



# WELCOME

SUMMER TERM 2019

*The Bristol Folk House is a self-funded not-for-profit over 18 adult education centre in the heart of Bristol. We provide a variety of part time day and evening courses and workshops. We aim to help the local community take part in 'learning for pleasure' courses in a friendly, relaxed environment.*

We host live music events and festivals as well as serving delicious organic, locally sourced food in our café/bar. All our rooms, including the café, are also available to hire for private parties, functions or meetings.

For enrolment information and terms and conditions please see page 36. Full details are on our website. Courses and workshops fill up quickly we advise you to enrol early to avoid disappointment.

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## TERM DATES

Term dates: 23 April – 8 July  
Half term: 27 – 31 May

**Please note:** There are no classes during half term and all 10 and 8 week courses have a break during this period.

**Visit our website to join our mailing list to be the first to know what date the next terms enrolments open.**

## KEY

<b>A1</b>	Course code to cross reference with timetable
<b>M</b>	Please visit the website for a materials list.
<b>£84.00/£75.60/£50.40</b> (example)	<b>Course fees:</b> Full price/65+yrs/Benefits



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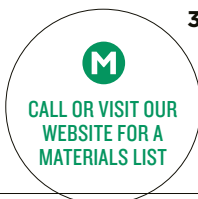


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## ARTS

**BILL GUILDING | I Wish I Could Paint**

**A1** | **M** | £57.50/£52.00/£44.50 | **Wednesday 2.45 – 4.45pm** | starts **24 April** | 5wks

**A2** | **M** | £57.50/£52.00/£44.50 | **Wednesday 2.45 – 4.45pm** | starts **5 June** | 5wks

This is a beginners course in representational painting in acrylic. We will start with a simple landscape and you'll be guided through the painting procedures step-by-step, layer-by-layer. On the way we'll look at colour relationships and learn colour-mixing.

**Life Drawing: Basic Skills**

**A3** | **M** | £125.30/£116.30/£104.50 | **Monday 5.30 – 7.30pm** | starts **13 May** | 8wks

In this eight week guided course you will learn the basic skills of life drawing. This is aimed at beginners although other levels are also welcome.

**Drawing and Painting from Life**

**A4** | **M** | £97.90/£91.00/£81.65 | **Tuesday 1.00 – 3.30pm** | starts **23 April** | 5wks

Drawing and/or painting directly from a model, both nude and clothed. All drawing and painting media welcome. The model will stay in one pose each session, but 'fast workers' may change position. Painters should expect to be working fairly swiftly and boldly and are recommended to have some experience of drawing from life.

**Painting in Oils and Acrylics**

**A5** | **M** | £115.00/£104.00/£89.00 | **Tuesday 4.00 – 6.00pm** | starts **23 April** | 10wks

**A6** | **M** | £115.00/£104.00/£89.00 | **Wednesday 5.15 – 7.15pm** | starts **24 April** | 10wks

A course in the art of painting - from observation, sketches, photographs and the imagination - representational or otherwise. The course will be adjusted to the inclinations of the students. Mixed ability and ideal for those students with some experience.

**Portraiture**

**A7** | **M** | £148.00/£136.30/£122.30 | **Monday 2.00 – 4.30pm** | starts **13 May** | 8wks

Develop your skill at painting or drawing faces. You may use any medium. Some previous experience of drawing from observation is recommended.

**Saturday – Drawing and Painting from Life Workshop**

**S3** | **M** | £39.15/£36.40/£32.65 | **29 June 10.00 – 4.00pm**

Spend a day painting directly from a model. There'll be just one pose, with the model nude but in colourful surroundings. All paint-types welcome, pastels and crayons too, but for this one-off workshop it's best to use a medium you are familiar with. Some experience of drawing from life is recommended.

**Saturday - Life Drawing Day**

**S40** | **M** | £39.15/£36.40/£32.65 | **1 June 10.00 – 4.00pm**

This enjoyable workshop is ideal for those that are new to life drawing (nude model) or those that are a bit rusty. Learn to see shape and light more objectively, as well as exploring the different conventional drawing media.

**NO FORMAL TUITION PROVIDED****Life Drawing - Drop-in and Draw**

**DD** | **M** | £12.00 | **Every Friday 10.00 – 1.00pm** | **Term time only**

These sessions are for anyone who wants to draw in a relaxed environment. No formal tuition however, an organiser is present to organise the model and the room. Just come along with your materials and get drawing. First come first serve. No entry after 10am.

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

**WARREN SEALEY Watercolour for Beginners**

**A8** | **M** | £60.20/£54.70/£47.20 | **Wednesday 7.45 – 9.45pm** | starts **24 April** | 5wks  
Get off on the right foot with this challenging medium by learning the traditional techniques, which can be applied to all subjects. With regular demonstrations, paintings are developed step-by-step, in an informal atmosphere.

**Oil Painting for Beginners**

**A9** | **M** | £62.30/£56.80/£49.30 | **Wednesday 7.45 – 9.45pm** | starts **5 June** | 5wks  
A course for beginners and those with a little oil painting practice. We will look at the basics of oil painting including tonal values, colour mixing, painting procedures and some technical elements such as when to use oil mediums and lots more besides. Subjects can include still-life, landscape and portrait painting.

**Oil Painting for Improvers**

**A10** | **M** | £119.80/£108.80/£93.80 | **Tuesday 6.45 – 8.45pm** | starts **23 April** | 10wks  
For painters who have some experience with oil painting or have already completed a beginners course. During this course we will extend experience of oil painting. Students pick their own subjects that interest them, either bring with them or pick from the teachers selection of various subjects. The tutor will offer demonstrations and one-2-one support with your oil painting practice.

**Saturday – Oil Painting Workshop**

**S10** | **M** | £29.25/£26.50/£22.75 | **11 May 10.00 – 4.00pm**  
We will be looking at the factors that make up a still-life painting like composition, colour, drawing and tone. Still-life is a great subject for beginners to get into oil painting. Step-by-step guidance will get you started on your painting journey.

**GREG HARRIS Discover Watercolours: Colour and Texture**

**NEW** **A11** | £57.50/£52.00/£44.50 | **Monday 8.00 – 10.00pm** | starts **3 June** | 5wks  
Colour and texture can be an interesting thing to explore when it comes to watercolours. Learn how to use colours effectively and build texture into your watercolours over the course of these relaxed evening sessions. All levels of experience welcomed.

**NEW Saturday – Exploring Colour with Oils Workshop**

**S89** | **M** | £53.63/£50.60/£46.50 | **6 July 10.00 – 4.30pm**  
Colour experimentation can be daunting but this one-day workshop will introduce you to an easy-to-use colour framework that will allow you to start making intelligent choices to achieve the desired effects in your oil paintings.

**JENNY MIZEL Acrylic Painting**

**A12** | **M** | £92.00/£83.20/£71.20 | **Monday 10.30 – 12.30pm** | starts **13 May** | 8wks  
This course is for those returning to painting or just starting out. Experiment with the many techniques and uses of acrylic paint, improve your skills and explore new ideas with this incredibly versatile medium.

**Exploring Drawing**

**A13** | **M** | £57.50/£52.00/£44.50 | **Tuesday 1.30 – 3.30pm** | starts **4 June** | 5wks  
Find exciting ways of drawing through different methods of observation and using a variety of materials such as charcoal and inks. In this five week course explore line, tone and composition and how to combine them. All welcome.

M

CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

**JENNY MIZEL Mixed Media, Experimental Art**

**CONTINUED** **A14** | **M** | £129.40/£117.00/£100.10 | **Wednesday 10.30 – 12.45pm** | starts **24 April** | 10wks  
**A15** | **M** | £57.50/£52.00/£44.50 | **Thursday 5.30 – 7.30pm** | starts **25 April** | 5wks  
**A16** | **M** | £57.50/£52.00/£44.50 | **Thursday 5.30 – 7.30pm** | starts **6 June** | 5wks  
This course involves using various techniques and mediums such as inks, simple print making, collage, paint, charcoal etc. and the chance to use these to create your own work. You will be guided by an experienced tutor. Beginners and returners welcome.

**Saturday – Acrylic Painting Workshop**

**S64** | £32.75/£30.00/£26.25 | **22 June 10.00 – 4.00pm**  
Experiment with acrylic paint, discover new techniques and your own creativity. Enjoy the colour, texture and tone of this versatile medium and gain confidence. All levels welcome and all materials provided.

**Saturday – Charcoal and Pastels Workshop**

**S17** | £32.75/£30.00/£26.25 | **18 May 10.00 – 4.00pm**  
This workshop will give you the opportunity to explore the drama of charcoal and the vibrant colour of pastels. It is ideal for absolute beginners and also those with some experience. All materials are provided.

**MARILYN MILLARD Learn to Draw**

**A17** | **M** | £130.00/£119.00/£104.00 | **Monday 10.00 – 12.30pm** | starts **13 May** | 8wks  
An excellent course, developed to encourage beginners and improvers who want to learn the invaluable techniques of line, tone, proportion and perspective over a wide range of subjects. Suitable for all.

**Painting in Watercolour**

**A18** | **M** | £153.00/£139.80/£121.80 | **Monday 1.30 – 4.30pm** | starts **13 May** | 8wks  
Enjoy painting easy step by step projects and develop both skills and confidence in using watercolour. Guided by an experienced tutor in a friendly atmosphere. All levels welcome.

**Landscapes in Watercolour**

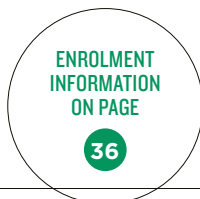
**A19** | **M** | £93.75/£85.50/£74.25 | **Wednesday 10.00 – 1.00pm** | starts **24 April** | 5wks  
**A20** | **M** | £93.75/£85.50/£74.25 | **Wednesday 10.00 – 1.00pm** | starts **5 June** | 5wks  
Enjoy learning to paint a variety of beautiful scenes. You will be guided to produce a range of works and develop your painting skills. All levels welcome, but primarily aimed at those with some watercolour experience.

**Sketching in Watercolour**

**A21** | **M** | £93.75/£85.50/£74.25 | **Thursday 10.00 – 1.00pm** | starts **25 April** | 5wks  
**A22** | **M** | £93.75/£85.50/£74.25 | **Thursday 10.00 – 1.00pm** | starts **6 June** | 5wks  
Learn to draw in pencil and pen, combined with painting to capture various subjects in easy step-by-step lessons. Ideal for beginners in a relaxed and friendly atmosphere with plenty of guidance.

**Botanical Drawing and Painting**

**A23** | **M** | £94.25/£86.00/£74.75 | **Thursday 2.00 – 5.00pm** | starts **25 April** | 5wks  
**A24** | **M** | £94.25/£86.00/£74.75 | **Thursday 2.00 – 5.00pm** | starts **6 June** | 5wks  
Enjoy drawing and painting beautiful flowers from observation. An inspiring course that gives step by step techniques in using watercolour, pencil and pens. All Levels welcome.

**MARILYN MILLARD** Saturday – Landscapes in Watercolour WorkshopCONTINUED **S47** | **M** | £32.25/£29.50/£25.75 | **8 June** 10.00 – 4.00pm

Ever wanted to paint inspiring landscapes? This workshop is an excellent way to develop your watercolour skills in a welcoming environment. Suitable for all abilities.

**Saturday – Skies and Seascapes in Watercolour****S70** | **M** | £32.25/£29.50/£25.75 | **22 June** 10.00 – 4.00pm

Enjoy a day painting an inspiring scene. A great way to learn and expand your skills/confidence in the handling of watercolour. A step by step class, for all abilities.

**Saturday – Botanical Painting Workshop****S83** | **M** | £32.25/£29.50/£25.75 | **6 July** 10.00 – 4.00pm

Spend the day drawing and painting flowers in watercolour. With guidance from an experienced tutor in a relaxing atmosphere. All abilities welcome.

**MARTIN LOVELL** The Versatility of Watercolour**A25** | **M** | £129.40/£117.00/£100.10 | **Thursday** 10.30 – 12.45pm | starts **25 April** | 10wks

Explore the medium of watercolour and discover its potential. This class is for those with some experience and will respond to the needs and interests of the individual.

**Painting Projects: Multi-level****A26** | **M** | £129.40/£117.00/£100.10 | **Thursday** 2.00 – 4.15pm | starts **25 April** | 10wks

Develop your confidence and your own approach when working with different media and processes. This class offers a shared starting point referencing artists, art movements and exhibitions to help inspire you.

**SARAH GRICE** Exploring Illustration Advanced**A27** | **M** | £130.00/£119.00/£104.00 | **Thursday** 7.45 – 9.45pm | starts **25 April** | 10wks

An opportunity for those who wish to develop and enhance their illustrative skills or projects further. Students have the opportunity to work on a self-selected project, with help and guidance from the tutor. For anyone with an enjoyment of drawing processes, and some previous art experience. All levels welcome.

**CHRIS HALLS** Complete Figure Drawing and Anatomy**A28** | **M** | £57.50/£52.00/£44.50 | **Thursday** 7.30 – 9.30pm | starts **6 June** | 5wks

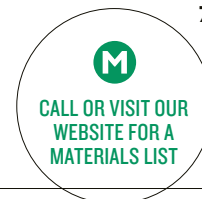
For beginners, this five week course will provide students with a complete understanding of simplified anatomy for the human form that can be applied to many other practises, such as life drawing, portraiture, illustration, animation and sculpture. Learn to draw the body correctly in proportion and move it in 3-dimensions.

**JOHN REA** Cartoons and Comics**A29** | **M** | £57.50/£52.00/£44.50 | **Thursday** 7.45 – 9.45pm | starts **6 June** | 5wks

Learn how to draw cartoons and cartoon characters through a series of enjoyable practical exercises and a detailed study of cartooning techniques in a supportive environment. All abilities welcome.

