloured liquid clay) techniques. Bring some pattern ideas or just relax and have a go.

Saturday – Pottery Taster: Throwing and Turning S59 | £44.50/£41.20/£38.00 | **23 February** *10.00 – 4.00pm*

A whole day learning techniques and skills of 'throwing on the wheel'. With key points and guidance on all basic methods. Learning to 'throw' on the wheel in the morning and 'turn' your pieces in the afternoon. Your work will be glazed and fired by the tutor for you to collect later in the term.



DAISY HAMID Saturday – Beginners Pattern Cutting Workshop CONTINUED S39 | ☆ | £30.75/£28.00/£24.25 | 9 February 10.00 – 4.00pm

NEW Have you always wanted to make your own clothes and accessories and felt a little overwhelmed by bought patterns, don't know where to start? Looking for a great first garment project? Come to this fun workshop and learn how to make an apron and follow a pattern.

NEW Saturday – Introduction to Sewing Weekend S98 | (2) | £69.50/£64.00/£56.50 | 6-7 April 10.00 - 4.00pm Get to grips with a sewing machine in this fun workshop. Learn the basic sewing

skills to equip you with the knowledge and confidence you need to complete future projects including dressmaking, soft furnishings and alternatives. On the second day you will be creating your very own vintage style apron. **Two day workshop**.

ESTHER KEEN Saturday - Hand Paint Your Own Small Leather Goods

NEW S25 | (2) | £32.75/£31.10/£28.85 | 2 February 10.00 - 1.00pm Craft your own small leather goods piece (choose from a classes case

Craft your own small leather goods piece (choose from a glasses case, a coin pouch, a simple purse or a card holder) from vegetable tanned leather and hand paint it with your own design. Come with an idea or ask the tutor for guidance.

LAWRENCE Saturday - Hardback Bookbinding

HASSAN S55 | ♥ | £35.00/£32.80/£29.80 | 23 February 10.00 - 3.00pm Welcome to this beginners guide to book making! You will learn everything from traditional Japanese book stitch techniques to book cover design and you'll leave with a hardback book made by your very own hands.

NEIL INGHAM Saturday - Calligraphy Workshop - Roundhand

S66 (1) (32) (34.75/E32.00/£28.25) 9 March *10.00 – 4.00pm* Learn the art of beautiful writing at this one day Roundhand workshop. Calligraphy is an art form which has been enjoyed for centuries in poetry, stationery and art & design. There will be demonstrations as well as lots of time to practice.

Saturday – Calligraphy Workshop – Italics S87 | 1 ± 34.75/±32.00/±28.25 | 30 March 10.00 – 4.00pm

Italic script is a semi-cursive, slightly sloped style of handwriting and calligraphy that was developed during the Renaissance in Italy. It is one of the most popular styles used in contemporary Western calligraphy, and is often one of the first scripts learned by beginners.

POTTERY

We have a well-established pottery studio run by a professional team with a wide range of expertise and skills. We use smooth white Stoneware clay, Crank and Earthenware. All clay, glazing and firing is included in the cost of the course or workshop. Due to popular demand please enrol early.



MARGARET CRUMP Saturday - Pottery Catch Up Day

CONTINUED **S78** | £44.50/£41.20/£38.00 | **16 March** *10.00 - 4.00pm*

If you are a current Folk House potter or have some experience in pottery and need to catch up, come to this workshop day. Please specify whether you will be using a potters wheel.

TIMETABLES FROM PAGE

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JO YOUNG Pottery Beginners

P7 | £93.00/£86.40/£77.40 | **Thursday** *5.30 – 7.30pm* | *starts* **10 Jan** | 6wks This six week course is for complete beginners wanting to learn basic techniques. Each week you will learn several skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, decorative slip techniques and glazing.

Pottery - Introduction to the Potter's Wheel

P8 | £93.00/£86.40/£77.40 | **Thursday** *5.30 – 7.30pm* | *starts* **28 Feb** | 6wks A six week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

Pottery Multi-level

P9 | £279.00/£259.20/£232.20 | **Tuesday** 6.30 – 9.30pm | starts **8 Jan** | 12wks This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

Pottery Day Studio Tuesday

P10 | £232.50/£216.00/£193.50 | **Tuesday** 10.00 - 4.00pm | starts **8 Jan** | 6wks **P11** | £232.50/£216.00/£193.50 | **Tuesday** 10.00 - 4.00pm | starts **26 Feb** | 6wks These six week courses are an opportunity for makers with some experience to enhance and develop their skills, try techniques in construction, surface decoration, using the potters wheel and to progress self directed projects.

Saturday - Pottery Taster: Throwing and Turning

S9 | £44.50/£41.20/£38.00 | 1**9** January 10.00 - 4.00pm

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

Saturday - Progress your Wheel Skills

S42 | £44.50/£41.20/£38.00 | 9 February 10.00 - 4.00pm

Introducing shape, collaring, rims, throwing off the hump, turning foot rings. For beginners and improvers who have mastered centering and can create a consistently even cylindrical form.

ROGER OWEN Pottery Improvers

P12 | £186.00/£172.80/£154.80 | **Thursday** 7.45 - 9.45pm | starts **10 Jan** | 12wks This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

BRISTOL FOLK HOUSE

ROOM HIRE

We are a popular venue in the heart of Bristol city centre. We provide versatile spaces that can accommodate a huge range of events including meetings, training, parties and weddings at a very competitive price.

WEDDINGS

The Bristol Folk House is a lovely and popular venue for weddings. If you would like to come and see the space or find out more information, please give us a call and book an appointment.

We have 8 rooms for hire. Capacity ranges from 2 – 180. Seating is flexible and can be set up to accommodate your requirements.

We charge an hourly rate and a day rate. Prices are competitive and our listed in full on our website. We offer a 10% discount for charities, not-for-profits and social enterprises.

All our rooms have TV's and wifi/ethernet connection free of charge. We have digital projectors, flip charts, lighting, PA's for a small hire fee.

All catering for events and meetings is booked through the Folk House Café, this is a separate business (The Cooking Company). The café does wonderful food at great prices and copies of their menus are available on their website: **folkhousecafe.co.uk**

ADDITIONAL INFO

Much as we would like to provide access for all, the Folk House has no wheelchair access or facilities.

To make a booking please call

0117 926 2987 or email claire@bristolfolkhouse.co.uk

or fill out the website booking form **bristolfolkhouse.co.uk/room-hire**

BRISTOL FOLK HOUSE



WRITING

JANE REECE Memoir and Life Writing Weekly

W1 | **W** | £69.00/£62.40/£53.40 | **Tuesday** 2.00 - 4.00pm | starts **8 Jan** | 6wks A day of tapping into ideas memories and experiences to write our own lives or those of others. Using some of the best published examples as inspiration, we will look at developing the content and a structure to tell the story in an engaging way. Expect a day of stimulating ideas, supportive feedback and a work in progress.

NEW Extended Memoir and Life Writing Weekly

W2 W2 W2 E69.00/£62.40/£53.40 Tuesday *2.00 – 4.00pm* **starts 26 Feb 6** wks For those who have developed their writing skills in this area and want to develop further. You will already have produced some writing in draft form to extend in this way. The focus will be on structuring, refining and redrafting into a presentable form that engages and intrigues your readers.

Saturday – Autobiography, Biography and Memoir

S94 | 🕑 | £28.75/£26.00/£22.25 | 6 April 10.00 - 4.00pm

A day of writing your autobiography, biography and memoir, looking at examples of the best, examine our own experiences and the lives of others to write engaging prose. We will focus on structure and content to dazzle your intended readers.

LIZ CASHDAN Short Fiction

W3 | £138.00/£124.80/£106.80 | **Monday** *5.30* – *7.30pm* | *starts* **7 Jan** | 12wks This course is for those who have an interest in writing short stories. We will look at structure and narrative and, through writing exercises we will improve your work. Examine characterisation, setting, pace and dialogue while sharing and discussing your work in a supportive environment. Beginners welcome.

Creative Writing for All

W4 | £138.00/£124.80/£106.80 | **Tuesday** *10.30 – 12.30pm* | *starts* **8 Jan** | 12wks Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

Saturday - Get Started in Creative Writing

S7 | £28.75/£26.00/£22.25 | 19 January 10.00 - 4.00pm

A workshop full of ideas and prompts to get you started on the writing process or to move you past writing blocks. You will get plenty of ideas to take away to keep writing.

NEW Saturday – Writing Workshop: Every Object Tells a Story S41 | £28.75/£26.00/£22.25 | 9 February 10.00 – 4.00pm

This workshop will allow you to handle various objects and then respond by writing a story, poem or a piece of script. You don't need any previous experience. Come and enjoy a writing session whether you are a beginner or a practised writer.

ROSEMARY DUN Get Your Novel Written

W5 | £138.00/£124.80/£106.80 | **Wednesday** 5.30 – 7.30pm | starts **9** Jan | 12wks Has you novel stalled? Have you not started? Perhaps you're overwhelmed with it all? Then do come along to this course where you'll get tips, support, advice, and feedback on your writing from fellow students and from a traditionally published author.

FOR ALL 12 WEEK COURSES. THERE WILL BE NO CLASSES DURING HALF TERM

2019 BRINGS AN EXCITING LINE UP OF LIVE MUSIC, DANCES AND FESTIVALS AS WELL AS TALKS, FUNDRAISERS AND MORE.

The Folk House has a long history for music in Bristol. Every weekend we bring a great programme of music featuring Folk, Acoustic, Roots, Americana and music of all flavours with local, national and international acts.

This Spring we have confirmed so far: BAL FOLK BRISTOL MARTYN JOSEPH UFQ ANT MILES and much much more.

SEE OUR WEB SITE FOR THE LATEST SPRING LISTINGS.



Our regular sell out CEILIDH and SWING DANCE events feature great live bands, our recently installed air-conditioning and lights sets the scene for a fantastic evening once a month. Find out more about **FOLK HOUSE MUSIC EVENTS** visit our website. www.bristolfolkhouse.co.uk/live-music.

LIVE MUSIC

FESTIVALS

The **BLUEGRASS FESTIVAL** returns in early March with workshops and live music across two days, **1 – 2 MARCH**.

Master classes with fill our classrooms during **THE INTERNATIONAL JAZZ AND BLUE FESTIVAL** the weekend of the **22 – 24 MARCH**.

The much anticipated **BRISTOL FOLK FESTIVAL** will be held at both the Folk House and at George's Hall with **CARA DILLON, KRIS DREVER, SAM KELLY AND THE LOST BOYS, LADY MAISERY** and **GRACE PETRIE** will be amongst the acts on the line-up, and plenty more to follow. **3 – 5 MAY**

For additional info about our regular ceilidhs and swing dances visit their facebook pages.

m.facebook.com/BristolCeilidh m.facebook.com/folkhouseswing TERM DATES

7 JAN - 7 APRIL

HALF TERM

18 - 22 FEB



ROSEMARY DUN Saturday - Poems From Nowhere Writing Workshop CONTINUED S68 M ±28.75/±26.00/±22.25 9 March 10.00 - 4.00pm

Where do ideas come from? What shall I write about? What is a poem? Can u write one? This day's workshop will help you produce 'poems from nowhere'. Expect fun, and a stretch of the imagination.

GRACE PALMER Introduction to Creative Writing

W6 | M | £138.00/£124.80/£106.80 | **Thursday** 5.30 - 7.30pm | starts **10 Jan** | 12wks Explore writing stories, poetry and non-fiction. Through fun practical exercises we'll stimulate your imagination and get your words flowing. Whether you are starting out or want to deepen your writing, you are welcome to join.

Short Stories and Flash Fiction

W7 | M | £69.00/£62.40/£53.40 | Thursday 1.00 - 3.00pm | starts 28 Feb | 6wks Focusing on short stories and bite-sized flash fiction, explore techniques to make your writing sizzle. Develop your unique voice in a supportive group and release your stories into the world. Expect prompts, writing exercises, feedback and discussion.

Saturday - Flash Fiction Writing Workshop

S33 | **M** | £17.25/£15.60/£13.35 | **2** February 1.00 - 4.00pm

Explore writing flash fiction, the shortest of short story forms. We'll provide prompts, editing tips and ideas to improve your work in a supportive, fun session. We'll also discuss opportunities to perform and get your flash published.

RACHEL CARTER Saturday - Children's Book in a Day

S15 | M | £28.75/£26.00/£22.25 | 26 January 10.00 - 4.00pm

Do you have a picture book up your sleeve? Or a teen novel with an unforgettable story? Using fun and inspiring exercises, we will explore the tools needed to write your book such as character, setting and plot. We'll also look at the market for such work.

MARK BRECKON Scriptwriting

W8 | £138.00/£124.80/£106.80 | Tuesday 7.45 - 9.45pm | starts 8 January | 12wks This accessible course will provide a hands on quide to writing drama whether you are interested in screenwriting, theatre or radio, With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

MUSIC, DANCE & DRAMA

BETH FOURACRE Guitar Beginners

D1 | M | £69.00/£62.40/£53.40 | Wednesday 5.30 - 6.30pm | starts 9 Jan | 12wks Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.



JOEL BOBRUCKI Guitar Beginners Continued

D2 | M | £69.00/£62.40/£53.40 | Thursday 6.45 - 7.45pm | starts 10 Jan | 12wks For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar plaving will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

Guitar Improvers

D3 | M | £69.00/£62.40/£53.40 | Thursday 5.30 - 6.30pm | starts 10 Jan | 12wks Ready to move on from Beginners Continued? Develop skills in fingerpicking, lead and rhythm guitar. To do this course you need a basic understanding of E-shaped barre chords (even if you can't play them well yet.) If you have already studied this level, returning students please note that the course content does repeat.