**Saturday – Introduction to Cartooning****S75** | **M** | £28.75/£26.00/£22.25 | **29 June** 10.00 – 4.00pm

Explore cartooning both as an art form and means of self expression. Subjects covered include faces and expressions, body shapes and postures, lettering, and cartoon language.

**ROMA WIDGER** Etching and Drypoint**A30** | **M** | £125.00/£114.00/£99.00 | **Tuesday** 5.30 – 7.30pm | starts **23 April** | 10wks

Etching for beginners and improvers. You will receive tuition in the basic techniques and guidance in making personal projects. No prior knowledge is required, just an interest in printmaking.

**Saturday – Drawing for Complete Beginners****S45** | £35.75/£33.00/£29.25 | **8 June** 10.00 – 4.00pm

This workshop is designed for complete beginners and will introduce students to mark-making, perspective, tone, and composition. We will look at figures, landscape and structures as subjects. All materials are included and everyone is welcome.

**KERRY DAY** Lino Printing**A31** | **M** | £135.00/£124.00/£109.00 | **Tuesday** 2.00 – 4.00pm | starts **23 April** | 10wks

**A32** | **M** | £135.00/£124.00/£109.00 | **Wednesday** 5.30 – 7.30pm | starts **24 April** | 10wks  
Learn the wonderful art of lino cutting or refresh your skills. Translate your ideas into prints, using Japanese style cutting tools. Learn to bring tone and texture to your work with hand burnishing techniques as well as printing with a press.

**Lino Printing Extended****A33** | **M** | £135.00/£124.00/£109.00 | **Wednesday** 2.00 – 4.00pm | starts **24 April** | 10wks

Suited to those with some experience of Lino printing, though beginners are very welcome. During this course we will look further into advance techniques such as Reduction Printing, Multiple Blocks and more experimental methods with combining Lino with collage, mono-printing and introducing texture and tone.

**Saturday – Introduction to Lino Printing****S8** | **M** | £38.75/£36.00/£32.25 | **11 May** 10.00 – 4.00pm

Learn the basics of lino cutting printing, covering a variety of cutting methods and hand printing techniques. Lino cuts are a dramatic yet simple printmaking technique that can be used at home without any expensive equipment.

**Saturday – Lino Printing onto Fabric****S41** | **M** | £38.75/£36.00/£32.25 | **1 June** 10.00 – 4.00pm

In this workshop you will create repeated patterns onto fabric using the block printing method, a relief printing technique using lino, foam, erasers, card and other unusual objects as your printing block.

**JUSTYNA MEDON** Printmaking for Beginners**A34** | **M** | £72.50/£67.00/£59.50 | **Friday** 1.00 – 3.00pm | starts **26 April** | 5wks

Develop the skills required to design for print and explore printmaking techniques. Experiment with colour, shapes and create your own unique designs. Develop your confidence in handling materials and equipment whilst creating images and developing them into surface decoration.

**Botanical Patterns - Design and Printmaking****A35** | **M** | £72.50/£67.00/£59.50 | **Thursday** 5.30 – 7.30pm | starts **6 June** | 5wks

Create prints inspired by nature, learn how to create botanical illustration on fabric and/or paper. Develop the skills required to design for print and explore printmaking techniques.

ARTS CONTINUED

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

SOPHIE RAE **Creative Printmaking**

**A36** | **M** | £67.50/£62.00/£54.50 | **Thursday 5.30 – 7.30pm** | starts **25 April** | 5wks

Get creative with printing techniques using stencils, rollers and specialised inks. The course will take you through how to complete a beautiful, detailed multi-layered print and give you time to experiment. For everyone, including beginners.

**Saturday – Printing with Stencils Workshop**

**S58** | **M** | £33.75/£31.00/£27.25 | **15 June 10.00 – 4.00pm**

Enjoy the magic of using stencils, learn how to mix vivid printing inks and apply them to create multi-layered monoprints. This workshop will allow you to play with the materials with satisfying results. Beginners welcome.

MIKE TERRET **Saturday – Celtic Art: Introducing Knotwork**

**S28** | **M** | £29.75/£27.00/£23.25 | **25 May 10.00 – 4.00pm**

A hands on introduction to the fascinating world of celtic art through the language of knots. How to unlock an entire vocabulary from a simple plait and how these marvelous patterns can then be used and what they might mean.

**NEW Saturday – Celtic Art: Introducing Spirals**

**S87** | **M** | £29.75/£27.00/£23.25 | **6 July 10.00 – 4.00pm**

A hands-on introduction to the fascinating world of Celtic Art through the language of spirals. How to draw and interlink them using geometry as a guide to create borders and circular patterns in the traditional Celtic manner.

## PHOTOGRAPHY

GRAHAM PARISH **Using Your Digital Camera: Beginners**

**A37** | **M** | £86.25/£78.00/£66.75 | **Thursday 1.00 – 4.00pm** | starts **25 April** | 5wks

**A38** | **M** | £86.25/£78.00/£66.75 | **Thursday 1.00 – 4.00pm** | starts **6 June** | 5wks

We will look at all aspects of digital photography using step-by-step methods and weekly projects. Learn how to use camera controls effectively. Concentrate on how to take impressive photographs rather than how to edit them afterwards. Suitable for DSLR, Bridge and CSC cameras.

**Using Your Digital Camera: Improvers**

**A39** | **M** | £86.25/£78.00/£66.75 | **Friday 10.00 – 1.00pm** | starts **7 June** | 5wks

If you have gained confidence and an understanding of the basic controls of your DSLR, Bridge or CSC camera, now you can improve your skills even more, and we'll look at advanced techniques to get the best photos.

**LEE SPENCER-FLEET Saturday – Using your Digital Camera Workshop**

**S34** | **M** | £30.75/£28.00/£24.25 | **25 May 10.00 – 4.00pm**

Get away from just using the auto button and take your photography to the next level. Getting to grips with apertures, shutter speeds, depth of field, ISO and composition will allow you to take better pictures. Suitable for DSLR, Bridge and CSC.

PHOTOGRAPHY CONTINUED

GIFT VOUCHERS ARE  
AVAILABLE FOR ALL  
COURSES AND  
WORKSHOPS

WENDY LEOCQUE **Saturday – Have a go Darkroom Taster**

**S18** | **M** | £32.75/£30.00/£26.25 | **18 May 10.00 – 4.00pm**

Learn how to use an enlarger and photographic chemicals to traditionally print your own negatives. Please bring your own black and white negatives to print from. No darkroom experience necessary for this workshop.

TIM PEARSE **Introduction to Black and White Film Photography**

**A40** | **M** | £167.80/£154.00/£135.30 | **Wednesday 6.30 – 9.00pm** | starts **24 April** | 10wks

This practical course will introduce the beginner to traditional film photography. This course will help you learn the basics of printing then enhancing the prints using more advanced printing techniques. Bring your own camera, 35mm or 120 roll-film.

**Saturday – Black-and-White Film Developing**

**S27** | **M** | £38.75/£36.00/£32.25 | **25 May 10.00 – 4.00pm**

Shoot a black-and-white film in advance (Ilford HP5 Plus) and bring this along. In this workshop you will develop a black and white film, make negatives and contact sheet. No previous darkroom experience necessary.

**Saturday – Black-and-White Film Printing**

**S54** | **M** | £38.75/£36.00/£32.25 | **15 June 10.00 – 4.00pm**

In this day you will print your own negatives. Learn how to make a basic black-and-white print, and enhance the print using various techniques. Bring your own black-and-white negatives (35mm or 120).

**NEW Saturday – Wet Plate Collodion Photography**

**S88** | **M** | £48.75/£46.00/£42.25 | **6 July 10.00 – 4.00pm**

Learn to make photographs using the beautiful wet plate collodion process. Join award winning photographer Tim Pearse to learn everything you need to know about how to make unique images on glass and aluminium, using this gorgeous historic process.

MARTYN GRIMMER **Photography Cyanotypes and Gum-bichromate Introduction**

**A41** | £116.25/£108.00/£96.75 | **Thursday 6.00 – 9.00pm** | starts **6 June** | 5wks

Learn the historic processes of gum bichromate and cyanotype printing. We will experiment with a range of activities and develop ideas and method to see where it takes your the image-making.

ELLA BRYANT **Saturday – Surrealist Photography**

**S12** | **M** | £46.75/£44.00/£40.25 | **11 May 10.00 – 4.00pm**

Drawing inspiration from the works of surrealist artists, participants will create their own hand printed surrealist photographs. Produce images by combining negatives of the body with unusual objects and explore Cyanotype and Van Dyke print processes.

**Saturday – Tactile Photography**

**S60** | **M** | £35.75/£33.00/£29.25 | **15 June 10.00 – 4.00pm**

Have you got some old photos lying around or do you have some new photographs that haven't come out the way you expected? Give them a new lease on life in this fun workshop. Physically manipulate and enhance photographs by burning, stitching, painting and collaging, blurring the lines between art and photography.

## BRISTOL FOLK HOUSE

# DARKROOM

*We have a purpose built wet-based photography facility which can be used by both members and non-members. We run courses and workshops throughout the year and the space is also available for private hire.*

## DARKROOM FACILITIES\*

- Seven black and white enlargers 35mm/ medium/large format
- Black and white film development facilities
- Print finishing facilities
- Technical support and chemistry

## MEMBERSHIP

Becoming a member gives you greater flexibility and some great benefits.

## MEMBER FEES

12 Months - £40  
6 Months - £30

## SESSION FEES

£5 per hour for Members  
£7 per hour for Non-Members

## BOOKINGS

Please book darkroom sessions in advance to ensure access to the equipment. All darkroom users share the work space and must use the enlarger they have booked. For more information or to book please ring 0117 926 2987 or email [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

## ROOM HIRE

If you would like to run your own workshop or one-to-one teaching sessions in our darkroom or hire the facility for a team building day, please contact: [darkroom@bristolfolkhouse.co.uk](mailto:darkroom@bristolfolkhouse.co.uk)

## OPENING HOURS (during term time)

Monday – Thursday 9am – 9pm  
Friday – Saturday 9am – 5pm

(Times may vary dependent on courses and workshops running).

\*YOU MUST BE 18 OR OVER TO BECOME A MEMBER OR TO USE THE DARKROOM IN ANY CAPACITY

**M**  
CALL OR VISIT OUR  
WEBSITE FOR A  
MATERIALS LIST

## PHOTOGRAPHY CONTINUED

**ELLA BRYANT** **Saturday – Cyanotype Printing Workshop**  
**CONTINUED S79** | **M** | £40.75/£38.00/£34.25 | **22 June 10.00 – 4.00pm**

Cyanotype is a historical photographic printing technique which creates Prussian Blue prints simply by using sunlight. In this fun day you will print your own photos, illustrations and collages, and learn how to carry on at home. No experience needed.

**SOPHIE SHERWOOD** **Photographic Course in ‘Chemigram’ Technique**  
**A42** | £91.90/£85.00/£75.65 | **Tuesday 6.00 – 8.30pm | starts 23 April | 5wks**

**NEW** Learn how to make your own chemigrams in the darkroom. Previous darkroom experience is a bonus but not necessary. The chemigram is a simple painterly process using darkroom chemicals and resistant materials. They can often seem like images from another world, and often have a very psychedelic feel. Bring along negatives to use and add another dimension to your images.

**Saturday – In the Darkroom - Painting with Chemistry**  
**S38** | **M** | £38.25/£35.50/£31.75 | **1 June 10.00 – 4.00pm**

Learn how to make your own chemigrams in the Folk House darkroom. Previous darkroom experience is a bonus but not necessary, just an open mind ready to create. Bring along negatives to use and add another dimension to your images.

## CRAFTS

**FAITH MORTON** **Saturday – Natural DIY Spa Day**  
**S2** | £42.25/£39.50/£35.75 | **27 April 10.00 – 4.00pm**

Learn how to make and take home a variety of natural beauty care products such as body scrub, bath bombs, face mask, lip balm, hand salve and face cream.

**NEW** **Saturday – DIY Spa Afternoon**  
**S91** | £22.90/£21.50/£19.60 | **6 July 2.00 – 4.30pm**

Wanting to make something special for yourself or a gift for a loved one? Come along to this afternoon mini workshop where you'll have the opportunity to make your own natural spa products to take home.

**ANGELA MORRIS** **Saturday – Interior Design Workshop**  
**S20** | **M** | £30.25/£27.50/£23.75 | **18 May 10.00 – 4.00pm**

This hands on workshop will explore some of the secrets of designing inspiring interiors. Learn how colour, pattern and texture can enhance a room. Discover how to produce a successful room layout, and create an inspiring mood board of ideas.

**JUSTYNA MEDON** **Printing on Textiles for Home Accessories**  
**C1** | **M** | £70.50/£65.00/£57.50 | **Friday 1.00 – 3.00pm | starts 7 June | 5wks**

This course will enable students to explore the techniques of how to decorate home accessories and print your own unique patterns. During this course you will learn how to decorate various textiles, print napkins, tea towels, cushion covers, table runners.

**Saturday – Make a Lampshade in a Day**  
**S76** | **M** | £38.75/£36.00/£32.25 | **29 June 10.00 – 4.00pm**

It will enable students to develop the skills required to prepare design for print, explore the techniques of how to apply pattern for lampshade decoration. Make Your own 20cm round decorative lampshade in a day.

FOR ALL 8 AND 10 WEEK COURSES, THERE WILL BE NO CLASSES DURING HALF TERM

## CRAFTS CONTINUED

**JEN WALSH Saturday – Introduction to Macrame: Make a Plant Hanger****S16** | M | £19.35/£18.00/£16.10 | **18 May** 10.00 – 12.30 pm

Learn the basics of macrame including knotting techniques and guidance on suitable materials to make your own plant pot hanger from start to finish. This lesson is aimed at beginners and all materials are provided including a pot and a plant.