STEVE HAYNES Guitar Extended

& CHRIS BECKETT D5 69.00/£62.40/£53.40 Wednesday 2.30 - 4.30pm starts 9 Jan 6wks D6 | M | £69.00/£62.40/£53.40 | Wednesday 2.30 - 4.30pm | starts 27 Feb | 6wks For guitarists with more experience. Come and share your skills and learn from each other. Each session will involve a taught element, a chance to play and share techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others.

ESTHER ROSE Finding your Voice

PARKES D7 | £69.00/£62.40/£53.40 | Monday 6.00 - 7.00pm | starts 7 Jan | 12wks Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

Enhancing your Voice

D8 | £103.50/£93.60/£80.10 | Monday 7.15 - 8.45pm | starts 7 Jan | 12wks A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

ESTHER ROSE Saturday - Songwriting Toolbox - 2 Day Workshop

PARKES & BETH S99 | 😧 | £67.25/£61.20/£52.90 | 6-7 April 10.00 - 4.30pm

FOURACRE Have you ever wanted to write a song? Do you write songs and are looking for more ideas? This course aims to fill your songwriting toolkit with many creative ways to approach and develop a song, with lots of support. This is a two day weekend workshop.

NONNY TABBUSH Folk House Community Choir

Tuesday 700 – 9.00pm | See www.bristolfolkhouse.co.uk/choir for details. A friendly choir based in the heart of Bristol. We learn songs by ear, so there's no need to read music. No auditions, just come along and give it a try. £8 per session.

BEN SEARLE Ukulele for Beginners

D9 | **M** | £34.50/£31.20/£26.70 | Thursday 2.00 - 3.00pm | starts 10 Jan | 6wks D10 | M | £34.50/£31.20/£26.70 | Thursday 2.00 - 3.00pm | starts 28 Feb | 6wks For complete beginners or those very new to the 'uke. In a friendly and welcoming atmosphere, this six week course aims to encourage confidence, skill and fun with this wonderful four-stringed instrument. Just bring a ukulele and we'll do the rest.

0117 926 2987 | WWW.BRISTOLFOLKHOUSE.CO.UK

FOR ALL 12 WEEK COURSES. THERE WILL BE NO CLASSES DURING HALF TERM

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TIMETABLES

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36 MUSIC, DANCE & DRAMA CONTINUED

ENROLMENT

INFORMATION ON PAGE

AANCHAL GUPTA Bollywood Dance

D13 | (2) | £69.00/£62.40/£53.40 | Monday 6.00 - 7.00pm | starts 7 Jan | 12wks Discover the beautiful and colourful world of Bollywood. Learn a whole routine, the tutor will be breaking down each step explaining the techniques and expressions behind it. A fun, healthy class to learn and experience a new culture.

Saturday - Salsa Dance Workshop

S23 | 😧 | £11.50/£10.40/£8.90 | 26 January 10.30 - 12.30pm

Learn to dance salsa, meet new people, keep fit and have fun. Beginners Salsa workshop with basic footwork, turn patterns and partner work so you never hesitate from dance floor again.

Saturday - Bollywood Dance Workshop

S43 | **⊗** | £11.50/£10.40/£8.90 | **9** February *10.30 – 12.30pm* Discover the beautiful and colourful world of Bollywood. This popular dance form from India is filled with elegant expressions and dynamic movements. In this workshop you will learn a whole beginners routine. No previous experience necessary.

CHRISTINE POWER Circle Dancing

D14 | £51.75/£46.80/£40.05 | Monday 1.30 - 3.00pm | starts 7 Jan | 6wks D15 | £51.75/£46.80/£40.05 | Monday 1.30 - 3.00pm | starts 25 Feb | 6wks In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome.

Line Dancing Beginners

D16 | £34.50/£31.20/£26.70 | Wednesday 7.00 - 8.00pm | starts 9 Jan | 6wks D17 | £34.50/£31.20/£26.70 | Wednesday 7.00 - 8.00pm | starts 27 Feb | 6wks Thought to originate in the US, Line Dancing has become a global phenomenon with new dances constantly being created. With set sequences to remember, Line Dancing is exercise for the mind as well as the body. A class for complete beginners or those who would like to revise. Suitable for all ages & fitness levels.

Line Dancing Improvers

D18 | £34.50/£31.20/£26.70 | **Monday** *10.30 – 11.30am* | *starts* **7 Jan** | 6wks

D19 | £34.50/£31.20/£26.70 | **Monday** *10.30 – 11.30am* | *starts* **25 Feb** | 6wks This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

Line Dancing Intermediate

D20 | £51.75/£46.80/£40.05 | **Thursday** *10.30 – 12.00pm* | *starts* **10 Jan** | 6wks **D21** | £51.75/£46.80/£40.05 | **Thursday** *10.30 – 12.00pm* | *starts* **28 Feb** | 6wks For those who have attended a dance class of any style for more than two years. With a break for a drink and a chat. Two six week courses.

Line Dancing Advanced

D22 | £51.75/£46.80/£40.05 | Wednesday *10.30 – 12.00pm* | starts 9 Jan | 6wks D23 | £51.75/£46.80/£40.05 | Wednesday *10.30 – 12.00pm* | starts 27 Feb | 6wks For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two six week courses.

MUSIC, DANCE & DRAMA CONTINUED

BEN SEARLE Ukulele for Improvers

CONTINUED D11 | ♥ | £34.50/£31.20/£26.70 | Thursday 3.30 - 4.30pm | starts 10 Jan | 6wks D12 | ♥ | £34.50/£31.20/£26.70 | Thursday 3.30 - 4.30pm | starts 28 Feb | 6wks This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our six week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

Saturday - Ukulele for Improvers - Plus

S72 | 😧 | £17.25/£15.60/£13.35 | **9** March 1.00 – 4.00pm

Ideal for everyone who has attended the 'Ukulele for Improvers' course, as well as anyone who has played for a while and wants to learn even more about playing this cheery little instrument. New chords, new strums, picking patterns and riffs. Learn more about playing the ukulele in this supportive class.

AIDAN SHEEHAN Saturday - Beginners Harmonica Workshop

S56 S56 **S56 S56 S**

Saturday - Beginners Folk Harmonica

S88 | 🕥 | £28.75/£26.00/£22.25 | 30 March 10.00 - 4.00pm

Learn the basics of harmonica playing and then using these skills to play some manageable folk tunes. I would also demonstrate some special folk-tuned harmonicas. The day will involve lots of playing, also elements of social history, use of percussion, discussions and singing too.

ED BARROW Saturday - Swing Dance Taster Workshop

Step back in time to the 1930's, we will be teaching you all the steps you need to hit the dance floor in true vintage. This two hours will give you a taste for the dance that has two dance parts, leader and follower. The class will be divided between leaders and followers on the day.

CLAIRE PHIPPS Saturday - 20's Charleston for Beginners Workshop

S1 | 🖸 | £12.50/£11.40/£9.90 | 12 January 10.30 - 12.30pm

Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

NEW Saturday – Mamma Mia Dance Workshop

S52 | 12.50/£11.40/£9.90 | 16 February 10.30 - 12.30pm

Join this feel good journey of fantastic Abba Hits as featured in box office hit Mamma Mia. Learn some of the iconic dance moves and embrace your inner-disco queen or king! No previous dance experience required to take part - just energy and a smile.