**Saturday – Macrame Wall Hanger****S25** | M | £17.35/£16.00/£14.15 | **18 May** 1.30 – 4.00 pm

Learn the basics of macrame including suitable materials, knotting techniques and make your own decorative wall hanger. Learn how to build patterns using those techniques. This lesson is aimed at beginners and all materials are provided.

**LESLEY SCARFE Stained Glass****C2** | M | £91.90/£85.00/£75.65 | **Friday** 10.00 – 12.30 pm | starts **26 April** | 5wks**C3** | M | £91.90/£85.00/£75.65 | **Friday** 10.00 – 12.30 pm | starts **7 June** | 5wks

These five week courses are for anyone interested in learning all the techniques involved with cutting glass, preparing and cutting lead, soldering panels together, finishing off with cement and polishing. Beginners are welcome.

**Saturday – Stained Glass Taster Day****S33** | M | £43.75/£41.00/£37.25 | **25 May** 10.00 – 4.00 pm

A chance to try all the techniques used in creating a small leaded glass panel, to include glass cutting, leading, soldering and finishing. All materials provided.

**Saturday – Stained Glass Mirror Taster Day****S78** | M | £43.75/£41.00/£37.25 | **29 June** 10.00 – 4.00 pm

Make a small stained glass mirror, learning and using traditional techniques of glass cutting, leading, soldering and finishing. All tools, lead and glass are provided.

**FRANKIE HUDSON Saturday – Mosaic Workshop****S49** | M | £43.75/£41.00/£37.25 | **8 June** 10.00 – 4.00 pm

A busy day introducing how to create a mosaic with a variety of alternatives to try out for yourselves. An opportunity to complete a small panel to take home. Cutting tools and all materials provided.

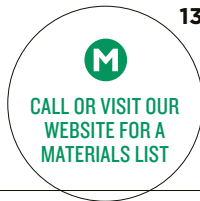
**DANIEL BENDEL Woodcarving Course****C4** | £62.50/£57.00/£49.50 | **Thursday** 10.30 – 12.30 pm | starts **25 April** | 5wks**C5** | £62.50/£57.00/£49.50 | **Thursday** 10.30 – 12.30 pm | starts **6 June** | 5wks

For beginners or continuing students who want to make a small, simple shaped, sculptural carving. Come with an idea in mind and learn the carving techniques that will make your idea. For new carvers this course will provide support to help you develop an idea. All tools and materials provided.

**Saturday – Letter Cutting Wood Workshop****S67** | M | £36.75/£34.00/£30.25 | **22 June** 10.00 – 4.00 pm

A one day course where you can learn to make incised lettering in wood for your house or door or for a personal plaque. A step-by-step course using chisels, and gouges. Come with an idea for a small project for the day.

## CRAFTS CONTINUED

**SARAH EDWARDS Basket Weaving Course****C6** | M | £87.50/£82.00/£74.50 | **Thursday** 7.30 – 9.30 pm | starts **25 April** | 5wks

Learn how to create modern stylish vessels using ancient basket making techniques and a range of materials. Various styles will be taught. Learn how to make baskets to use at home.

**NEW Basket Weaving Continued****C7** | M | £87.50/£82.00/£74.50 | **Thursday** 7.30 – 9.30 pm | starts **6 June** | 5wks

An opportunity to weave more willow baskets for students who have completed the introductory course and wish to continue. It is also welcome for new students who are trying willow weaving baskets for the first time. Create a rustic willow Berry Gathering Basket, a Flatweave Flower Trug and a Catalan Tension Tray.

**Saturday – Morocco Inspired Coiled Raffia Weaving****S48** | M | £38.75/£36.00/£32.25 | **8 June** 10.00 – 4.00 pm

Weave a colourful Moroccan inspired coiled basket, learn this mindful weaving technique that can be used to turn natural grasses and fibres into wonderfully useful vessels. We will use multi coloured raffia to learn various techniques and create core samples and then choose your favourite to create your basket.

**Saturday – Moon Gazing Hare Willow Sculpture Workshop****S30** | M | £43.75/£41.00/£37.25 | **25 May** 10.00 – 4.00 pm

Create a wonderful Hare from locally sourced willow. Learn the basic techniques and then weave your own Moon Gazing Hare to take home.

**Saturday – Willow Owl Sculpture Workshop****S71** | M | £43.75/£41.00/£37.25 | **22 June** 10.00 – 4.00 pm

Discover the creative potential of willow and weave your own beautiful owl.

**KIM THOMSON Jewellery: Silversmithing Techniques****C8** | M | £124.00/£115.20/£103.20 | **Monday** 5.30 – 7.30 pm | starts **13 May** | 8wks**C9** | M | £124.00/£115.20/£103.20 | **Monday** 7.45 – 9.45 pm | starts **13 May** | 8wks**C10** | M | £147.00/£136.00/£121.00 | **Tuesday** 7.45 – 9.45 pm | starts **23 April** | 10wks**C11** | M | £147.00/£136.00/£121.00 | **Wednesday** 7.45 – 9.45 pm | starts **24 April** | 10wks

Learn how to file, drill, form, anneal, pattenat, texture, solder and polish metals such as copper and silver. In fact, everything you need to make your own jewellery. You will then work from your own designs with plenty of guidance from the tutor.

**Saturday – Silver Ring in a Day****S5** | M | £54.75/£52.00/£48.25 | **27 April** 10.00 – 4.00 pm**S59** | M | £54.75/£52.00/£48.25 | **15 June** 10.00 – 4.00 pm

Learn how to form metals into a ring band and add embellishments with textures, hand cut shapes and ready made settings. You will learn techniques such as cutting, filing, forming, soldering and polishing metals as well as how to use a variety of tools.

**MARGARET CRUMP Sewing for Beginners****C12** | M | £102.25/£94.00/£82.75 | **Tuesday** 10.00 – 1.00 pm | starts **23 April** | 5wks**C13** | M | £102.25/£94.00/£82.75 | **Tuesday** 10.00 – 1.00 pm | starts **4 June** | 5wks

Learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine to create some practical and decorative items. Later in the term you will be able to follow a pattern to create basic garments.



## CRAFTS CONTINUED

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

DAISY HAMID **Saturday – Sewing for Beginners Workshop**

**S23** | **M** | £35.75/£33.00/£29.25 | **18 May** 10.00 – 4.00pm

Get to grips with a sewing machine in this fun workshop. Learn how to thread and use a machine, create button holes and put in zips - plus lots of tips and tricks! Then practice your new skills by making a cushion and purse. Suitable for beginners or those looking to improve their skills.

**Saturday – Beginners Pattern Reading Workshop**

**S44** | **M** | £35.75/£33.00/£29.25 | **8 June** 10.00 – 4.00pm

Have you always wanted to make your own clothes and accessories and felt a little overwhelmed by bought patterns, don't know where to start? Looking for a great first garment project? Come to this fun workshop and learn how to make an apron and follow a pattern.

LORRAINE JOSEPH **Dressmaking**

**C14** | **M** | £131.00/£110.00/£105.00 | **Wednesday** 5.30 – 7.30pm | starts **24 April** | 10wks

**C15** | **M** | £131.00/£110.00/£105.00 | **Wednesday** 7.45 – 9.45pm | starts **24 April** | 10wks

Come and make your own clothes! You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

**Saturday – Handmade Lingerie Workshop**

**S7** | **M** | £32.25/£29.50/£25.75 | **11 May** 10.00 – 4.00pm

The aim during this one day workshop is to produce an item of lingerie, learning skills of cutting out, working with fine fabrics, sewing techniques and decorative finishes. Choices of lingerie are: Camisole and knickers, Bustier Set, Bias cut slip, Boxer Shorts. Students should have some experience and confidence using a sewing machine.

**Saturday – Make Reversible Wrap Skirt Workshop**

**S85** | **M** | £33.75/£31.00/£27.25 | **6 July** 10.00 – 4.00pm

Make a beautiful reversible wrap skirt. This is an easy to make and wear reversible wrap skirt learning a variety of sewing techniques to complete this comfortable summer garment. This workshop is suitable for learners who have a little experience using a sewing machine.

KAREN REILLY **Sewing for Beginners**

**C16** | **M** | £131.00/£110.00/£105.00 | **Thursday** 5.30 – 7.30pm | starts **25 April** | 10wks

**C17** | **M** | £131.00/£110.00/£105.00 | **Thursday** 7.45 – 9.45pm | starts **25 April** | 10wks

An introduction to the art of basic sewing. You will learn about fabrics, basic cutting, stitching, different seams and how to use a sewing machine. By the end of the course you will have some finished products, such as cushions or purses. Limited spaces.

**Dressmaking**

**C18** | **M** | £108.00/£99.20/£87.20 | **Monday** 5.30 – 7.30pm | starts **13 May** | 8wks

**C19** | **M** | £108.00/£99.20/£87.20 | **Monday** 7.45 – 9.45pm | starts **13 May** | 8wks

**C20** | **M** | £131.00/£110.00/£105.00 | **Tuesday** 2.00 – 4.00pm | starts **23 April** | 10wks

**C21** | **M** | £131.00/£110.00/£105.00 | **Tuesday** 5.30 – 7.30pm | starts **23 April** | 10wks

**C22** | **M** | £131.00/£110.00/£105.00 | **Tuesday** 7.45 – 9.45pm | starts **23 April** | 10wks

Come and make your own clothes. You will learn the art of reading a pattern, cutting, making, stitching and how to get the best from your sewing machine. Previous experience of machine sewing is needed for this exciting course. Limited spaces.

## CRAFTS CONTINUED

GIFT VOUCHERS ARE  
AVAILABLE FOR ALL  
COURSES AND  
WORKSHOPS

KAREN REILLY **Saturday – Learn to Sew and Make a Bag in a Day**

**S39** | **M** | £28.75/£26.00/£22.25 | **1 June** 10.00 – 4.00pm

You'll get to grips with a sewing machine and then go on to make your own bag to take home. A great way to get you started with sewing and discover the joy of making and having fun with fabrics.

**Saturday – Sewing Surgery**

**S69** | **M** | £28.75/£26.00/£22.25 | **22 June** 10.00 – 4.00pm

Have you come unstuck with your latest sewing project? Need to put the finishing touches on your textile masterpiece? Spend a day working on your own projects.

RHYANNAN HALL **Saturday – Natural Dye Workshop**

**S21** | **M** | £43.75/£41.00/£37.25 | **18 May** 10.00 – 4.00pm

Spend the day exploring natural dyeing processes, using a mixture of plant-based dyes and things you might find in your kitchen. A mixture of theory and practical experiments. Learn the tips and tricks of dyeing to take home.

**Saturday – Shibori Workshop**

**S32** | **M** | £39.75/£37.00/£33.25 | **25 May** 10.00 – 4.00pm

Using methods such as stitching, wrapping, pleating, folding and binding we resist the cloth against itself to create beautiful patterns with soft edges that are so characteristic of shibori. In this hands-on workshops students are encouraged to experiment, express themselves. Wabi Sabi.

**Saturday – Indigo Dye Workshop**

**S82** | **M** | £27.25/£25.60/£23.35 | **6 July** 10.00 – 1.00pm

Indigo is a distinctive blue colour and among the oldest natural dyes to be used for textile dyeing. The techniques for dyeing with Indigo is not like other natural dyes. This is an opportunity to get to grips with the basics of dyeing with beautiful indigo.

JACQUI REEVES **Saturday – Upcycle Your Wardrobe - Sewing Workshop**

**S56** | **M** | £38.75/£36.00/£32.00 | **15 June** 10.00 – 1.00pm

Upcycle is when you take an item and change it up into something new. Upcycle an everyday shirt into a funky, modern wardrobe must. Learn sewing tips and tricks and how to view your wardrobe with new eyes. Helping to save your pocket and the environment. For students with some sewing machine experience.

SHIRLEY DOWNEY **Knitting and Crochet**

**C23** | **M** | £57.50/£52.00/£44.50 | **Tuesday** 7.15 – 9.15pm | starts **23 April** | 5wks

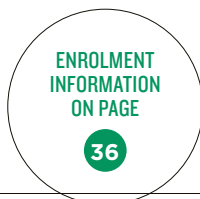
You will learn about basic stitches, patterns, skills, yarns, equipment and how to read a pattern in this five week course. Why buy something when you can make something better? Get creative and learn to knit. Everyone welcome.

**Saturday – Knitting and Crochet Workshop**

**S1** | **M** | £28.75/£26.00/£22.25 | **27 April** 10.00 – 4.00pm

This is for beginner knitters and crocheters, with tips and tricks tailored to each student's own experience. You will be supported and shown techniques to get you going with your own creative crochet and/or knitting projects.

## CRAFTS CONTINUED



**SHIRLEY DOWNEY** **Saturday – Crochet Squares and Blankets Workshop**  
**CONTINUED S29** | **M** | £28.75/£26.00/£22.25 | **25 May 10.00 – 4.00pm**  
 Learn how to make a variety of crochet squares - the basis of beautiful blankets and throws. From the basic square we will progress to uses of colour and lace and joining techniques. You will produce a couple of squares, depending on skill.

**CHRISTINA VALADERES** **Saturday – Make a Crochet Toy Hedgehog**  
**NEW S68** | **M** | £36.75/£34.00/£30.25 | **22 June 10.00 – 4.00pm**  
**NEW** Make a stuffed hedgehog using amigurumi technique (3D crochet). Learn how to do the basic shapes that will help you achieving any project. When you learn the techniques you can go away and make so many things with crochet. All levels are welcome but some knowledge of fundamentals, as double crochet stitch, is useful.