Saturday - Burlesque Workshop

S74 | 🕐 | £12.50/£11.40/£9.90 | **16 March** *10.30 – 12.30pm*

Learn the art of posing, peeling and teasing in a supportive environment. Discover your confident and glamorous burlesque alter-ego. This workshop is fully clothed - we will put more on before we take it off.

S24 | 🕥 | £11.50/£10.40/£8.90 | **26** January 2.00 - 4.00pm



FITNESS & EXERCISE CONTINUED

LARA THOMAS-NEL Pilates - Mixed Ability

F4 () **(**) **(57.00/£64.40/£55.40) Tuesday** *5.45* – *6.45pm* **)** *starts* **8 Jan)** 12wks Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

ZOE PITHER Hatha Yoga

F5 | **1** <u>6</u> | <u>669.00/£62.40/£53.40</u> | **Wednesday** *5.30* – *6.30pm* | *starts* **9 Jan** | 12wks Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

MEL SKINNER Lunchtime Yoga

F6 | **1** ± 69.00/£62.40/£53.40 | **Tuesday** *1.00 – 2.00pm* | *starts* **8 Jan** | 12wks Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

Saturday - Yoga for Healthy Backs

S12 | 🖸 | £11.50/£10.40/£8.90 | 19 January 10.00 - 12.00pm

During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome, although if you are suffering from a serious back problem and find it difficult to lie or sit on the floor, please contact us first.

ANN SHELDON Gi Gong

F7 | £69.00/£62.40/£53.40 | **Thursday** 6.00 – 7.00pm | starts **10 Jan** | 12wks A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

JEANIE BRICE Keep Fit in Retirement

F8 | £34.50/£31.20/£26.70 | Friday 11.00 - 12.00pm | starts 11 Jan | 6wks
F9 | £34.50/£31.20/£26.70 | Friday 11.00 - 12.00pm | starts 1 Mar | 6wks
For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two six week courses.

CHRISTINE POWER Line Dancing Advanced Plus

MUSIC, DANCE & DRAMA CONTINUED

CONTINUED D24 | £69.00/£62.40/£53.40 | **Thursday** *12.30 – 1.30pm* | *starts* **10 Jan** | 12wks For enthusiastic dancers who have ideally attended the Advanced Line Dance Class. Learn long dances with fast steps, quick turns or irregular rhythms. Contact the tutor if you have not previously attended the advanced class.

TIMETABLES

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Saturday - Line Dancing Beginners Workshop

S32 | M | £11.50/£10.40/£8.90 | 2 February 10.30 − 12.30pm

Come and have a go at line dancing! An enjoyable, fun workshop suitable for complete beginners. Line Dancing is exercise for the mind as well as the body, and this class is open to all ages and fitness levels.

Saturday - An Introduction to Circle Dancing Workshop

S34 | 😧 | £11.50/£10.40/£8.90 | **2** February 2.00 - 4.00pm Enjoy a pleasant afternoon learning dances which originate from several European countries. By holding hands together in a circle we will dance to slow, moderate and

faster folk music! Please avoid wearing trainers as these hinder movement.

MARK BRECKON Drama and Improvisation Part 1

D25 | £69.00/£62.40/£53.40 | **Wednesday** *7.00 – 9.00pm* | *starts* **9 Jan** | 6wks With a playful approach we will develop your creative confidence and spontaneity. We will play theatre games and explore improvisation techniques to release the imagination. A supportive environment.

Drama and Improvisation Part 2

D26 | £69.00/£62.40/£53.40 | **Wednesday** *7.00 – 9.00pm* | *starts* **27 Feb** | 6wks This is a chance to build on your existing drama skills and explore acting and improvisation exercises. We look in depth at how to create imaginative scenes. A follow on from Part 1 or for those with some prior drama experience.

FITNESS & EXERCISE

LUCY EYRE Gentle Pilates

F1 | **S** | £71.00/£64.40/£55.40 | **Monday** *12.00 – 1.00pm* | *starts* **7 Jan** | 12wks This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class. Unsuitable for Pre and post natal women.

Pilates - Seated Excercise

F2 | () | £71.00/£64.40/£55.40 | **Tuesday** *11.00 – 12.00pm* | *starts* **8 Jan** | 12wks Each class covers Flexibility, Aerobic, Balance and Strength providing the four vital components of fitness for older adults. This class uses exercises that are safe, enjoyable, effective and accessible to everyone whatever their ability, and can be done seated or standing. Unsuitable for pre and post natal women.

Pilates - Mixed Ability

F3 | (*) | £71.00/£64.40/£55.40 | Wednesday 12.30 – 1.30pm | starts **9** Jan | 12wks Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

LANGUAGES

If you have a question regarding which level is suitable for you, please email: folkhouselanguages@gmail.com In the subject line of email write the name of the language you are interested in. In the email describe what previous study and/or experience you have with that language. If you don't have a reply within 4 days, please call the office on 0117 926 2987.

ITALIAN

DENISE VARGIU Italian Beginners Entry Level

L1 | £103.50/£93.60/£80.10 | Wednesday 8.15 - 9.45pm | starts 9 Jan | 12wks

Italian Beginners Plus

L2 | £86.25/£78.00/£66.75 | Monday 8.30 - 9.45pm | starts 7 Jan | 12wks

Italian Level 1

L3 | £86.25/£78.00/£66.75 | Monday 7.00 - 8.15pm | starts 7 Jan | 12wks

DAVIDE ARIASSO Italian Level 2

L4 | £103.50/£93.60/£80.10 | Wednesday 5.00 - 6.30pm | starts 9 Jan | 12wks

Italian Level 3

L5 | £86.25/£78.00/£66.75 | Wednesday 6.45 - 8.00pm | starts 9 Jan | 12wks

SPANISH

GORKA DIAZ Spanish Beginners Entry Level

L6 | £103.50/£93.60/£80.10 | Wednesday 7.45 - 9.15pm | starts 9 Jan | 12wks L7 | £103.50/£93.60/£80.10 | Thursday 7.45 - 9.15pm | starts 10 Jan | 12wks

Spanish Beginners Plus 1

L8 | £103.50/£93.60/£80.10 | Monday 7.45 - 9.15pm | starts 7 Jan | 12wks

Spanish Beginners Plus 2

L9 | £103.50/£93.60/£80.10 | Tuesday 7.45 - 9.15pm | starts 8 Jan | 12wks

Spanish Level 1 L10 | £103.50/£93.60/£80.10 | Wednesday 6.00 - 7.30pm | starts 9 Jan | 12wks

Spanish Level 2 L11 | £103.50/£93.60/£80.10 | Tuesday 6.00 - 7.30pm | starts 8 Jan | 12wks

Spanish Level 3 L12 | £103.50/£93.60/£80.10 | Monday 6.00 - 7.30pm | starts 7 Jan | 12wks



RITA HANKS German Beginners Entry Level

L13 | £103.50/£93.60/£80.10 | Monday 7.45 - 9.15pm | starts 7 Jan | 12wks

German Beginners Plus Level L14 | £103.50/£93.60/£80.10 | Wednesday 7.45 - 9.15pm | starts 9 Jan | 12wks

GERMAN CONTINUED

MARTINA German Level 1

MACKINTOSH L15 | £103.50/£93.60/£80.10 | Thursday 7.45 - 9.15pm | starts 10 Jan | 12wks

German Level 2

L16 | £103.50/£93.60/£80.10 | Thursday 6.00 - 7.30pm | starts 10 Jan | 12wks

FRENCH

CATHERINE French Beginners Entry

SFORZA L17 | £86.25/£78.00/£66.75 | Tuesday 5.45 - 7.00pm | starts 8 Jan | 12wks

French Beginners Plus L18 | £69.00/£62.40/£53.40 | Monday 5.45 - 6.45pm | starts 7 Jan | 12wks

ARLETTE HODGKIN French Level 1 L19 | £103.50/£93.60/£80.10 | Thursday 5.30 - 7.00pm | starts 10 Jan | 12wks

French Level 2

L20 | £138.00/£124.80/£106.80 | Tuesday 10.30 - 12.30pm | starts 8 Jan | 12wks

French Level 3

L21 | £138.00/£124.80/£106.80 | Wednesday 10.30 - 12.30pm | starts 9 Jan | 12wks

French Level 4

L22 | £138.00/£124.80/£106.80 | Thursday 10.30 - 12.30pm | starts 10 Jan | 12wks

French Conversation

L23 | £69.00/£62.40/£53.40 | Wednesday 1.30 - 2.30pm | starts 9 Jan | 12wks

WELLBEING

JENNIFER Introduction to Alexander Technique

MACKERRAS **G1** | £51.75/£46.80/£40.05 | **Tuesday** 7.15 - 8.45pm | starts **26 February** | 6wks Are you hemmed in by habit or plagued by aches and pains? In this six week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do.

Saturday – Alexander Technique Workshop

S35 | £28.75/£26.00/£22.25 | **9** February 10.00 – 4.00pm The Alexander Technique is a popular method for tackling self-development and change. We'll explore some of the basic ideas of the Technique in a fun, practical and interactive way. Come and see if changing the way you think can improve the way you move.

JACKIE HAWKEN Saturday - Mindfulness Compassion Insight and Wisdom S18 | £28.75/£26.00/£22.25 | 26 January 10.00 - 4.00pm

Mindfulness helps the mind to be aware of the present in a non-judgmental way. It can assist us to take care of ourselves and access inner resources to cope with stress and difficulty. Learn practical exercises to help develop this innate ability.

ENROLMENT INFORMATION ON PAGE

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WELLBEING CONTINUED

WELLBEING CONTINUED

CELIA BEESON Saturday - The Magic and Mystery of Singing Bowls

S45 | **№** | £17.25/£15.60/£13.35 | **16 February** *10.00 – 1.00pm* We will be working with Tibetan singing bowls, learning about these beautiful instruments and how to play them. Absolutely no musical experience or knowledge needed. There will be an opportunity to play lots of different bowls and create a beautiful soundscape.

LIFE AND LEISURE

LISA MALYON Saturday - An Introduction to Social Media for Business

S75 | **⊗** | £28.75/£26.00/£22.25 | **16 March** 10.00 - 4.00pm Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

DEM JARDEL Saturday - Cryptic Crosswords: How to Solve Them

S6 | £17.25/£15.60/£13.35 | **19** January 10.00 - 1.00pm

S93 | £17.25/£15.60/£13.35 | **30 March** *1.00 - 4.00pm*

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

IAN REDFEARN Wine Tasting: Cabernet, Shiraz, Chardonnay and more...

M1 | ♥ | £87.75/£82.80/£76.05 | Tuesday 7.45 - 9.15pm | starts 8 Jan | 6wks Become an expert in Cabernet Sauvignon, Shiraz and Chardonnay, amongst others, by tasting and evaluating six examples of a classic varietal from around the world each week. Please bring 3 wine glasses with you.

Wine Tasting: Pinot Noir Merlot Sauvignon Blanc and more...

MORVEN Saturday - Yoga for Healthy Sleep HAMILTON S44 | (2) | £17.25/£15.60/£13.35 | 9 February 1.30 - 4.30pm

Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation to support your nervous system and focus your mind.

Saturday - Meditation for Home Practice

S73 | 🕑 | £17.25/£15.60/£13.35 | 9 March 1.00 - 4.00pm

If you are curious about meditation, or if you have tried and need further guidance, this workshop will help you to overcome some of the initial difficulties. We will learn how to incorporate meditation peacefully into your daily routine.

MEL SKINNER Saturday - Yoga Nidra

S13 | £17.25/£15.60/£13.35 | **19** January 1.00 - 4.00pm

Discover the practice of yoga nidra, a guided meditation practice. Combining yoga nidra with breathing techniques to help you discover a sense of true letting go, resulting in a sense of deep peace and ease.

Saturday - Develop a Yoga Practice at Home

S53 | £17.25/£15.60/£13.35 | 16 February 1.00 - 4.00pm

Discover the joys of a regular yoga practice by learning simple sequences you can practice at home. Create your own sequence of postures to increase flexibility, reduce stress, and feel more at ease.

ALISON WILDING Saturday - How to Clear your Clutter

S2 | £28.75/£26.00/£22.25 | 12 January 10.00 - 4.00pm

Clutter is something we all attract during our lives, and some of us accumulate considerably more of it than others! If you feel overwhelmed by the clutter in your life and are looking for change then this day is for you.

JOHN SMITH Herbal Medicine Body Mind and Spirit

G2 | £69.00/£62.40/£53.40 | **Thursday** 7.30 – 9.30pm | starts **28 February** | 6wks Discovering foods, herbs and other natural approaches to support physical, mental and emotional well-being. In this six week course we will be drawing from the healing traditions of Europe, North America, China, India and The Middle East.

Saturday - Herbal Alchemy

S57 (w) (£28.75/£26.00/£22.25 **) 23 February** *10.00 – 4.00pm* Using herbs as tools to treat the causes of physical, emotional and psycho-spiritual disorders. An introduction to herbal energetics and spagyric medicine.

Saturday - Yogic Medicine

S81 | £28.75/£26.00/£22.25 | 16 March 10.00 - 4.00pm

A theorectical introduction to Ayurveda, the ancient healing system of India, and its use of diet, herbs, oils and gemstones in the maintenance of health. Student's will gain an insight into the Tridosha system of Ayurvedic medicine and learn how to apply this to their own lives.