**JEMIMA LUMLEY** **Saturday – Embroidery Painting ‘Summer Fruits’ (with Threads)**  
**NEW S9** | **M** | £35.75/£33.00/£29.25 | **11 May 10.00 – 4.00pm**  
**NEW** Using threads as your medium, this workshop will teach you how to paint with embroidery floss and cottons, capturing light and shade, shape and form. With just simple stitches you will be creating a beautiful summer fruit picture on eco-dyed fabric.

**NEIL INGHAM** **Saturday – Modern Calligraphy**  
**NEW S55** | **M** | £34.75/£32.00/£28.25 | **15 June 10.00 – 4.00pm**  
**NEW** Modern calligraphy has movement and energy. Create your own style and have fun. It can be used for signs, posters, greeting cards, stationery and crafts. Everyone will have a finished piece of hand-lettering to take home.

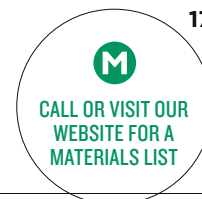
**Saturday – Calligraphy – Roundhand**  
**S84** | **M** | £34.75/£32.00/£28.25 | **6 July 10.00 – 4.00pm**  
 Learn the art of beautiful writing at this one day Roundhand workshop. Calligraphy is an art form which has been enjoyed for centuries in poetry, stationery and art & design. There will be demonstrations as well as lots of time to practice.

**SARAH DENNIS** **Saturday – Beautiful Paper Cutting Workshop**  
**S36** | **M** | £32.75/£30.00/£26.25 | **1 June 10.00 – 4.00pm**  
 The process of paper cutting deeply is therapeutic and relaxing. Removing shapes to reveal a design takes you into an almost meditative state. This workshop is designed for you to take some time to create something beautiful that you can then use to brighten up your home.

## POTTERY

*We have a well-established pottery studio run by a professional team with a wide range of expertise and skills. We use smooth white Stoneware clay, Crank and Earthenware. All clay, glazing and firing is included in the cost of the course or workshop. Due to popular demand please enrol early.*

## POTTERY CONTINUED



**STEVE CARTER** **Pottery Day Studio**  
**P1** | £325.50/£302.40/£270.00 | **Monday 10.00 – 4.15pm** | starts **13 May** | 8wks  
 This is an opportunity for practised and aspiring makers to explore and develop their work in greater depth. Working through mainly self-directed projects with tutor guidance and teaching. There will also be short presentations and discussions around art and technology as required to feed into both individual and shared interests.

**Saturday – Pottery – Sprigged Jugs and Vases**  
**Sxx** | £44.50/£41.20/£38.00 | **25 May 10.00 – 4.00pm**  
 Design and hand-build table jugs and vases that are fit for purpose. Model 'coin-sized' relief motifs and cast them in plaster-of-Paris. Adorn the surface of your vessel with repeat press-moulded applique' sprigs.

**MARGARET CRUMP** **Pottery – Beginners**  
**P2** | £193.75/£180.00/£161.25 | **Wednesday 10.00 – 12.30pm** | starts **24 April** | 10wks  
**P3** | £155.00/£144.00/£129.00 | **Wednesday 7.45 – 9.45pm** | starts **24 April** | 10wks  
 This is a course for those new to making pottery. This course will help you to combine your enthusiasm and creativity with a sound foundation in the several techniques of handbuilding pottery. In the second half of term the basics of using the potters wheel are introduced, after which you can perfect your skills and work on individual projects.

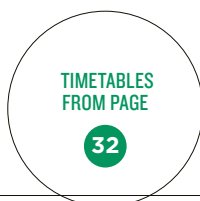
**Pottery – Improvers**  
**P4** | £186.00/£172.80/£154.80 | **Monday 6.00 – 9.00pm** | starts **13 May** | 8wks  
**P5** | £155.00/£144.00/£129.00 | **Wednesday 5.30 – 7.30pm** | starts **24 April** | 10wks  
 This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

**NEW** **Saturday – Pottery – Relief Plaque Sculpture**  
**S3** | £44.50/£41.20/£38.00 | **27 April 10.00 – 4.00pm**  
 Model one or two A4-ish sized ceramic plaques. The slightly raised surface of your sculpture could be based upon an image you supply, one that is prepared for you or just use your imagination on the day. There is no such thing as 'I'm not creative'.

**Saturday – Pottery Taster: Throwing and Turning**  
**S43** | £44.50/£41.20/£38.00 | **1 June 10.00 – 4.00pm**  
 A whole day learning techniques and skills of 'throwing on the wheel'. With key points and guidance on all basic methods. Learning to 'throw' on the wheel in the morning and 'turn' your pieces in the afternoon. Your work will be glazed and fired by the tutor for you to collect later in the term.

**Saturday – Pottery Catch Up Day**  
**S57** | £44.50/£41.20/£38.00 | **15 June 10.00 – 4.00pm**  
 If you are a current Folk House potter or have some experience in pottery and need to catch up, come to this workshop day. Please specify whether you will be using a potters wheel.

## POTTERY CONTINUED



### SAM HALLETT Pottery Day Studio Tuesday

**P6** | £193.75/£180.00/£161.25 | **Tuesday 10.00 – 4.00pm** | starts **23 April** | 5wks

**P7** | £193.75/£180.00/£161.25 | **Tuesday 10.00 – 4.00pm** | starts **4 June** | 5wks

These five week courses are an opportunity for makers with some experience to enhance and develop their skills, try techniques in construction, surface decoration, using the potters wheel and to progress self directed projects.

### Pottery Multi-level

**P11** | £232.50/£216.00/£193.50 | **Tuesday 6.30 – 9.30pm** | starts **23 April** | 10wks

This longer session gives you the opportunity to work on your own projects, progress your skills and learn new techniques and ideas. Students of all skill levels are welcome.

### POTTERY TUTOR Saturday – Pottery Taster: Throwing and Turning

**S22** | £44.50/£41.20/£38.00 | **18 May 10.00 – 4.00pm**

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

### ROGER OWEN Pottery Improvers

**P8** | £155.00/£144.00/£129.00 | **Thursday 7.45 – 9.45pm** | starts **25 April** | 10wks

This course is suitable for you if you have had some experience in making pottery. You will be able to pursue your interests in throwing and/or hand building. You will also be introduced to new techniques and approaches and encouraged to explore and make progress in a relaxed and creative environment.

### JO YOUNG Pottery Beginners

**P9** | £77.50/£72.00/£64.50 | **Thursday 5.30 – 7.30pm** | starts **25 April** | 5wks

This five week course is for complete beginners wanting to learn basic techniques. Each week you will learn several skills through a series of projects designed to use as many processes as possible. These include slab work, pinching, coiling, construction, decorative slip techniques and glazing.

### Pottery – Introduction to the Potter's Wheel

**P10** | £77.50/£72.00/£64.50 | **Thursday 5.30 – 7.30pm** | starts **6 June** | 5wks

A five week course that will teach you how to 'throw a pot' on the wheel. Plenty of time to learn the basics, practice and improve this ancient skill. We will also be glazing and slip decorating to add colour and shine. Limited spaces.

### Saturday – Pottery Taster: Throwing and Turning

**S11** | £44.50/£41.20/£38.00 | **11 May 10.00 – 4.00pm**

Have you always wanted to try using the potters wheel? This is a great chance to see how it is for you. A whole day learning techniques and skills of 'throwing on the wheel'. We will fire and glaze your pots ready for collection over the following weeks.

## BRISTOL FOLK HOUSE

# ROOM HIRE

**We are a popular venue in the heart of Bristol city centre. We provide versatile spaces that can accommodate a huge range of events including meetings, training, parties and weddings at a very competitive price.**

## WEDDINGS

The Bristol Folk House is a lovely and popular venue for weddings. If you would like to come and see the space or find out more information, please give us a call and book an appointment.

- We have 8 rooms for hire. Capacity ranges from 2 – 180. Seating is flexible and can be set up to accommodate your requirements.

- We charge an hourly rate and a day rate. Prices are competitive and our listed in full on our website. We offer a 10% discount for charities, not-for-profits and social enterprises.

- All our rooms have TV's and wifi/ethernet connection free of charge. We have digital projectors, flip charts, lighting, PA's for a small hire fee.

- All catering for events and meetings is booked through the Folk House Café, this is a separate business (The Cooking Company). The café does wonderful food at great prices and copies of their menus are available on their website: [folkhousecafe.co.uk](http://folkhousecafe.co.uk)

## ADDITIONAL INFO

Much as we would like to provide access for all, the Folk House has no wheelchair access or facilities.

To make a booking please call

**0117 926 2987** or email  
[claire@bristolfolkhouse.co.uk](mailto:claire@bristolfolkhouse.co.uk)

or fill out the website booking form  
[bristolfolkhouse.co.uk/room-hire](http://bristolfolkhouse.co.uk/room-hire)

## BRISTOL FOLK HOUSE

2019 BRINGS AN EXCITING LINE UP OF LIVE MUSIC, DANCES AND FESTIVALS AS WELL AS TALKS, FUNDRAISERS AND MORE.

# LIVE MUSIC

The Folk House has a long history for music in Bristol. Every weekend we bring a great programme of music featuring Folk, Acoustic, Roots, Americana and music of all flavours with local, national and international acts.

This Summer we have confirmed so far: **BLAIR DUNLOP, FRASER ANDERSON DAN WALSH TRIO, KETTLE OF FISH ROWAN RHEINGANS** and much more.

Find out more about **FOLK HOUSE MUSIC EVENTS** visit our website. [www.bristolfolkhouse.co.uk/live-music](http://www.bristolfolkhouse.co.uk/live-music).

Colston Hall is presenting shows in venues of all shapes and sizes across Bristol, whilst their hall is being refurbished. There will be a number of gigs held at the Bristol Folk House under the banner **COLSTON HALL PRESENTS**. See their website for full details: [www.colstonhall.org/whats-on/](http://www.colstonhall.org/whats-on/)

# DANCE

Our regular sell out **CEILIDH** and **SWING DANCE** events feature great live bands, our recently installed air-conditioning and lights sets the scene for a fantastic evening once a month.

For additional info about our regular ceilidhs and swing dances visit their facebook pages. [m.facebook.com/BristolCeilidh](https://m.facebook.com/BristolCeilidh) [m.facebook.com/folkhouseswing](https://m.facebook.com/folkhouseswing)

# FESTIVALS

The much anticipated **BRISTOL FOLK FESTIVAL** will be held at both the Folk House and at George's Hall with **CARA DILLON, KRIS DREVER, SAM KELLY AND THE LOST BOYS, LADY MAISERY** and **GRACE PETRIE** will be amongst the acts on the line-up, and plenty more to follow. **3 - 5 MAY**



CALL OR VISIT OUR WEBSITE FOR A MATERIALS LIST

## WRITING

### LIZ CASHDAN **Creative Writing for All**

**W1** | £115.00/£104.00/£89.00 | **Tuesday 10.30 - 12.30pm** | starts **23 April** | 10wks  
Whether you are new to writing creatively, or just fancy somewhere to kickstart new writing, this is the course for you. With fun exercises and supportive group endeavour we'll explore story and poetry, and you'll learn techniques for a writing practice. Be prepared to be surprised and to fire up your imagination.

#### Short Fiction

**W2** | £92.00/£83.20/£71.20 | **Monday 5.30 - 7.30pm** | starts **13 May** | 10wks  
This course is for those who have an interest in writing short stories. We will look at structure and narrative and, through writing exercises we will improve your work. Examine characterisation, setting, pace and dialogue while sharing and discussing your work in a supportive environment. Beginners welcome.

#### Saturday - Get Started in Creative Writing

**S46** | £28.75/£26.00/£22.25 | **8 June 10.00 - 4.00pm**  
A workshop full of ideas and prompts to get you started on the writing process or to move you past writing blocks. You will get plenty of ideas to take away to keep writing.

#### NEW Saturday - It Takes Two: Writing Dialogue

**S77** | £28.75/£26.00/£22.25 | **29 June 10.00 - 4.00pm**  
We will look at dialogue in prose stories, scripts, and in poetry. You choose the genre. This will give you a chance to work on your own or with other participants to create scenarios and characters and get your characters talking.

### JANE REECE **Memoir and Life Writing Weekly**

**W3** | | £57.50/£52.00/£44.50 | **Tuesday 2.00 - 4.00pm** | starts **23 April** | 5wks  
This course will inspire you to look at ways of writing autobiography, biography and memoir. We will use a variety of ideas to develop your experiences, memories or diaries into prose. We will look at structure, language and audience to produce engaging reading.

### GRACE PALMER **Introduction to Creative Writing**

**W4** | | £115.00/£104.00/£89.00 | **Thursday 5.30 - 7.30pm** | starts **25 April** | 10wks  
This course will inspire you to look at ways of writing autobiography, biography and memoir. We will use a variety of ideas to develop your experiences, memories or diaries into prose. We will look at structure, language and audience to produce engaging reading.

#### Short Stories and Flash Fiction

**W5** | | £115.00/£104.00/£89.00 | **Thursday 1.00 - 3.00pm** | starts **25 April** | 10wks  
Focusing on short stories and bite-sized flash fiction, explore techniques to make your writing sizzle. Develop your unique voice in a supportive group and release your stories into the world. Expect prompts, writing exercises, feedback and discussion.

#### Saturday - Flash Fiction Writing Workshop

**S66** | | £28.75/£26.00/£22.25 | **22 June 10.00 - 4.00pm**  
Explore writing flash fiction, the shortest of short story forms. We'll provide prompts, editing tips and ideas to improve your work in a supportive, fun session. We'll also discuss opportunities to perform and get your flash published.