A10 Art History: 15th Century

A20 Learn to Draw

A21 Learn to Draw ()

A15 Acrylic Painting

F1 Gentle Pilates

D14 Circle Dancing

A8 Portraiture

A9 Portraiture ()

C12 Dressmaking

W3 Short Fiction

D13 Bollywood Dance

A3 | Wish | Could Draw

D15 Circle Dancing ()

P1 Pottery Day Studio

P2 Pottery Day Studio ()

D18 Line Dancing Improvers

D19 Line Dancing Improvers ()



TIME

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10.00 - 12.30 12

11.00 - 12.00 27

11.00 - 12.00 27

11.00 - 1.00

WEEKDAY TIMETABLES

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A2	I Wish I Could Paint 🜖	2.45 - 4.45	3
L4	Italian Level 2	5.00 - 6.30	28
A7	Painting in Oils and Acrylics	5.15 - 7.15	3
D1	Guitar Beginners	5.30 - 6.30	22
F5	Hatha Yoga	5.30 - 6.30	27
C19	Dressmaking	5.30 - 7.30	15
W5	Get Your Novel Written	5.30 - 7.30	21
A37	Lino Printing	5.30 - 7.30	7
P6	Pottery Improvers	5.30 - 7.30	17
L10	Spanish Level 1	6.00 - 7.30	28
A43	Intro to B&W Film Photography	6.30 - 9.00	9
L5	Italian Level 3	6.45 - 8.00	28
D16	Line Dancing Beginner	7.00 - 8.00	25
D17	Line Dancing Beginner 🛈	7.00 - 8.00	25
D25	Drama and Improvisation Pt 1	7.00 - 9.00	26
D26	Drama and Improvisation Pt 2 ()	7.00 - 9.00	26
L14	German Beginners Plus Level	7.45 - 9.15	28
L6	Spanish Beginners Entry	7.45 - 9.15	28
C20	Dressmaking	7.45 - 9.45	15
A14	Oil Painting for Beginners 🕕	7.45 - 9.45	4
P4	Pottery Beginners	7.45 - 9.45	17
A13	Watercolour for Beginners	7.45 - 9.45	4
C9	Silversmithing Techniques	7.45 - 9.45	13
L1	Italian Beginners Entry Level	8.15 - 9.45	28

THURSDAY

		TIVE	PAGE
A44	Hand Made Photography 🚺	10.00 - 1.00	9
A28	Sketching in Watercolour	10.00 - 1.00	6
A29	Sketching in Watercolour 🛈	10.00 - 1.00	6
D20	Line Dancing Intermediate	10.30 - 12.00	25
D21	Line Dancing Intermediate 🚺	10.30 - 12.00	25
L22	French Level 4	10.30 - 12.30	29
C3	Woodcarving Course	10.30 - 12.30	12
C4	Woodcarving Course 🚺	10.30 - 12.30	12
A30	The Versatility of Watercolour	10.30 - 12.45	6
D24	Line Dancing Advanced Plus	12.30 - 1.30	26
W7	Short Stories & Flash Fiction ()	1.00 - 3.00	22
A41	Digital Camera: Beginners	1.00 - 4.00	8
A42	Digital Camera: Improvers 🕦	1.00 - 4.00	9

TIME

PAGE

FRIDAY

F8

C1 Stained Glass

C2 Stained Glass ()

C11 Sewing for Beginners

Keep Fit in Retirement

F9 Keep Fit in Retirement ()

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TH	URSDAY CONTINUED	TIME	PAGE
D9	Ukulele for Beginners	2.00 - 3.00	23
	Ukulele for Beginners ()	2.00 - 3.00	23
A11	Art History: 16th Century 🕕	2.00 - 4.00	4
A31	Painting Projects: Multi-level	2.00 - 4.15	6
A26	Coastal & Skies in W'colour	2.00 - 5.00	6
A27	Botanical Painting 🚺	2.00 - 5.00	6
D11	Ukulele for Improvers	3.30 - 4.30	24
D12	Ukulele for Improvers ()	3.30 - 4.30	24
D3	Guitar Improvers	5.30 - 6.30	23
L19	French Level 1	5.30 - 7.00	29
A39	Botanical Printing	5.30 - 7.30	8
A40	Creative Printmaking 🕕	5.30 - 7.30	8
A18	Mixed Media Experimental Art	5.30 - 7.30	5
A19	Mixed Media Experimental Art 🕽	5.30 - 7.30	5
P7	Pottery - Beginners	5.30 - 7.30	18
P8	Intro to the Potter's Wheel 🚺	5.30 - 7.30	18
C17	Sewing for Beginners	5.30 - 7.30	15
W6	Introduction to Creative Writing	5.30 - 7.30	22
F7	Qi Gong	6.00 - 7.00	27
L16	German Level 2	6.00 - 7.30	29
A45	Cyanotypes & Gum-bichromate 🕕	6.00 - 9.00	11
D2	Guitar Beginners Continued	6.45 - 7.45	23
C5	Basket Weaving Course 🚺	7.30 - 9.30	13
A33	Figure Drawing and Anatomy	7.30 - 9.30	7
G2	Herbal Medicine 🚺	7.30 - 9.30	30
L15	German Level 1	7.45 - 9.15	29
L7	Spanish Beginners Entry	7.45 - 9.15	28
A34	Cartoons and Comics	7.45 - 9.45	7
A32	Exploring Illustration	7.45 - 9.45	6
P12	Pottery Improvers	7.45 - 9.45	18
C18	Sewing for Beginners	7.45 - 9.45	15

A22 Painting in Watercolour 1.30 - 4.30 5 A23 Painting in Watercolour () 1.30 - 4.30 5 3 2.00 - 4.30 2.00 - 4.30 3 5.30 - 7.30 15 5.30 - 7.30 3 13 **C6** Silversmithing Techniques 5.30 - 7.30 3 A4 Life Drawing: Basic Skills () 5.30 - 7.30 5.30 - 7.30 21 **L18** French Beginners Plus 5.45 - 6.45 29 6.00 - 7.00 25 23 28 17 28 23 28 28 P3 Pottery - Beginners 13 A24 Landscapes in Watercolour 15 A25 Landscapes in Watercolour ()

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10.00 - 12.00 4

10.00 - 12.30 5

10.00 - 12.30 5

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10.30 - 11.30 25

10.00 - 4.15

10.00 - 4.15

10.30 - 12.30

12.00 - 1.00

1.30 - 3.00

1.30 - 3.00

TU	ESDAY	TIME	PAGE
P10	Pottery Day Studio Tuesday	10.00 - 4.00	18
P11	Pottery Day Studio Tuesday ()	10.00 - 4.00	18
W4	Creative Writing for All	10.30 - 12.30	21
L20	French Level 2	10.30 - 12.30	29
F2	Pilates - Seated Excercise	11.00 - 12.00	26

F6	Lunchtime Yoga	1.00 - 2.00	27
A5	Drawing and Painting from Life	1.00 - 3.30	3
A16	Exploring Drawing 🕕	1.30- 3.30	6
C14	Dressmaking	2.00 - 4.00	15
W1	Memoir & Life Writing Weekly	2.00 - 4.00	21
W2	Ext. Memoir & Life Writing 🚺	2.00 - 4.00	21
A38	Collograph Printing 🚺	3.00 - 5.00	7
C21	Project Based Silversmithing	3.00 - 5.00	13
A6	Painting in Oils and Acrylics	4.00 - 6.00	3
C15	Dressmaking	5.30 - 7.30	15
A35	Etching and Drypoint	5.30 - 7.30	7
F4	Pilates Mixed Ability	5.45 - 6.45	27
L17	French Beginners Entry	5.45 - 7.00	29
L11	Spanish Level 2	6.00 - 7.30	28
P9	Pottery Multi-level	6.30 - 9.30	18
A12	Oil Painting Improvers	6.45 - 8.45	4
G1	Intro to Alexander Technique 🛈	7.15 - 8.45	29
C10	Knitting and Crochet	7.15 - 9.15	14
L9	Spanish Beginners Plus 2	7.45 - 9.15	28
M1	Wine Tasting Cabernet	7.45 - 9.15	31
M2	Wine Tasting Pinot Noir 🕦	7.45 - 9.15	31
C8	Silversmithing Techniques	7.45 - 9.45	13
C16	Dressmaking	7.45 - 9.45	15
W8	Scriptwriting	7.45 - 9.45	22
WE	DNESDAY	TIME	PAGE
P3	Pottery - Beginners	10.00 - 12.30	0 17

CONTINUED

D22 Line Dancing Advanced

F3 Pilates - Mixed Ability

L23 French Conversation

L21 French Level 3

A36 Lino Printing

A1

D5 Guitar Extended

D6 Guitar Extended ()

I Wish I Could Paint

D23 Line Dancing Advanced ()

A17 Mixed Media Experimental Art

MONDAY TIME

WEEKDAY TIMETABLES

	Dollywood Durice	0.00 7.00	25
D7	Finding your Voice	6.00 - 7.00	23
L12	Spanish Level 3	6.00 - 7.30	28
P5	Pottery Improvers	6.00 - 9.00	17
L3	Italian Level 1	7.00 - 8.15	28
D8	Enhancing your Voice	7.15 - 8.45	23
L13	German Beginners Entry Level	7.45 - 9.15	28
L8	Spanish Beginners Plus 1	7.45 - 9.15	28
C7	Silversmithing Techniques	7.45 - 9.45	13
C13	Dressmaking	7.45 - 9.45	15
L2	Italian Beginners Plus	8.30 - 9.45	28
TU	ESDAY	TIME	PAGE
P10	Pottery Day Studio Tuesday	10.00 - 4.00	18
P11	Pottery Day Studio Tuesday ()	10.00 - 4.00	18
W4	Creative Writing for All	10.30 - 12.30	21
L20	French Level 2	10.30 - 12.30	29



TIME

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10.00 - 1.00

10.00 - 1.00

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10.30 - 12.00 25 10.30 - 12.00 25

10.30 - 12.30 29

SATURDAY SCHOOLS TIMETABLES

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SATURDAY 12 JANUARY

S 1	20s Charleston for Beginners	10.30 - 12.30	24
S2	How to Clear your Clutter	10.00 - 4.00	30
S3	Interior Design Workshop	10.00 - 4.00	11
S4	Natural DIY Spa Day	10.00 - 4.00	11
S5	Silver Ring in a Day	10.00 - 4.00	14

SATURDAY 19 JANUARY

S6	Cryptic Crosswords	10.00 - 1.00	31
S7	Get Started in Creative Writing	10.00 - 4.00	21
S 8	Introduction to Lino Printing	10.00 - 4.00	8
S9	Throwing and Turning	10.00 - 4.00	18
S10	Sewing for Beginners Workshop	10.00 - 4.00	15
S11	Stained Glass Taster Day	10.00 - 4.00	12
S12	Yoga for Healthy Backs	10.00 - 12.00	27
S13	Yoga Nidra	1.00 - 4.00	8
S14	Celtic Art: Introducing Knotwork	1.30 - 4.30	30

SATURDAY 26 JANUARY

S15	Childrens Book in a Day	10.00 - 4.00	22
S15	Knitting and Crochet Workshop	10.00 - 4.00	14
S17	Landscapes in Watercolour	10.00 - 4.00	6
S18	Mindfulness, Compassion	10.00 - 4.00	29
S19	Morrocan Raffia Weaving	10.00 - 4.00	13
S20	Oil Painting Workshop	10.00 - 4.00	4
S21	Cyanotype Printing Workshop	10.00 - 4.00	11
S22	Pottery Jugs and Vases	10.00 - 4.00	17
S23	Salsa Dance Workshop	10.30-12.30	25
S24	Swing Dance Taster Workshop	2.00 - 4.00	24



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SATURDAY 2 FEBRUARY

S25	Hand Paint Leather Goods	10.00 - 1.00	16
S26	Charcoal Pastels Workshop	10.00 - 4.00	5
S27	Have a Go Darkroom Taster	10.00 - 4.00	9
S28	Introduction to Cartooning	10.00 - 4.00	7
S29	Introduction to Enamelling	10.00 - 4.00	13
S30	Pottery - Slips	10.00 - 4.00	17
S31	Digital Camera Workshop	10.00 - 4.00	9
S32	Line Dancing Beginner	10.30 - 12.30	26
S33	Flash Fiction Writing Workshop	1.00 - 4.00	22
S34	Introduction to Circle Dancing	2.00 - 4.00	26

SATURDAY 9 FEBRUARY

S35	Alexander Technique Workshop	10.00 - 4.00	29
S36	B&W Film Developing	10.00 - 4.00	9
S37	Embroidery Flower Painting	10.00 - 4.00	12
S38	Botanical Painting Workshop	10.00 - 4.00	6
S39	Beginners Pattern Cutting	10.00 - 4.00	16
S40	Painting from Life Workshop	10.00 - 4.00	3
S41	Every Object Tells a Story	10.00 - 4.00	21
S42	Progress your Wheel Skills	10.00 - 4.00	18
S43	Bollywood Dance Workshop	10.30 - 12.30	25
S44	Yoga for Healthy Sleep	1.30 - 4.30	30

SATURDAY 16 FEBRUARY

S45	The Mystery of Singing Bowls	10.00 - 1.00	31
S46	Crochet Squares & Blankets	10.00 - 4.00	14
S47	Drawing for Complete Beginners	10.00 - 4.00	7
S48	Interior Design Workshop	10.00 - 4.00	11
S49	Natural DIY Spa Day	10.00 - 4.00	11
S50	Pottery Taster: Throwing	10.00 - 4.00	17
S51	Intro to Macrame	10.30 - 12.30	12
S52	Mamma Mia Dance Workshop	10.30 - 12.30	24
S53	Yoga Practice at Home	1.00 - 4.00	30
S54	Macramé Wall Hanger	1.30 - 3.30	12

35 ENROLMENT INFORMATION ON PAGE 36

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SATURDAY SCHOOLS TIMETABLES

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SATURDAY 23 FEBRUARY

S55	Hardback Bookbinding	10.00 - 3.00	16
S56	Beginners Harmonica Workshop	10.00 - 4.00	24
S57	Herbal Alchemy	10.00 - 4.00	30
S58	Make a Bag in a Day	10.00 - 4.00	15
S59	Throwing and Turning	10.00 - 4.00	17
S60	Stained Glass Mirror Taster Day	10.00 - 4.00	12
S61	Tactile Photography	10.00 - 4.00	11
S62	Willow Fox Sculpture Workshop	10.00 - 4.00	13