FOR ALL 8 AND 10 WEEK COURSES, THERE WILL BE NO CLASSES DURING HALF TERM

## WRITING CONTINUED

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

### ROSEMARY DUN **Writing a Commercial Novel**

**W6** | £115.00/£104.00/£89.00 | **Wednesday 5.30 – 7.30pm** | starts **24 April** | 10wks  
Got a stalled novel? One under way? At the ideas stage? Come along & join this inclusive and supportive class. Using a combination of taught elements e.g. characterisation, plot, viewpoint, learning from film etc. plus class exercises and non-compulsory homework.

### **Saturday – Poetry From Nowhere: Writing Workshop**

**S42** | **M** | £28.75/£26.00/£22.25 | **1 June 10.00 – 4.00pm**  
Would you love to write poetry but don't know where to start? Where do ideas for poetry come from? Together we will have fun, learn some stuff, and write poetry.

### RACHEL CARTER **Saturday – Children's Book in a Day**

**S73** | **M** | £28.75/£26.00/£22.25 | **29 June 10.00 – 4.00pm**  
Do you have a picture book up your sleeve? Or a teen novel with an unforgettable story? Using fun and inspiring exercises, we will explore the tools needed to write your book such as character, setting and plot. We'll also look at the market for such work.

### MARK BRECKON **Scriptwriting**

**W7** | £115.00/£104.00/£89.00 | **Tuesday 7.00 – 9.00pm** | starts **23 April** | 10wks  
This accessible course will provide a hands on guide to writing drama whether you are interested in screenwriting, theatre or radio. With lots of practical exercises to motivate and inspire you, we will be covering dramatic structure, developing ideas, character and dialogue. Beginners welcome.

## MUSIC, DANCE & DRAMA

### BETH FOURACRE **Guitar Beginners**

**D1** | **M** | £57.50/£52.00/£44.50 | **Wednesday 5.30 – 6.30pm** | starts **24 April** | 10wks  
Introducing the basics of guitar in a method that is clear, simple and easy to understand. The course will start right at the beginning and we will learn chords, how to play melody and how to read guitar tablature.

### JOEL BOBRUCKI **Guitar Beginners Continued**

**D2** | **M** | £57.50/£52.00/£44.50 | **Thursday 6.45 – 7.45pm** | starts **25 April** | 10wks  
For those who have a basic understanding, the course carries on from the Beginners level. Different aspects of guitar playing will be looked at including an introduction to fingerpicking, how to play barre chords, strumming/rhythm and chord variations.

### **Guitar Improvers**

**D3** | **M** | £57.50/£52.00/£44.50 | **Thursday 5.30 – 6.30pm** | starts **25 April** | 12wks  
Ready to move on from Beginners Continued? Develop skills in fingerpicking, lead and rhythm guitar. To do this course you need a basic understanding of E-shaped barre chords (even if you can't play them well yet.) If you have already studied this level, returning students please note that the course content does repeat.

## MUSIC, DANCE & DRAMA CONTINUED

TIMETABLES  
FROM PAGE

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### STEVE HAYNES **Guitar Extended**

**& CHRIS BECKETT D4** | **M** | £57.50/£52.00/£44.50 | **Wednesday 2.30 – 4.30pm** | starts **24 April** | 5wks  
**D5** | **M** | £57.50/£52.00/£44.50 | **Wednesday 2.30 – 4.30pm** | starts **5 June** | 5wks  
For guitarists with more experience. Come and share your skills and learn from other guitarists. Each session will involve a taught element, a chance to play and share techniques in small groups, an open session and - for the brave - an opportunity to perform to the group. Bring along material to share and play with others.

### ESTHER ROSE **Finding your Voice**

**PARKES D6** | £46.00/£41.60/£35.60 | **Monday 6.00 – 7.00pm** | starts **13 May** | 8wks  
Ideal for those who feel new to singing. Strengthen the breath and work on getting the best out of your voice and develop your musical ear. Singing through a range of songs we will learn techniques for accurate pitching and blending with other singers.

### **Enhancing your Voice**

**D7** | £69.00/£62.40/£53.40 | **Monday 7.15 – 8.45pm** | starts **13 May** | 8wks  
A course for those with some experience of singing who are ready to go deeper and hone their voice skills. Working with a variety of songs from across the globe, we will focus on using the breath and the body to enhance and strengthen our voices.

### NONNY TABBUSH **Folk House Community Choir**

**Tuesday 7.00 – 9.00pm** | See [www.bristolfolkhouse.co.uk/choir](http://www.bristolfolkhouse.co.uk/choir) for details.  
A friendly choir based in the heart of Bristol. We learn songs by ear, so there's no need to read music. No auditions, just come along and give it a try. £8 per session.

### BEN SEARLE **Ukulele for Beginners**

**D8** | **M** | £28.75/£26.00/£22.25 | **Thursday 2.00 – 3.00pm** | starts **25 April** | 5wks  
**D9** | **M** | £28.75/£26.00/£22.25 | **Thursday 2.00 – 3.00pm** | starts **6 June** | 5wks  
For beginners and those new to the 'uke. A friendly and welcoming class, aim's to encourage confidence, skill and fun with this wonderful instrument. Bring a ukulele.

### **Ukulele for Improvers**

**D10** | **M** | £28.75/£26.00/£22.25 | **Thursday 3.30 – 4.30pm** | starts **25 April** | 5wks  
**D11** | **M** | £28.75/£26.00/£22.25 | **Thursday 3.30 – 4.30pm** | starts **6 June** | 5wks  
This course is ideal for anyone who has been on a beginners course or has learnt a few chords and wants to learn more. Our six week course aims to make you more confident with your ukulele. We look at chords, strumming, timing, and aim to learn some new songs as a group for a strum-a-long.

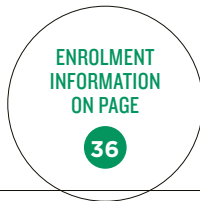
### **Saturday – Ukulele for Improvers - Plus**

**S62** | **M** | £17.25/£15.60/£13.35 | **15 June 1.00 – 4.00pm**  
Ideal for everyone who has attended the 'Ukulele for Improvers' course, as well as anyone who has played for a while and wants to learn even more about playing this cheery little instrument. New chords, new strums, picking patterns and riffs. Learn more about playing the ukulele in this supportive class.

### **Saturday – Ukulele at the Musicals**

**S80** | **M** | £17.25/£15.60/£13.35 | **29 June 1.00 – 4.00pm**  
Come along and learn all kinds of songs from the magical world of Musicals. You will learn tunes from The Greatest Showman to Mary Poppins. This workshop is for anyone who has tried ukulele before including beginners with a little experience.

## MUSIC, DANCE & DRAMA CONTINUED



### AIDAN SHEEHAN **Saturday – Improvers Harmonica Workshop**

**S19** | **M** | £28.75/£26.00/£22.25 | **18 May** 10.00 – 4.00pm

Take harmonica playing a step further. Try a selection of Country, Blues, Folk and Pop tunes on the diatonic harmonica (bring along your own instrument, key of C, ten-holes). Learn useful performance techniques, boost your confidence, hone your playing skills.

### **Saturday – Blues Harmonica Improvers**

**S37** | **M** | £28.75/£26.00/£22.25 | **1 June** 10.00 – 4.00pm

This blues harmonica improvers will develop your harmonica playing. Try a selection of great Blues (Slim Harpo, Little Walter etc), bring along your own instrument, key of C, ten-holes and lets enjoy.

### CLAIRE PHIPPS **Saturday – 20's Charleston for Beginners Workshop**

**S6** | **M** | £12.50/£11.40/£9.90 | **27 April** 2.00 – 4.00pm

Take a trip back to the roaring 1920's as you learn the vintage dance moves that were once danced by the flappers and swingers. No previous dance experience required. Everyone is welcome.

### **NEW** **Saturday – The Greatest Showman Dance Workshop**

**S14** | **M** | £12.50/£11.40/£9.90 | **11 May** 10.30 – 12.30pm

Roll Up Roll Up! A fun workshop learning choreography inspired by The Greatest Showman. A blend of musical theatre, jazz, contemporary and hip hop styles, this one off class promises to be a lot of fun. No previous dance experience required. Everyone is welcome.

### **NEW** **Saturday – Strictly Come Dancing (Unpartnered) Workshop**

**S51** | **M** | £12.50/£11.40/£9.90 | **8 June** 10.30 – 12.30pm

Learn some of the popular dances as featured on Strictly – No Partner Needed. Suitable for beginners - no previous experience required, just energy and a smile.

### AANCHAL GUPTA **Bollywood Dance**

**D12** | **M** | £46.00/£41.60/£35.60 | **Monday** 6.00 – 7.00pm | starts **13 May** | 8wks

Discover the beautiful and colourful world of Bollywood. Bringing to you popular dance form from India filled with elegant expressions and dynamic movements. In this course learn a whole routine. No previous experience necessary.

### **Saturday – Salsa Dance Workshop**

**S52** | **M** | £11.50/£10.40/£8.90 | **8 June** 1.00 – 3.00pm

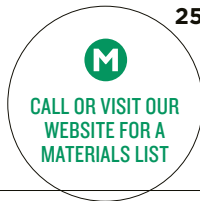
Learn to dance salsa, meet new people, keep fit and have fun. Beginners Salsa workshop with basic footwork, turn patterns and partner work so you never hesitate from dance floor again.

### **Saturday – Bollywood Dance Workshop**

**S61** | **M** | £11.50/£10.40/£8.90 | **15 June** 10.30 – 12.30pm

Discover the beautiful and colourful world of Bollywood. This popular dance form from India is filled with elegant expressions and dynamic movements. In this workshop you will learn a whole beginners routine. No previous experience necessary.

## MUSIC, DANCE & DRAMA CONTINUED



### CHRISTINE POWER **Circle Dancing**

**D13** | £69.00/£62.40/£53.40 | **Monday** 1.30 – 3.00pm | starts **13 May** | 8wks

In this class we will learn a range of traditional circle dances from across the world. In this friendly group we will dance to Greek, Balkan, Jewish and Irish rhythms by holding hands together. All welcome.

### **Line Dancing Beginners**

**D14** | £28.75/£26.00/£22.25 | **Monday** 4.00 – 5.00pm | starts **3 June** | 5wks

Thought to originate in the US, Line Dancing has become a global phenomenon with new dances constantly being created. With set sequences to remember, Line Dancing is exercise for the mind as well as the body. A class for complete beginners or those who would like to revise. Suitable for all ages and fitness levels.

### **Line Dancing Improvers**

**D15** | £46.00/£41.60/£35.60 | **Monday** 10.30 – 11.30am | starts **13 May** | 8wks

**D16** | £28.75/£26.00/£22.25 | **Wednesday** 7.00 – 8.00pm | starts **5 June** | 5wks

This course is a bridge between the beginners and intermediate classes. It is ideal for those who have mastered the basics either here or elsewhere, and who wish to progress but are not yet ready for the intermediates.

### **Line Dancing Intermediate**

**D17** | £43.15/£39.00/£33.40 | **Thursday** 10.30 – 12.00pm | starts **25 April** | 5wks

**D18** | £43.15/£39.00/£33.40 | **Thursday** 10.30 – 12.00pm | starts **6 June** | 5wks

For those who have attended a dance class of any style for more than two years. With a break for a drink and a chat. Two five week courses.

### **Line Dancing Advanced**

**D19** | £43.15/£39.00/£33.40 | **Wednesday** 10.30 – 12.00pm | starts **24 April** | 5wks

**D20** | £43.15/£39.00/£33.40 | **Wednesday** 10.30 – 12.00pm | starts **5 June** | 5wks

For experienced dancers, to diverse rhythms, with some fast and complicated steps. With a break for a drink and a chat. Two five week courses.

### **Line Dancing Advanced Plus**

**D21** | £57.50/£52.00/£44.50 | **Thursday** 12.30 – 1.30pm | starts **25 April** | 10wks

For enthusiastic dancers who have ideally attended the Advanced Line Dance Class. Learn long dances with fast steps, quick turns or irregular rhythms. Contact the tutor if you have not previously attended the advanced class.

### **Saturday – Gentle Circle Dance**

**S24** | **M** | £11.50/£10.40/£8.90 | **18 May** 10.30 – 12.30pm

Using music and dances with a diversity of religious roots, celebrate the coming of the summer sun with an afternoon of gentle and meditative circle dancing. By holding hands in a circle we enjoy dancing together.

### **Saturday – Line Dancing Beginners Workshop**

**S26** | **M** | £11.50/£10.40/£8.90 | **18 May** 2.00 – 4.00pm

Come and have a go at line dancing! An enjoyable, fun workshop suitable for complete beginners. Line Dancing is exercise for the mind as well as the body, and this class is open to all ages and fitness levels.

## MUSIC, DANCE & DRAMA CONTINUED

### MARK BRECKON **Drama and Improvisation Part 1**

**D22** | £57.50/£52.00/£44.50 | **Wednesday 7.00 – 9.00pm** | starts **24 April** | 5wks  
With a playful approach we will develop your creative confidence and spontaneity. We will play theatre games and explore improvisation techniques to release the imagination. A supportive environment.

### **Drama and Improvisation Part 2**

**D23** | £57.50/£52.00/£44.50 | **Wednesday 7.00 – 9.00pm** | starts **5 June** | 5wks  
This is a chance to build on your existing drama skills and explore acting and improvisation exercises. We look in depth at how to create imaginative scenes. A follow on from Part 1 or for those with some prior drama experience.

### AMY DRAPER **Saturday – Discovering Shakespeare**

**NEW S50** | **M** | £28.75/£26.00/£22.25 | **8 June 10.00 – 4.00pm**  
An informal workshop designed to demystify Shakespeare. Enjoy a bit of theatre theory and engage with the wonderful work of the Bard, with opportunities to read out loud or perform or just listen and learn more about this great writer.