SATURDAY 2 MARCH

S63	Indigo Dye Workshop	10.00 - 1.00	14
S64	Painting with Chemistry	10.00 - 4.00	11
S65	Printing with Stencils	10.00 - 4.00	8

SATURDAY 9 MARCH

S66	Calligraphy- Roundhand	10.00 - 4.00	16
S67	Wet Plate Collodion Photography	10.00 - 4.00	9
S68	Poems From Nowhere	10.00 - 4.00	22
S69	Natural Dye Workshop	10.00 - 4.00	14
S70	Portraiture Workshop	10.00 - 4.00	3
S71	Make a Lampshade in a Day	10.00 - 4.00	11
S72	Ukulele for Improvers - Plus	1.00 - 4.00	24
S73	Meditation for Home Practice	1.00 - 4.00	30

SATURDAY 16 MARCH

S74	Burlesque Workshop	10.30 - 12.30	24
S75	Social Media for Business	10.00 - 4.00	31
S76	Skies and seascapes	10.00 - 4.00	6
S77	Handmade Lingerie Workshop	10.00 - 4.00	15
S78	Pottery Catch Up Day	10.00 - 4.00	18
S79	Shibori Workshop	10.00 - 4.00	14
S80	Digital Camera Workshop	10.00 - 4.00	9
S81	Yogic Medicine	10.00 - 4.00	30

SATURDAY 23 MARCH

S82	Drawing for Improvers	10.00 - 4.00	7
S83	B&W Film Printing	10.00 - 4.00	9
S84	Letter Cutting Wood Workshop	10.00 - 4.00	13

SATURDAY 30 MARCH

S85	Acrylic Painting Workshop	10.00 - 4.00	5
S86	Beginners Folk Harmonica	10.00 - 4.00	24
S87	Calligraphy- Italics	10.00 - 4.00	16
S88	Have a go Darkroom Taster	10.00 - 4.00	9
S89	March Hare Willow Sculpture	10.00 - 4.00	13
S90	Mosaic Workshop	10.00 - 4.00	12
S91	Sewing Surgery	10.00 - 4.00	15
S92	Silver Ring in a Day	10.00 - 4.00	14
S93	Cryptic Crosswords	1.00 - 4.00	31

S94	Autobiography, Biography	10.00 - 4.00	21
S95	Surrealist Photography	10.00 - 4.00	11

SATURDAY 6&7 APRIL

S96	Block Lino Printing - 2 Days	10.00 - 4.00	8
S97	Celtic Art Mini Project - 2 Days	10.00 - 4.00	8
S98	Intro to Sewing - 2 Days	10.00 - 4.00	16
S99	Songwriting Toolbox - 2 Days	10.00 - 4.30	23
S100	Colour in Oils - 2 Days	10.00 - 4.30	4

ENROLMENT INFORMATION

We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly.

For full Terms and Conditions and our Privacy Policy, please visit our website at www.bristolfolkhouse.co.uk/how-to-enrol or speak to a member of staff.

6 HOW TO ENROL

To book a course or workshop call us on:

0117 926 2987

You can enrol:



Office opening hours (during term time):

Monday – Thursday 9am – 9pm Friday – Saturday 9am – 5pm

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

On busy enrollment weeks, there may be a delay receiving your confirmation email. We thank you for your patience.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BSI 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Friend of the Folk House and have a programme delivered to your door. For more details see page 38.

Please note: If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a Carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

 Like the look of the Folk House prospectus? In need of something similar?

 ANNA CLEARY
 GRAPHIC DESIGN

 email: studio@annacleary.co.uk



We are committed to keeping our course prices low. We do offer concession rates for anyone over 65 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, which includes Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.



In the event that we have to cancel a course, we aim to inform you 2 days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.



Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.



The Folk House reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.



Term dates: 7 January – 7 April 2019 Half term: 18 – 22 February 2019

There are no classes during half term and all 12 week courses have a break during this period.

BRISTOL FOLK House members

IF YOU'D LIKE TO JOIN YOU CAN Either fill in the enrolment Form on the back page or call US on 0117 926 2987

The Bristol Folk House is a self-funded not-for-profit organisation. We rely heavily on the support from our friends. With your support we can continue to provide the community with a huge range of affordable courses and workshops, live music and events.

Becoming a Member is a great way of securing the future of the Folk House and allows you to enjoy all the benefits, some of which are listed below:



Printed/Digital Programme delivered to you 4 times a year before the general public



Early and quick enrolment a day before everyone else

74 PARK ROW · BRISTOL · BSI 5LE

www.bristolfineart.co.uk



Newsletters with updates, events and offers



Discount in local shops

Please visit the website for more information www.bristolfolkhouse.co.uk







20% off (excluding existing offers) 63 PARK STREET · BRISTOL · BSI 5NU www.stationeryworldonline.co.uk

ENROLMENT FORM SPRING TERM 2019

5

Please complete in BLOCK CAPITALS

If you would like to give a voluntary £1 contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.**

FIRST NAME	SURNAME	·····		
ADDRESS (Members only)				
	POSTCODE	•••••		
DAYTIME TELEPHONE				
E-MAIL We do not share your details with any 3rd parties course or workshop you are enrolled on. If you we our website and join our mailing list.	. We or the tuto	r will only	contact you ab	out the
Please tick the concessionary rate which 65+ years Benefit rate If you claim benefits, please contact the office be current dated proof.			asked to provid	e
Before enrolling by post please contact on your chosen course.	us by phone t	to ensure	e there is spa	ce
CODE COURSE NAME	D	AY	TIME	FEE
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Voluntary donation 🛄				
Please make cheques payable to BRISTC	L FOLK HOU	SE CO-C	OP LTD.	
BECOME A MEMBER O If you would like to become a Member of t See page 38 for more details. Membership To join please complete this section of the	he Folk House is £12.00 a ye	e please o		
DATE PAID	Cas	h 🗍	Cheque	Card 🗌

GET IN TOUCH

OII7 926 2987

admin@bristolfolkhouse.co.uk www.bristolfolkhouse.co.uk

BRISTOL FOLK HOUSE **CO-OPERATIVE LTD.**

> 40A Park Street. Bristol BSI 5JG

HOW TO BOOK

Please visit our website for full listings. Enrolment information is listed on page 36.

HOW TO FIND US

Hidden behind the shops of Park Street. The entrance is situated up the alleyway next to Nomad Travel Shop. The rear entrance is in Culver Street.

PLEASE NOTE

We do not have any parking facilities. We encourage you to arrive by bike, bus or on foot. Unfortunately we have no wheelchair access or facilities.





ETHICAL, DELICIOUS

Breakfast, lunch and light suppers - we believe in helping to create a more sustainable and wholesome world, one bowl of soup at a time.

We cater for events anywhere - weddings, festivals, parties, meetings, conferences. Call 0117 908 5035 email food@folkhousecafe.co.uk | www.folkhousecafe.co.uk