## FITNESS & EXERCISE

### LUCY EYRE **Gentle Pilates**

**F1** | **M** | £46.00/£41.60/£35.60 | **Monday 12.00 – 1.00pm** | starts **13 May** | 8wks  
This is a mat based class so the ability to get up and down from standing to seated and lying positions unaided is essential. Suitable for the over 60's or those that prefer a slower paced gentler exercise class. Unsuitable for Pre and post natal women.

### **Pilates – Seated Exercise**

**F2** | **M** | £59.50/£54.00/£46.50 | **Tuesday 11.00 – 12.00pm** | starts **23 April** | 10wks  
Each class covers Flexibility, Aerobic, Balance and Strength providing the four vital components of fitness for older adults. This class uses exercises that are safe, enjoyable, effective and accessible to everyone whatever their ability, and can be done seated or standing. Unsuitable for pre and post natal women.

### **Lunchtime Pilates - Mixed Ability**

**F3** | **M** | £57.50/£52.00/£44.50 | **Wednesday 12.30 – 1.30pm** | starts **24 April** | 10wks  
Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

### DEBORAH NEWTH **Pilates - Mixed Ability**

**F4** | **M** | £59.50/£54.00/£46.50 | **Tuesday 5.45 – 6.45pm** | starts **23 April** | 10wks  
Pilates builds strength from the inside out by targeting deep postural muscles to improve muscle tone and give you great posture. Exercises are non impact and performed in standing, seated and lying positions with the focus on body alignment and core stability. Unsuitable for Pre and post natal women.

## FITNESS & EXERCISE CONTINUED

### ZOE PITHER **Hatha Yoga**

**F5** | **M** | £57.50/£52.00/£44.50 | **Wednesday 5.30 – 6.30pm** | starts **24 April** | 10wks  
Hatha yoga combines flowing movement with the practice of holding poses for a longer time. Each class will combine gentle postures, working with the breath, and mindfulness to encourage release and relaxation in the mind and body. This class is suitable for beginners as well as those with some prior experience of yoga.

### YOGA TUTOR **Lunchtime Yoga**

**F6** | **M** | £57.50/£52.00/£44.50 | **Tuesday 1.00 – 2.00pm** | starts **23 April** | 10wks  
Enjoy a lunchtime yoga session. Experience how the practice of simple Yoga postures and breathing techniques can be refreshing. All levels welcome.

### ANN SHELDON **Qi Gong**

**F7** | £57.50/£52.00/£44.50 | **Thursday 6.15 – 7.15pm** | starts **25 April** | 10wks  
A gentle, safe, effective Chinese exercise system to lift the spirits and develop energy for self-healing. Taijiwuxigong exercises are linked to Tai Chi. Tensions are released and balance improved. Activating the flow of Qi refreshes our vital energy.

### JEANIE BRICE **Keep Fit in Retirement**

**F8** | £28.75/£26.00/£22.25 | **Friday 11.00 – 12.00pm** | starts **26 April** | 5wks  
**F9** | £28.75/£26.00/£22.25 | **Friday 11.00 – 12.00pm** | starts **7 June** | 5wks  
For ladies of retirement age and over, this course offers gentle exercise to music, to stretch and relax both body and mind. A friendly class and an experienced tutor. Two five week courses.

## LANGUAGES

*If you have a question regarding which level is suitable for you, please email: [folkhousetlanguages@gmail.com](mailto:folkhousetlanguages@gmail.com) In the subject line of email write the name of the language you are interested in. In the email describe what previous study and/or experience you have with that language. If you don't have a reply within 4 days, please call the office on 0117 926 2987.*

## ITALIAN

### DENISE VARGIU **Italian Beginners Entry Level**

**L1** | £86.30/£78.00/£66.80 | **Wednesday 8.15 – 9.45pm** | starts **24 April** | 10wks

### **Italian Beginners Plus**

**L2** | £57.50/£52.00/£44.48 | **Monday 8.30 – 9.45pm** | starts **13 May** | 8wks

### **Italian Level 1**

**L3** | £57.50/£52.00/£44.48 | **Monday 7.00 – 8.15pm** | starts **13 May** | 8wks

## ITALIAN CONTINUED

- DAVIDE ARIASSO Italian Level 2**  
**L4** | £86.30/£78.00/£66.80 | **Wednesday 5.00 – 6.30pm** | starts **24 April** | 10wks
- Italian Level 3**  
**L5** | £71.90/£65.00/£55.60 | **Wednesday 6.45 – 8.00pm** | starts **24 April** | 10wks

## SPANISH

- GORKA DIAZ Spanish Beginners Entry Level**  
**L6** | £69.00/£62.40/£53.40 | **Monday 6.00 – 7.30 pm** | starts **13 May** | 8wks  
**L7** | £86.30/£78.00/£66.80 | **Thursday 7.45 – 9.15pm** | starts **25 April** | 10wks
- Spanish Beginners Plus 1**  
**L8** | £86.30/£78.00/£66.80 | **Wednesday 7.45 – 9.15pm** | starts **24 April** | 10wks
- Spanish Beginners Plus 2**  
**L9** | £69.00/£62.40/£53.40 | **Monday 7.45 – 9.15pm** | starts **13 May** | 8wks
- Spanish Level 1**  
**L10** | £86.30/£78.00/£66.80 | **Tuesday 7.45 – 9.15pm** | starts **23 April** | 10wks
- Spanish Level 2**  
**L11** | £86.30/£78.00/£66.80 | **Wednesday 6.00 – 7.30pm** | starts **24 April** | 10wks
- Spanish Level 3**  
**L12** | £86.30/£78.00/£66.80 | **Tuesday 6.00 – 7.30pm** | starts **23 April** | 10wks

## GERMAN

- RITA HANKS German Beginners Entry Level**  
**L13** | £86.30/£78.00/£66.80 | **Wednesday 7.45 – 9.15pm** | starts **24 April** | 10wks
- German Beginners Plus Level**  
**L14** | £69.00/£62.40/£53.40 | **Monday 7.45 – 9.15pm** | starts **3 June** | 5wks
- MARTINA MACKINTOSH German Level 1**  
**L15** | £86.30/£78.00/£66.80 | **Thursday 7.45 – 9.15pm** | starts **25 April** | 10wks
- German Level 2**  
**L16** | £86.30/£78.00/£66.80 | **Thursday 6.00 – 7.30pm** | starts **25 April** | 10wks

## FRENCH

- CATHERINE SFORZA French Beginners Entry**  
**L17** | £71.90/£65.00/£55.60 | **Tuesday 5.45 – 7.00pm** | starts **23 April** | 10wks
- French Beginners Plus**  
**L18** | £46.00/£41.60/£35.60 | **Monday 5.45 – 6.45pm** | starts **13 May** | 8wks
- ARLETTE HODGKIN French Level 1**  
**L19** | £86.30/£78.00/£66.80 | **Thursday 5.30 – 7.00pm** | starts **25 April** | 10wks

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## FRENCH CONTINUED

- ARLETTE HODGKIN French Level 2**  
CONTINUED **L20** | £115.00/£104.00/£89.00 | **Tuesday 10.30 – 12.30pm** | starts **23 April** | 10wks
- French Level 3**  
**L21** | £115.00/£104.00/£89.00 | **Wednesday 10.30 – 12.30pm** | starts **24 April** | 10wks
- French Level 4**  
**L22** | £115.00/£104.00/£89.00 | **Thursday 10.30 – 12.30pm** | starts **25 April** | 10wks
- French Conversation**  
**L23** | £57.50/£52.00/£44.50 | **Wednesday 1.30 – 2.30pm** | starts **24 April** | 10wks

## WELLBEING

- BEN GRASSBY NLP - Foundation Course (Neuro Linguistic Programming)**  
**G1** | £59.50/£54.00/£46.50 | **Tuesday 5.30 – 7.30pm** | starts **4 June** | 5wks  
 Each week we will introduce and experience a new technique from the field of neuro linguistic programming. Learn how to communicate better, free yourself from fears, increase your confidence, change problem behaviours, feel happier, build better relationships and make better decisions. An exceptional opportunity to experience this powerful personal change technology. A five week course.
- Saturday – NLP - A Day of Discovery**  
**S4** | £30.75/£28.00/£24.25 | **27 April 10.00 – 4.00pm**  
 This exciting workshop will introduce you to NLP and show you the transformation it can make on your life, health, relationships, dreams and work. Learn how to apply simple, powerful and fun techniques to achieve what you want in life and remove old fears. No prior knowledge required.

- JENNIFER MACKERRAS Introduction to Alexander Technique**  
**G2** | £43.15/£39.00/£33.40 | **Tuesday 7.15 – 8.45pm** | starts **4 June** | 5wks  
 Are you hemmed in by habit or plagued by aches and pains? In this five week course you will learn how to apply the ideas and principles of the Alexander Technique to improve your freedom and flexibility in everything you do.

- Saturday – Alexander Technique Workshop**  
**S65** | £28.75/£26.00/£22.25 | **22 June 10.00 – 4.00pm**  
 The Alexander Technique is a popular method for tackling self-development and change. We'll explore some of the basic ideas of the Technique in a fun, practical and interactive way. Come and see if changing the way you think can improve the way you move.

- MEL SKINNER Saturday – Develop a Yoga Practice at Home**  
**S63** | £17.25/£15.60/£13.35 | **15 June 1.30 – 4.30pm**  
 Discover the joys of a regular yoga practice by learning simple sequences you can practice at home. Create your own sequence of postures to increase flexibility, reduce stress, and feel more at ease.



## WELLBEING CONTINUED

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

**MEL SKINNER** **Saturday – Yoga for Healthy Backs**  
**CONTINUED S81** | £11.50/£10.40/£8.90 | **6 July 10.00 – 12.00pm**

During this workshop we will work to release the back with forward bends and twists, support the lower back by strengthening core muscles and free up chest and shoulders with gentle back bends. Yoga postures for all, beginners welcome, although if you are suffering from a serious back problem and find it difficult to lie or sit on the floor, please contact us first.

**Saturday – Yoga Nidra**  
**S90** | £17.25/£15.60/£13.35 | **6 July 1.00 – 4.00pm**

Discover the practice of yoga nidra, a guided meditation practice. Combining yoga nidra with breathing techniques to help you discover a sense of true letting go, resulting in a sense of deep peace and ease.

**MORVEN** **Saturday – Yoga for Healthy Sleep**  
**HAMILTON S15** | **M** | £17.25/£15.60/£13.35 | **11 May 1.00 – 4.00pm**

Whether you suffer from insomnia or a restless sleeping pattern, you will benefit from this simple, effective practice. Explore yogic techniques for relaxation to support your nervous system and focus your mind.

**Saturday – Meditation for Home Practice**  
**S35** | **M** | £17.25/£15.60/£13.35 | **25 May 1.00 – 4.00pm**

If you are curious about meditation, or if you have tried and need further guidance, this workshop will help you to overcome some of the initial difficulties. We will learn how to incorporate meditation peacefully into your daily routine.

**JACKIE HAWKEN** **Saturday – Mindfulness Compassion Insight and Wisdom**  
**S86** | £28.75/£26.00/£22.25 | **6 July 10.00 – 4.00pm**

Mindfulness helps the mind to be aware of the present in a non-judgmental way. It can assist us to take care of ourselves and access inner resources to cope with stress and difficulty. Learn practical exercises to help develop this innate ability.

**CELIA BEESON** **Meditation Course**  
**NEW G3** | £43.15/£39.00/£33.40 | **Tuesday 12.00 – 1.30pm** | starts **23 April** | 5wks

Suitable for beginners and those with some previous experience, this course will cover some simple and accessible techniques for integrating meditation into your daily life. Sessions will include guided meditations, discussions and suggestions for meditation practice at home.

## LIFE AND LEISURE

**DEM JARDEL** **Saturday – Cryptic Crosswords: How to Solve Them**  
**S53** | £17.25/£15.60/£13.35 | **15 June 10.00 – 1.00pm**

This fun workshop will teach you how to solve cryptic crosswords and explain why they're so good for your vocabulary and memory. Bring the cryptic crossword from your favourite newspaper and soon you'll be solving it yourself!

**LISA MALYON** **Saturday – An Introduction to Social Media for Business**  
**S72** | **M** | £28.75/£26.00/£22.25 | **29 June 10.00 – 4.00pm**

Terrified by tweets? Hesitant to use a hashtag? Learn how social media can be an enjoyable way to interact and a useful tool to help promote your business or hobby for free. Please bring a laptop or tablet and a good knowledge of the internet in order to get the most out of this workshop. You will all be tweeting by the end of the workshop.

**ALISON WILDING** **Saturday – How to Buy and Sell on eBay**  
**S13** | **M** | £33.60/£30.60/£26.50 | **11 May 10.00 – 4.30pm**

Learn the tips of the eBay trade in this fun, practical workshop. The course is designed for people wanting to learn about eBay for personal use and you will need to bring a laptop or tablet with you.



**Summer is near and at the Bristol Folk House we have a very special week of workshops between Saturday July 27th to Sunday August the 4th.**

Many of our favourite workshops will be running during the Summer School and also some brand new and experimental workshops to enjoy.

**We will be announcing the full line up in mid-May 2019.**



COURSES STARTING  
AFTER HALF TERM

## WEEKDAY TIMETABLES

Please note: Monday courses starting before half term are 8 weeks long, due to bank holidays.

### MONDAY

	TIME	PAGE
<b>A17</b> Learn to Draw	10.00 - 12.30	5
<b>P1</b> Pottery Day Studio (Monday)	10.00 - 4.15	17
<b>D15</b> Line Dancing Improvers	10.30 - 11.30	25
<b>A12</b> Acrylic Painting	10.30 - 12.30	4
<b>F1</b> Gentle Pilates	12.00 - 1.00	26
<b>D13</b> Circle Dancing	1.30 - 3.00	25
<b>A18</b> Painting in Watercolour	1.30 - 4.30	5
<b>A7</b> Portraiture	2.00 - 4.30	3
<b>D14</b> Line Dancing Beginner	4.00 - 5.00	25
<b>C18</b> Dressmaking	5.30 - 7.30	14
<b>C8</b> Silversmithing Techniques	5.30 - 7.30	13
<b>A3</b> Life Drawing: Basic Skills	5.30 - 7.30	3
<b>W2</b> Short Fiction	5.30 - 7.30	21
<b>L18</b> French Beginners Plus	5.45 - 6.45	28
<b>D12</b> Bollywood Dance	6.00 - 7.00	24
<b>D6</b> Finding your Voice	6.00 - 7.00	23
<b>L6</b> Spanish Beginners Entry	6.00 - 7.30	28
<b>P4</b> Pottery Improvers	6.00 - 9.00	17
<b>L3</b> Italian Level 1	7.00 - 8.15	27
<b>D7</b> Enhancing your Voice	7.15 - 8.45	23
<b>L14</b> German Beginners Plus Level	7.45 - 9.15	28
<b>L9</b> Spanish Beginners Plus 2	7.45 - 9.15	28
<b>C19</b> Dressmaking	7.45 - 9.45	14
<b>C9</b> Silversmithing Techniques	7.45 - 9.45	13
<b>A11</b> Watercolours: Colour & Texture	8.00 - 10.00	4
<b>L2</b> Italian Beginners Plus	8.30 - 9.45	27

### TUESDAY

	TIME	PAGE
<b>C12</b> Sewing for Beginners	10.00 - 1.00	13
<b>C13</b> Sewing for Beginners	10.00 - 1.00	13
<b>P6</b> Pottery Day Studio Tuesday	10.00 - 4.00	18
<b>P7</b> Pottery Day Studio Tuesday	10.00 - 4.00	18
<b>W1</b> Creative Writing for All	10.30 - 12.30	21
<b>L20</b> French Level 2	10.30 - 12.30	29
<b>F2</b> Pilates - Seated Exercise	11.00 - 12.00	27
<b>G3</b> Meditation Course	12.00 - 1.30	30
<b>F6</b> Lunchtime Yoga	1.00 - 2.00	27

### TUESDAY

	CONTINUED	TIME	PAGE
<b>A4</b> Drawing and Painting from Life		1.00 - 3.30	3
<b>A13</b> Exploring Drawing		1.30 - 3.30	4
<b>C20</b> Dressmaking		2.00 - 4.00	14
<b>A31</b> Lino Printing		2.00 - 4.00	7
<b>W3</b> Memoir and Life Writing Weekly		2.00 - 4.00	21
<b>A5</b> Painting in Oils and Acrylics		4.00 - 6.00	3
<b>C21</b> Dressmaking		5.30 - 7.30	14
<b>A30</b> Etching and Drypoint		5.30 - 7.30	7
<b>G1</b> NLP - Foundation Course		5.30 - 7.30	29
<b>F4</b> Pilates Mixed Ability		5.45 - 6.45	26
<b>L17</b> French Beginners Entry		5.45 - 7.00	28
<b>L12</b> Spanish Level 3		6.00 - 7.30	28
<b>A42</b> Chemigram Photography		6.00 - 8.30	11
<b>P11</b> Pottery Multi-level		6.30 - 9.30	18
<b>A10</b> Oil Painting for Improvers		6.45 - 8.45	4
<b>W7</b> Scriptwriting		7.00 - 9.00	22
<b>G2</b> Intro to Alexander Technique		7.15 - 8.45	29
<b>C23</b> Knitting and Crochet		7.15 - 9.15	15
<b>L10</b> Spanish Level 1		7.45 - 9.15	28
<b>C22</b> Dressmaking		7.45 - 9.45	14
<b>C10</b> Silversmithing Techniques		7.45 - 9.45	13

### WEDNESDAY

	TIME	PAGE
<b>P2</b> Pottery - Beginners	10.00 - 12.30	17
<b>A19</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>A20</b> Landscapes in Watercolour	10.00 - 1.00	5
<b>D19</b> Line Dancing Advanced	10.30 - 12.00	25
<b>D20</b> Line Dancing Advanced	10.30 - 12.00	25
<b>L21</b> French Level 3	10.30 - 12.30	29
<b>A14</b> Mixed Media, Experimental Art	10.30 - 12.45	5
<b>F3</b> Lunchtime Pilates	12.30 - 1.30	26
<b>L23</b> French Conversation	1.30 - 2.30	29
<b>A33</b> Lino Printing	2.00 - 4.00	7
<b>D4</b> Guitar Extended	2.30 - 4.30	23
<b>D5</b> Guitar Extended	2.30 - 4.30	23
<b>A1</b> I Wish I Could Paint	2.45 - 4.45	3
<b>A2</b> I Wish I Could Paint	2.45 - 4.45	3



TERM DATES  
23 APRIL - 8 JULY  
—  
HALF TERM  
27 - 31 MAY

## WEEKDAY TIMETABLES

### WEDNESDAY

	CONTINUED	TIME	PAGE
<b>L4</b> Italian Level 2		5.00 - 6.30	28
<b>A6</b> Painting in Oils and Acrylics		5.15 - 7.15	3
<b>D1</b> Guitar Beginners		5.30 - 6.30	22
<b>F5</b> Hatha Yoga		5.30 - 6.30	27
<b>C14</b> Dressmaking		5.30 - 7.30	14
<b>A32</b> Lino Printing		5.30 - 7.30	7
<b>P5</b> Pottery Improvers		5.30 - 7.30	17
<b>W6</b> Writing a Commercial Novel		5.30 - 7.30	22
<b>L11</b> Spanish Level 2		6.00 - 7.30	28
<b>A40</b> B&W Film Photography		6.30 - 9.00	9
<b>L5</b> Italian Level 3		6.45 - 8.00	28
<b>D16</b> Line Dancing Improvers		7.00 - 8.00	25
<b>D22</b> Drama and Improvisation Pt 1		7.00 - 9.00	26
<b>D23</b> Drama and Improvisation Pt 2		7.00 - 9.00	26
<b>L13</b> German Beginners Entry Level		7.45 - 9.15	28
<b>L8</b> Spanish Beginners Plus 1		7.45 - 9.15	28
<b>C15</b> Dressmaking		7.45 - 9.45	14
<b>C11</b> Silversmithing Techniques		7.45 - 9.45	13
<b>A9</b> Oil Painting for Beginners		7.45 - 9.45	4
<b>P3</b> Pottery Beginners		7.45 - 9.45	17
<b>A8</b> Watercolour for Beginners		7.45 - 9.45	4
<b>L1</b> Italian Beginners Entry Level		8.15 - 9.45	27

### THURSDAY

	TIME	PAGE
<b>A21</b> Sketching in Watercolour	10.00 - 1.00	5
<b>A22</b> Sketching in Watercolour	10.00 - 1.00	5
<b>D17</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>D18</b> Line Dancing Intermediate	10.30 - 12.00	25
<b>L22</b> French Level 4	10.30 - 12.30	29
<b>C4</b> Woodcarving Course	10.30 - 12.30	12
<b>C5</b> Woodcarving Course	10.30 - 12.30	12
<b>A25</b> The Versatility of Watercolour	10.30 - 12.45	6
<b>D21</b> Line Dancing Advanced Plus	12.30 - 1.30	25
<b>W5</b> Short Stories and Flash Fiction	1.00 - 3.00	21
<b>A37</b> Digital Camera: Beginners	1.00 - 4.00	8
<b>A38</b> Digital Camera: Beginners	1.00 - 4.00	8
<b>D8</b> Ukulele for Beginners	2.00 - 3.00	23
<b>D9</b> Ukulele for Beginners	2.00 - 3.00	23

### THURSDAY

	CONTINUED	TIME	PAGE
<b>A26</b> Painting Projects: Multi-level		2.00 - 4.15	6
<b>A23</b> Botanical Drawing & Painting		2.00 - 5.00	5
<b>A24</b> Botanical Drawing & Painting		2.00 - 5.00	5
<b>D10</b> Ukulele for Improvers		3.30 - 4.30	23
<b>D11</b> Ukulele for Improvers		3.30 - 4.30	23
<b>D3</b> Guitar Improvers		5.30 - 6.30	22
<b>L19</b> French Level 1		5.30 - 7.00	28
<b>A35</b> Botanical Patterns		5.30 - 7.30	7
<b>A36</b> Creative Printmaking		5.30 - 7.30	8
<b>W4</b> Introduction to Creative Writing		5.30 - 7.30	21
<b>A15</b> Mixed Media, Experimental Art		5.30 - 7.30	5
<b>A16</b> Mixed Media, Experimental Art		5.30 - 7.30	5
<b>P9</b> Pottery - Beginners		5.30 - 7.30	18
<b>P10</b> Intro to the Potter's Wheel		5.30 - 7.30	18
<b>C16</b> Sewing for Beginners		5.30 - 7.30	14
<b>L16</b> German Level 2		6.00 - 7.30	28
<b>A41</b> Photography: Cyanotypes		6.00 - 9.00	9
<b>F7</b> Qi Gong		6.15 - 7.15	27
<b>D2</b> Guitar Beginners Continued		6.45 - 7.45	22
<b>C6</b> Basket Weaving Course		7.30 - 9.30	13
<b>A28</b> Figure Drawing and Anatomy		7.30 - 9.30	6
<b>C7</b> Basket Weaving Continued		7.30 - 9.30	13
<b>L15</b> German Level 1		7.45 - 9.15	28
<b>L7</b> Spanish Beginners Entry		7.45 - 9.15	28
<b>A29</b> Cartoons and Comics		7.45 - 9.45	6
<b>A27</b> Exploring Illustration		7.45 - 9.45	6
<b>P8</b> Pottery Improvers		7.45 - 9.45	18
<b>C17</b> Sewing for Beginners		7.45 - 9.45	14

### FRIDAY

	TIME	PAGE
<b>C2</b> Stained Glass	10.00 - 12.30	12
<b>C3</b> Stained Glass	10.00 - 12.30	12
<b>A39</b> Digital Camera: Improvers	10.00 - 1.00	8
<b>F8</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>F9</b> Keep Fit in Retirement	11.00 - 12.00	27
<b>C1</b> Printing on Textiles	1.00 - 3.00	11
<b>A34</b> Printmaking for Beginners	1.00 - 3.00	7

TERM DATES  
23 APRIL – 8 JULY  
—  
HALF TERM  
27 – 31 MAY

## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 27 APRIL

PAGE

<b>S1</b>	Knitting and Crochet Workshop	10.00 - 4.00	<b>15</b>
<b>S2</b>	Natural DIY Spa Day	10.00 - 4.00	<b>11</b>
<b>S3</b>	Pottery - Low Relief Sculpture	10.00 - 4.00	<b>17</b>
<b>S4</b>	NLP - A Day of Discovery	10.00 - 4.00	<b>29</b>
<b>S5</b>	Silver Ring in a Day	10.00 - 4.00	<b>13</b>
<b>S6</b>	20s Charleston for Beginners	2.00 - 4.00	<b>24</b>

### SATURDAY 11 MAY

PAGE

<b>S7</b>	Handmade Lingerie Workshop	10.00 - 4.00	<b>14</b>
<b>S8</b>	Introduction to Lino Printing	10.00 - 4.00	<b>7</b>
<b>S9</b>	Embroidery Summer Fruits	10.00 - 4.00	<b>16</b>
<b>S10</b>	Oil Painting Workshop	10.00 - 4.00	<b>4</b>
<b>S11</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S12</b>	Surrealist Photography	10.00 - 4.00	<b>9</b>
<b>S13</b>	How to Buy and Sell on eBay	10.00 - 4.30	<b>31</b>
<b>S14</b>	The Greatest Showman Dance	10.30 - 12.30	<b>24</b>
<b>S15</b>	Yoga for Healthy Sleep	1.00 - 4.00	<b>30</b>

### SATURDAY 18 MAY

PAGE

<b>S16</b>	Macrame Plant Hanger	10.00 - 12.30	<b>12</b>
<b>S17</b>	Charcoal & Pastels Workshop	10.00 - 4.00	<b>5</b>
<b>S18</b>	Have a go Darkroom Taster	10.00 - 4.00	<b>9</b>
<b>S19</b>	Improvers Harmonica Workshop	10.00 - 4.00	<b>24</b>
<b>S20</b>	Interior Design Workshop	10.00 - 4.00	<b>11</b>
<b>S21</b>	Natural Dye Workshop	10.00 - 4.00	<b>15</b>
<b>S22</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>18</b>
<b>S23</b>	Sewing for Beginners Workshop	10.00 - 4.00	<b>14</b>
<b>S24</b>	Gentle Circle Dance Workshop	10.30 - 12.30	<b>25</b>
<b>S25</b>	Macrame Wall Hanger	1.30 - 4.00	<b>12</b>
<b>S26</b>	Line Dancing Beginner	2.00 - 4.00	<b>25</b>

### SATURDAY 25 MAY

PAGE

<b>S27</b>	B&W Film Developing	10.00 - 4.00	<b>9</b>
<b>S28</b>	Celtic Art: Introducing Knotwork	10.00 - 4.00	<b>8</b>
<b>S29</b>	Crochet Squares and Blankets	10.00 - 4.00	<b>16</b>
<b>S30</b>	Moon Gazing Hare Willow	10.00 - 4.00	<b>13</b>
<b>S31</b>	Pottery - Sprigged Jugs & Vases	10.00 - 4.00	<b>17</b>
<b>S32</b>	Shibori Workshop	10.00 - 4.00	<b>15</b>
<b>S33</b>	Stained Glass Taster Day	10.00 - 4.00	<b>12</b>
<b>S34</b>	Using Your Digital Camera	10.00 - 4.00	<b>8</b>
<b>S35</b>	Meditation for Home Practice	1.00 - 4.00	<b>30</b>

### SATURDAY 1 JUNE

PAGE

<b>S36</b>	Beautiful Paper Cutting	10.00 - 4.00	<b>16</b>
<b>S37</b>	Blues Harmonica Improvers	10.00 - 4.00	<b>24</b>
<b>S38</b>	Painting with Chemistry	10.00 - 4.00	<b>11</b>
<b>S39</b>	Make a Bag in a Day	10.00 - 4.00	<b>15</b>
<b>S40</b>	Life Drawing Day	10.00 - 4.00	<b>3</b>
<b>S41</b>	Lino Printing onto Fabric	10.00 - 4.00	<b>7</b>
<b>S42</b>	Poetry From Nowhere	10.00 - 4.00	<b>22</b>
<b>S43</b>	Pottery: Throwing and Turning	10.00 - 4.00	<b>17</b>

### SATURDAY 8 JUNE

PAGE

<b>S44</b>	Beginners Pattern Reading	10.00 - 4.00	<b>14</b>
<b>S45</b>	Drawing Complete Beginners	10.00 - 4.00	<b>7</b>
<b>S46</b>	Get Started in Creative Writing	10.00 - 4.00	<b>21</b>
<b>S47</b>	Landscapes in W' colour	10.00 - 4.00	<b>6</b>
<b>S48</b>	Morocco Raffia Weaving	10.00 - 4.00	<b>13</b>
<b>S49</b>	Mosaic Workshop	10.00 - 4.00	<b>12</b>
<b>S50</b>	Discovering Shakespeare	10.00 - 4.00	<b>26</b>
<b>S51</b>	Strictly Come Dancing	10.30 - 12.30	<b>24</b>
<b>S52</b>	Salsa Dance Workshop	1.00 - 3.00	<b>24</b>

ENROLMENT  
INFORMATION  
ON PAGE

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## SATURDAY SCHOOLS TIMETABLES

### SATURDAY 15 JUNE

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<b>S53</b>	Cryptic Crosswords	10.00 - 1.00	<b>31</b>
<b>S54</b>	Black-and-White Film Printing	10.00 - 4.00	<b>9</b>
<b>S55</b>	Modern Calligraphy	10.00 - 4.00	<b>16</b>
<b>S56</b>	Upcycle Your Wardrobe	10.00 - 4.00	<b>15</b>
<b>S57</b>	Pottery Catch Up Day	10.00 - 4.00	<b>17</b>
<b>S58</b>	Printing with Stencils	10.00 - 4.00	<b>8</b>
<b>S59</b>	Silver Ring in a Day	10.00 - 4.00	<b>13</b>
<b>S60</b>	Tactile Photography	10.00 - 4.00	<b>9</b>
<b>S61</b>	Bollywood Dance Workshop	10.30 - 12.30	<b>24</b>
<b>S62</b>	Ukulele for Improvers - Plus	1.00 - 4.00	<b>23</b>
<b>S63</b>	Yoga Practice at Home	1.30 - 4.30	<b>29</b>

### SATURDAY 22 JUNE

PAGE

<b>S64</b>	Acrylic Painting	10.00 - 4.00	<b>5</b>
<b>S65</b>	Alexander Technique	10.00 - 4.00	<b>29</b>
<b>S66</b>	Flash Fiction Writing	10.00 - 4.00	<b>21</b>
<b>S67</b>	Letter Cutting Wood	10.00 - 4.00	<b>12</b>
<b>S68</b>	Crochet Hedgehog	10.00 - 4.00	<b>16</b>
<b>S69</b>	Sewing Surgery	10.00 - 4.00	<b>15</b>
<b>S70</b>	Skies and Seascapes in W'colour	10.00 - 4.00	<b>6</b>
<b>S71</b>	Willow Owl Sculpture Workshop	10.00 - 4.00	<b>13</b>

### SATURDAY 29 JUNE

PAGE

<b>S72</b>	Social Media for Business	10.00 - 4.00	<b>31</b>
<b>S73</b>	Childrens Book in a Day	10.00 - 4.00	<b>22</b>
<b>S74</b>	Drawing and Painting from Life	10.00 - 4.00	<b>3</b>
<b>S75</b>	Introduction to Cartooning	10.00 - 4.00	<b>6</b>
<b>S76</b>	Make a Lampshade in Day	10.00 - 4.00	<b>11</b>
<b>S77</b>	It Takes Two: Writing Dialogue	10.00 - 4.00	<b>21</b>
<b>S78</b>	Stained Glass Mirror Taster Day	10.00 - 4.00	<b>12</b>
<b>S79</b>	Cyanotype Printing	10.00 - 4.00	<b>11</b>
<b>S80</b>	'Musicals' on the Ukulele	1.00 - 4.00	<b>23</b>

### SATURDAY 6 JULY

PAGE

<b>S81</b>	Yoga for Healthy Backs	10.00 - 12.00	<b>30</b>
<b>S82</b>	Indigo Dye Workshop	10.00 - 1.00	<b>15</b>
<b>S83</b>	Botanical Painting Workshop	10.00 - 4.00	<b>6</b>
<b>S84</b>	Calligraphy- Roundhand	10.00 - 4.00	<b>16</b>
<b>S85</b>	Make Reversible Wrap Skirt	10.00 - 4.00	<b>14</b>
<b>S86</b>	Mindfulness Compassion...	10.00 - 4.00	<b>30</b>
<b>S87</b>	Celtic Art: Introducing Spirals	10.00 - 4.00	<b>8</b>
<b>S88</b>	Wet Plate Collodion	10.00 - 4.00	<b>9</b>
<b>S89</b>	Exploring Colour and Oils	10.00 - 4.30	<b>4</b>
<b>S90</b>	Yoga Nidra	1.00 - 4.00	<b>30</b>
<b>S91</b>	DIY Spa Afternoon	2.00 - 4.30	<b>11</b>

## ENROLMENT INFORMATION

**We look forward to you visiting the Bristol Folk House. To ensure you are fully prepared and make the most of your time with us, please read our terms and conditions thoroughly.**

For full Terms and Conditions and our Privacy Policy, please visit our website at [www.bristolfolkhouse.co.uk/how-to-enrol](http://www.bristolfolkhouse.co.uk/how-to-enrol) or speak to a member of staff.

### HOW TO ENROL

To book a course or workshop call us on:

# 0117 926 2987

You can enrol:



**In person**



**By phone**



**By post**

Office opening hours (during term time):

**Monday – Thursday 9am – 9pm**

**Friday – Saturday 9am – 5pm**

At peak times we are very busy, we will deal with your enrolments as quickly as we can and we really appreciate your patience. If you cannot get through on the phone, please leave us a message and we will get back to you as soon as possible.

On busy enrollment weeks, there may be a delay receiving your confirmation email. We thank you for your patience.

- We accept cash; card payments and cheques (please do not send cash or credit card details in the post or via email).
- If you would like to pay by cheque, please contact the office in advance to check the availability on your chosen course. Please complete the enrolment form and cheque and post them to 40a Park Street, Bristol BS1 5JG. Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.
- Places are booked on a first-come-first-served basis upon receipt of full payment.
- You must be over 18 years old to attend a course or workshop at the Bristol Folk House.
- Some courses are very popular and book up quickly. To be notified of enrolment dates, please sign up to the mailing list on our website or become a Friend of the Folk House and have a programme delivered to your door. For more details see page 38.

**Please note:** If you have a disability, learning difficulty or mental health issue which may affect your participation in your chosen course please contact the office prior to enrolling. If you need to bring a Carer or Support Worker with you to the class, please inform the office when enrolling so we can make arrangements. Unfortunately, we have no wheelchair access or facilities.

### FEES

We are committed to keeping our course prices low. We do offer concession rates for anyone over 65 or claiming the benefits listed below. As we are a self-funded organisation we receive no financial support in order to offer these rates.

The concessionary rate is for those whose sole source of income is from a state benefit. We accept Universal Credit, which includes Income Support, Job Seeker's Allowance and Employment and Support Allowance. Please show a recent letter or statement stating your benefit when enrolling.

### REFUNDS

In the event that we have to cancel a course, we aim to inform you 2 days before the start date, or at least 24 hours before a day workshop. If we have to cancel a course, then you will receive a full refund.

If your refund request does not fall within the areas listed below, it is possible that you are not eligible for a refund.

- If you wish to cancel your place you must inform us at least 7 days before the start date of your course or workshop. In this case you will receive a refund minus a 10% admin fee. (10% of the course fees or £5, whichever is greater).
- If you give us less than 7 days' notice, or your course or workshop has already started a refund will be not given.
- If you are requesting a refund due to an illness, medical condition, disability or injury that will prevent you from participating in the course, we will consider a pro-rata refund for the sessions you have not attended or transfer you to a more suitable course. We consider all requests on an individual basis and are at the discretion of the General Manager. We may ask to see a medical note.

### MATERIALS LIST

Some courses may involve additional costs for materials. Some costs will be included in the course fee; others will be outlined on the website under the materials list section. Please check the materials list before attending.

### GIFT VOUCHERS

Gift Vouchers can be purchased from the Bristol Folk House reception or by calling 0117 926 2987. Gift vouchers are valid for one year from date of purchase. They can only be used on courses and workshops and cannot be redeemed in the cafe. Please allow 5 working days for delivery.

### CHANGES TO THE PROGRAMME

The Folk House reserves the right to change tutors, courses and times after the publication of the programme. We are unable to grant a refund on the grounds of a change of tutor. Tutors may have different teaching styles, however, we guarantee a consistency in the quality of the teaching. Make-up classes will be arranged if a tutor has to miss a class.

### TERM DATES

Term dates: 23 April – 8 July 2019  
Half term: 27 – 31 May 2019

There are no classes during half term and all 8 and 10 week courses have a break during this period.



Like the look of the Folk House prospectus? In need of something similar?

ANNA CLEARY · GRAPHIC DESIGN | email: [studio@annacleary.co.uk](mailto:studio@annacleary.co.uk)

# BRISTOL FOLK HOUSE MEMBERS

IF YOU'D LIKE TO JOIN YOU CAN EITHER FILL IN THE ENROLMENT FORM ON THE BACK PAGE OR CALL US ON 0117 926 2987

*The Bristol Folk House is a self-funded not-for-profit organisation. We rely heavily on the support from our friends. With your support we can continue to provide the community with a huge range of affordable courses and workshops, live music and events.*

Becoming a Member is a great way of securing the future of the Folk House and allows you to enjoy all the benefits, some of which are listed below:



Printed/Digital Programme delivered to you 4 times a year before the general public



Newsletters with updates, events and offers



Early and quick enrolment a day before everyone else



Discount in local shops

Please visit the website for more information [www.bristolfolkhouse.co.uk](http://www.bristolfolkhouse.co.uk)

**20% OFF**

excluding existing offers

BRISTOL FINE ART

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[www.bristolfineart.co.uk](http://www.bristolfineart.co.uk)

**Stationery WORLD**

**20% off** (excluding existing offers)

63 PARK STREET · BRISTOL · BS1 5NU  
[www.stationeryworldonline.co.uk](http://www.stationeryworldonline.co.uk)

# ENROLMENT FORM

## SUMMER TERM 2019

Please complete in BLOCK CAPITALS

If you would like to give a voluntary £1 contribution towards the up-keep of the Bristol Folk House with your enrolment, please tick the box below and include payment with your course fee. **Thank you.**

FIRST NAME ..... SURNAME .....

ADDRESS (Members only) .....

..... POSTCODE .....

DAYTIME TELEPHONE .....

E-MAIL .....

We do not share your details with any 3rd parties. We or the tutor will only contact you about the course or workshop you are enrolled on. If you would like to hear about future courses, please visit our website and join our mailing list.

**Please tick the concessionary rate which applies to you:**

65+ years     Benefit rate

If you claim benefits, please contact the office before enrolling. You will be asked to provide current dated proof.

**Before enrolling by post please contact us by phone to ensure there is space on your chosen course.**

CODE	COURSE NAME	DAY	TIME	FEE
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....
.....	.....	.....	.....	.....

DATE PAID ..... TOTAL .....

Card     Cash     Cheque     Gift Voucher

Voluntary donation

**Please make cheques payable to BRISTOL FOLK HOUSE CO-OP LTD.**

## BECOME A MEMBER OF THE FOLK HOUSE

If you would like to become a Member of the Folk House please complete this section. See page 38 for more details. Membership is £12.00 a year.

**To join please complete this section of the form.**

DATE PAID .....    Cash     Cheque     Card



# GET IN TOUCH



0117 926 2987



admin@bristolfolkhouse.co.uk  
www.bristolfolkhouse.co.uk



BRISTOL FOLK HOUSE  
CO-OPERATIVE LTD.

40A Park Street,  
Bristol BS1 5JG

## HOW TO BOOK

Please visit our website for full listings.  
Enrolment information is listed on page 36.

## HOW TO FIND US

Hidden behind the shops of Park Street.  
The entrance is situated up the alleyway  
next to Nomad Travel Shop. The rear  
entrance is in Culver Street.

## PLEASE NOTE

We do not have any parking facilities.  
We encourage you to arrive by bike,  
bus or on foot. Unfortunately we have  
no wheelchair access or facilities.



*Folk House  
Café & Bar*

**LOCAL, ORGANIC, SUSTAINABLE,  
ETHICAL, DELICIOUS**

**Breakfast, lunch and light suppers – we believe in helping to create a more sustainable and wholesome world, one bowl of soup at a time.**

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